



San Francisco Recovery Summit

Working Group

Presentation & Recommendations

10/22/2020

***Those who were once the problem have
become the solution....***

The Gravity of SF's Drug Problem

- ✓ 11/2014 – 10/2017: SF County Jail
 - ▣ 84.5% of 49,096 booking events were for individuals with a history of substance use or with a combined history of substance use and SMI
- ✓ 24,500 IV Drug Users in San Francisco
- ✓ Distribute 4.5 million Syringes Annually
- ✓ 2018 Total Overdose Deaths: 259
- ✓ 2019 Total Overdose Reversals: 2,610
- ✓ 2019 Total Overdose Deaths: 441
- ✓ 2020 Overdose Deaths in 8 months : 470
- ✓ Avg. # DPH open treatment beds per day: 44.85
- ✓ People Use and Sell Drugs Openly



CELEBRATE RECOVERY 2018!

RECOVERY SUMMIT



Change is Possible

Keynote Speaker: Dr. Teri Delane Ph.D

MAY 23, 2018

9am-1pm

KORET AUDITORIUM
SF PUBLIC LIBRARY
100 Larkin Street

A panel of experts will debate the impacts of
Harm Reduction vs Abstinence Based Treatment



Cedric Akbar

2018 Shirley Lamar Award

SAN FRANCISCO
RECOVERY
SUMMIT
2018

May 23, 2018 9am-1pm



Cregg Johnson

2019 Shirley Lamar Award



HEALING

THROUGH FORGIVENESS

2019 RECOVERY SUMMIT

This event will explore the resiliency of loved ones impacted by addiction, and celebrate successes of individuals in recovery. As a community, let's *Inspire Change!*



Featuring keynote speaker,

MATT BERKEY

Author of "Forgiving the
Forgotten: Memories of an Addict"

Panel Discussion, Awards, & More!

**WEDNESDAY
JUNE 26**

9am-1pm

KORET AUDITORIUM
SF PUBLIC LIBRARY
100 Larkin Street

Recovery Summit Working Group

Elizabeth F. Ceyante P. Lisa W. Erik D. Allen H.
Philip J. Alexandria K. Mike H. Richard B. Jabari J.
Sheenia B. Adrian M. Cregg J. Cedric A. Patrick O. Mike H.
UCSF/Citywide Senior Ex-Offender Program
Jeris W. APD Reentry Division Tom W. Britt R.
Alisea C. Lauren B. Deborah T. Traci W. Daniel E. Alex W.
Maggie R.
Rico H. Victoria W. Geoffrea M. Arturo C. Da'Vonna S.
Johnny R. Kimberly T. Kimberly C. Destiny P. Paul I.
Andres S. Rexanne B. Aaron B. Ernest K.

- ✓ **Began meeting in June 2018**
- ✓ **Created a platform to improve recovery efforts in SF**
 - ❑ Expand Treatment Options
 - ❑ Extend Treatment Stays
 - ❑ Create Specialized Treatment Programs for TAYA
 - ❑ Expand Paid Peer Specialist Opportunities for People Exiting Treatment
 - ❑ Increase Awareness About Available Drug Treatment Services
- ✓ **Launched a survey on August 27, 2019**



Survey: Recovery/Addiction

✓ Launched Two Surveys on August 27, 2019

- ❑ 1. Current or Former Drug Users
- ❑ 2. Family Member/Loved Ones Impacted by Drug Use

✓ Administered on Two Mediums

- ❑ On Line Survey (Survey Monkey)
- ❑ Paper-Based Survey
 - English, Spanish, and Cantonese

✓ Survey for Current or Former Drug Users

- ❑ N=422
 - Survey Monkey = 144
 - Paper-Based = 278
 - Community, In custody, Residential Treatment

Survey: Demographics

✓ Age:

- 18-24: 7%
- 25-34: 23%
- 35-44: 26%
- 45-54: 23%
- 55+: 21%

✓ Race:

- White: 30%
- African American: 29%
- Latino: 19%
- Asian: 5%
- American Indian/Alaskan Native: 5%
- Multi-Racial: 4%
- Pacific Islander: 3%
- Other: 3%
- Decline to Answer: 2%

✓ Gender:

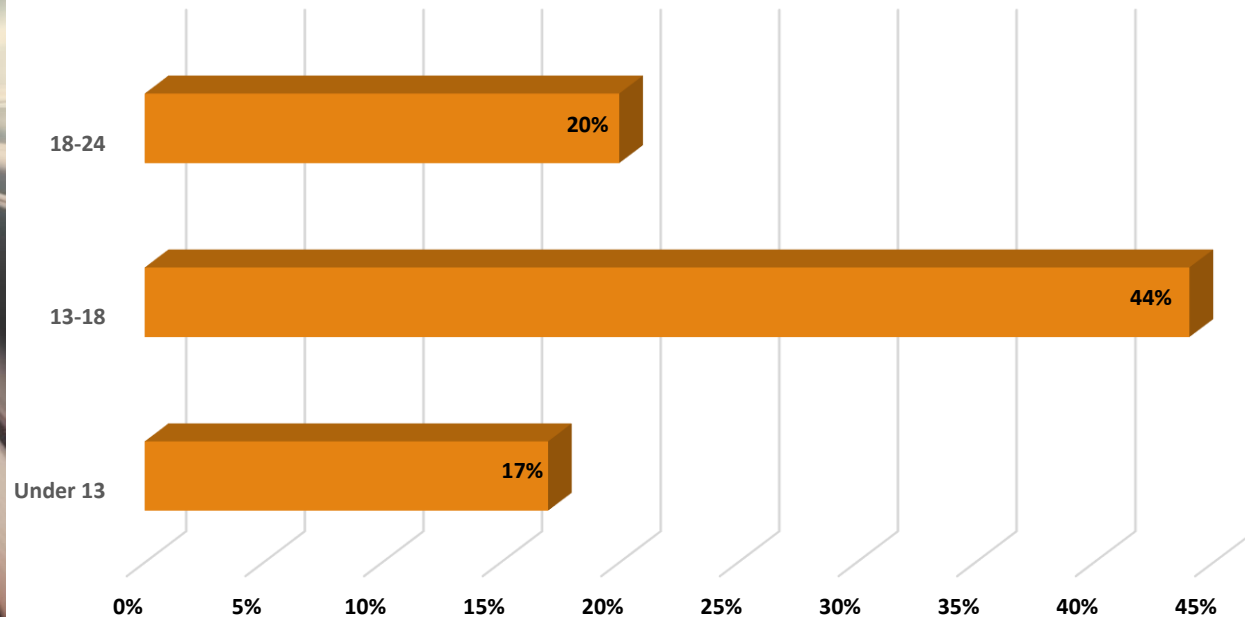
- 76% Male
- 21% Female
- 2% Trans
- 1% Gender Nonconforming

Survey: Summary Data

Respondents' Drug of Choice

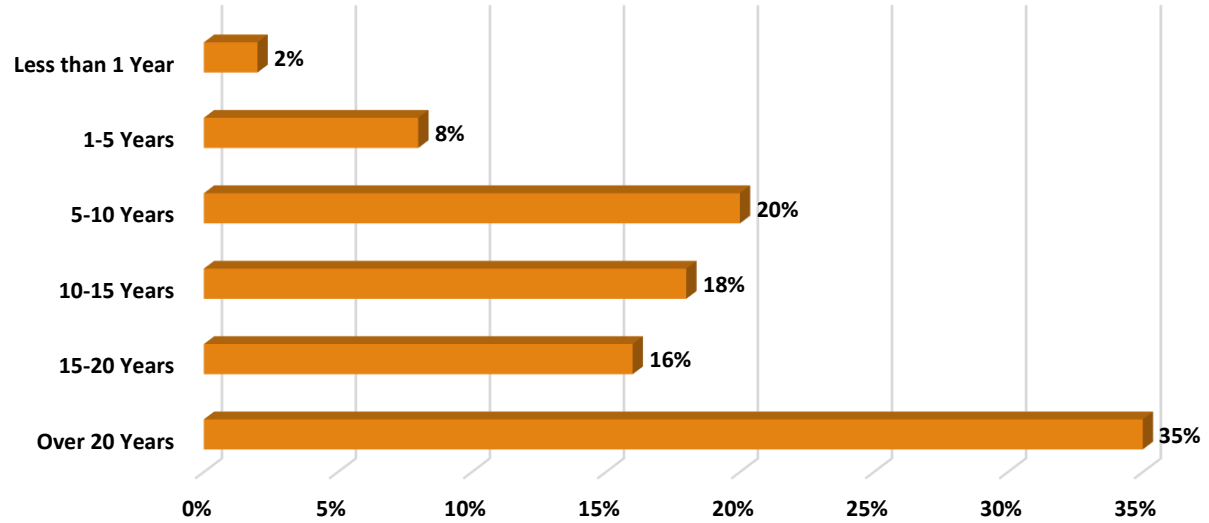
Marijuana Fentanyl Alcohol
Cocaine Methamphetamine Heroin
Prescription Pain Meds

Age Respondents Began Struggling with Drugs and Alcohol

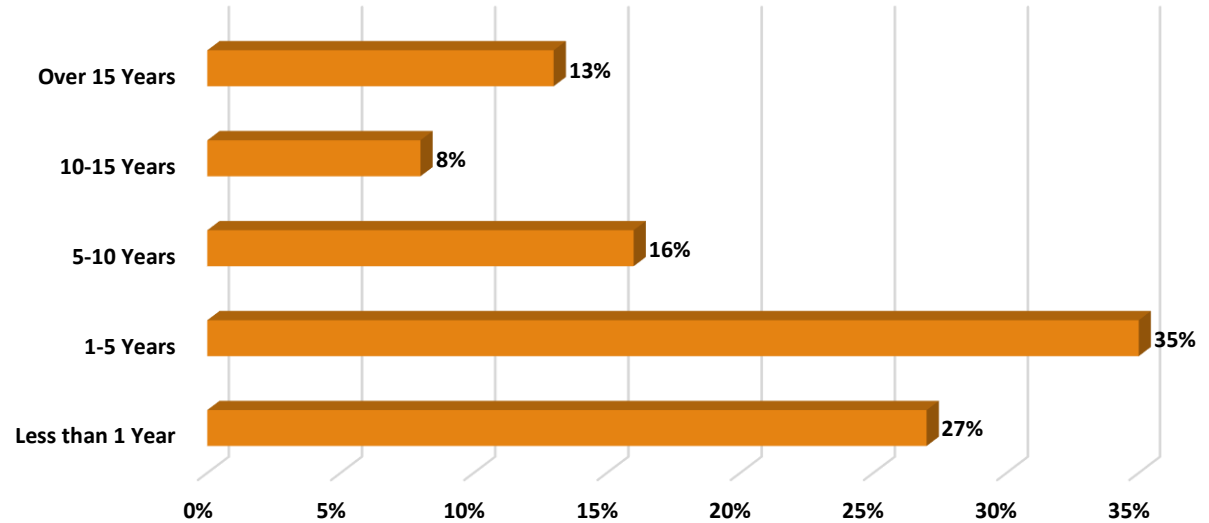


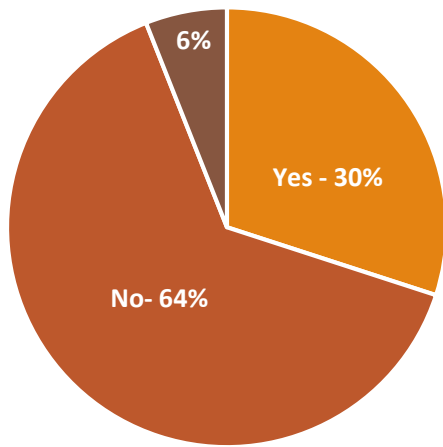


Total Years Respondents Struggled With Addiction

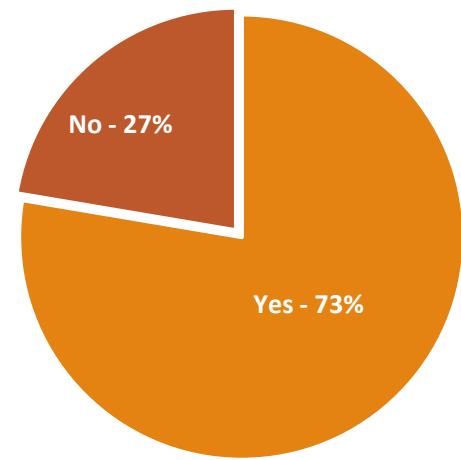


Respondents' Longest Period Clean/Sober

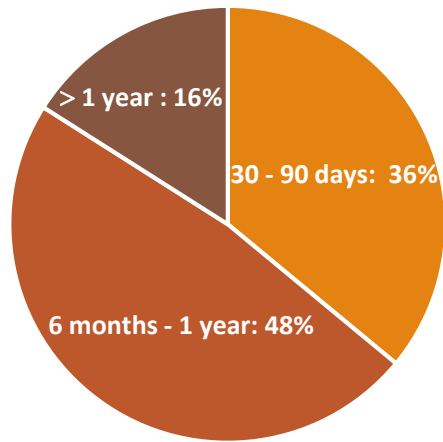




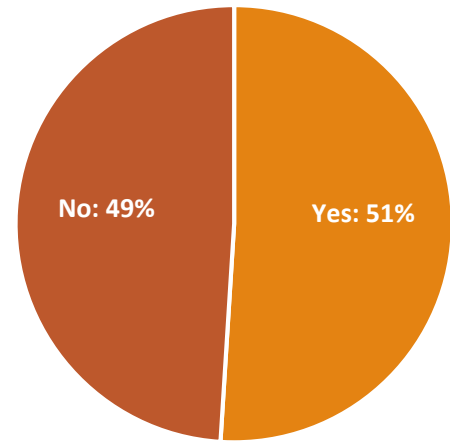
% of Respondents Who Used Harm Reduction Strategies



% of Respondents Who Attended Residential Treatment



Length of Residential Treatment Stay



% of Respondents Who Attended Outpatient Treatment

Types of Residential Treatment Programs Attended

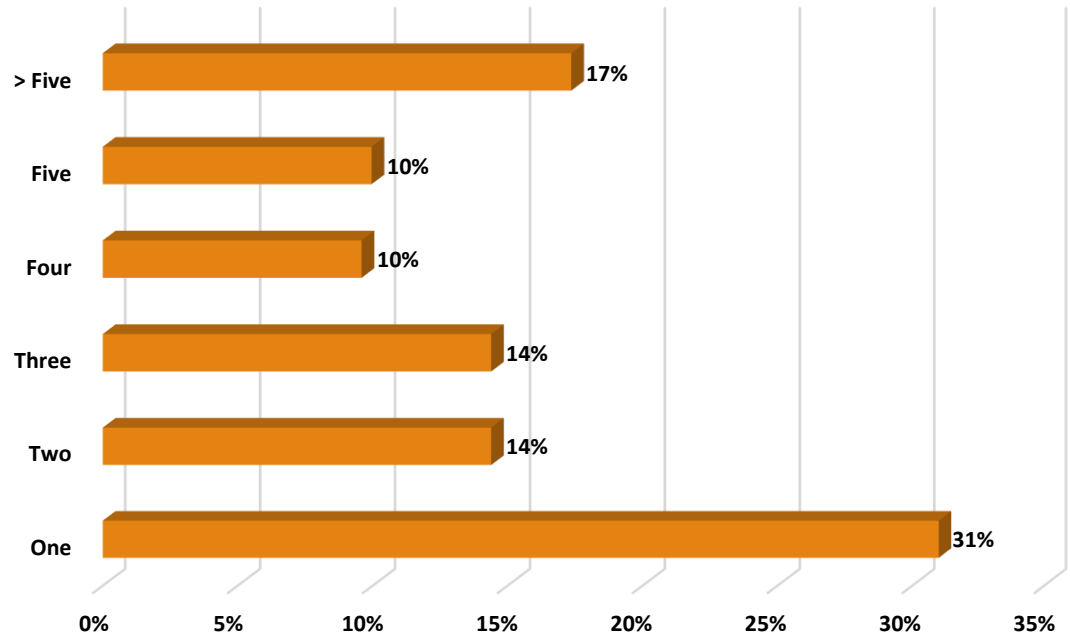
12-Step Program

Behavioral Modification Social Model/TC

In-Custody

Faith-Based

Respondents' Residential Treatment Stays



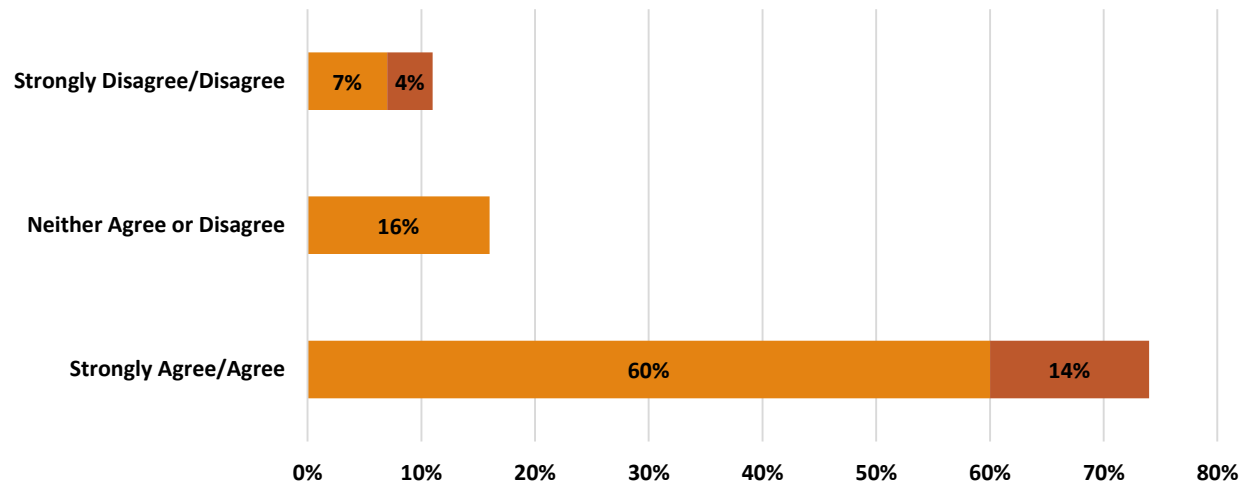
Treatment Service Most Helpful To Respondents

Residential Treatment

12-Step Meetings Criminal Justice System

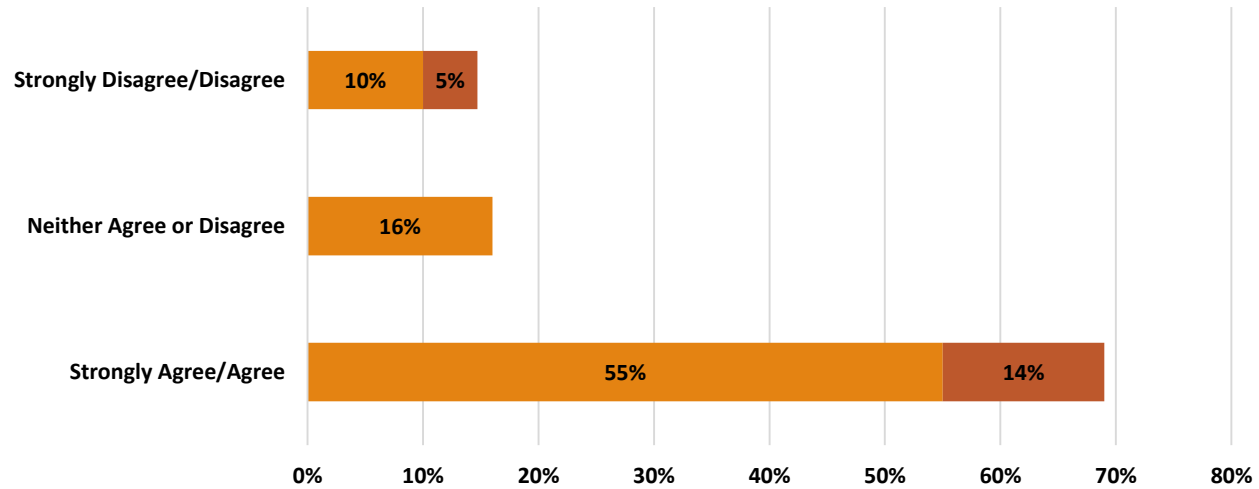
Support Groups Therapy

There is a need for more drug and alcohol treatment options in SF (Abstinence Based, Social Model, Faith Based treatment Programs; Harm Reduction Programs, Safe Injection Sites; Mental Health Programs).

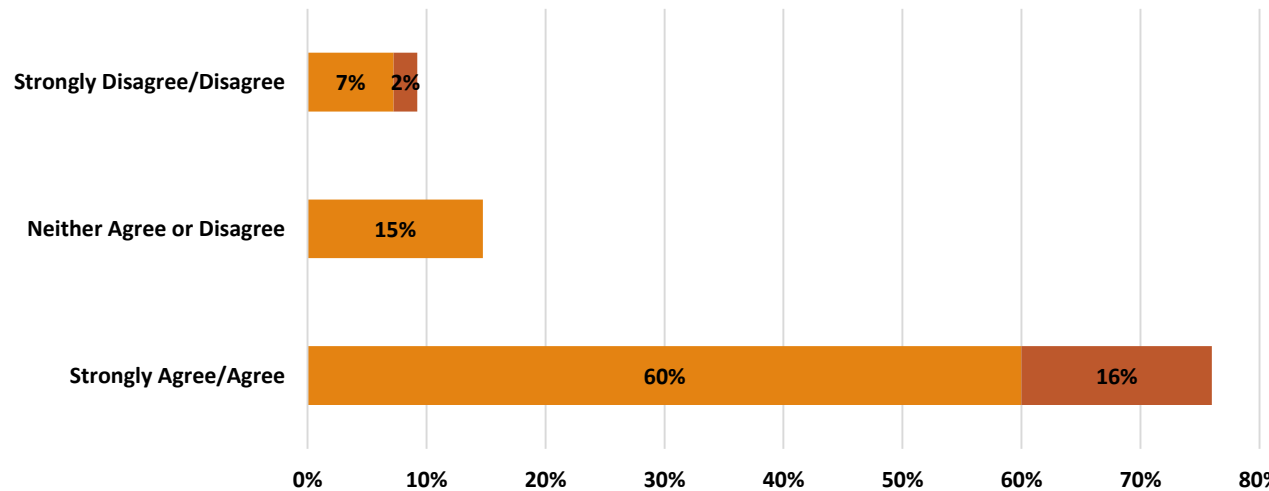




There is a need for longer residential treatment programs ranging from 90 days to 1 year and longer based on individual treatment needs.

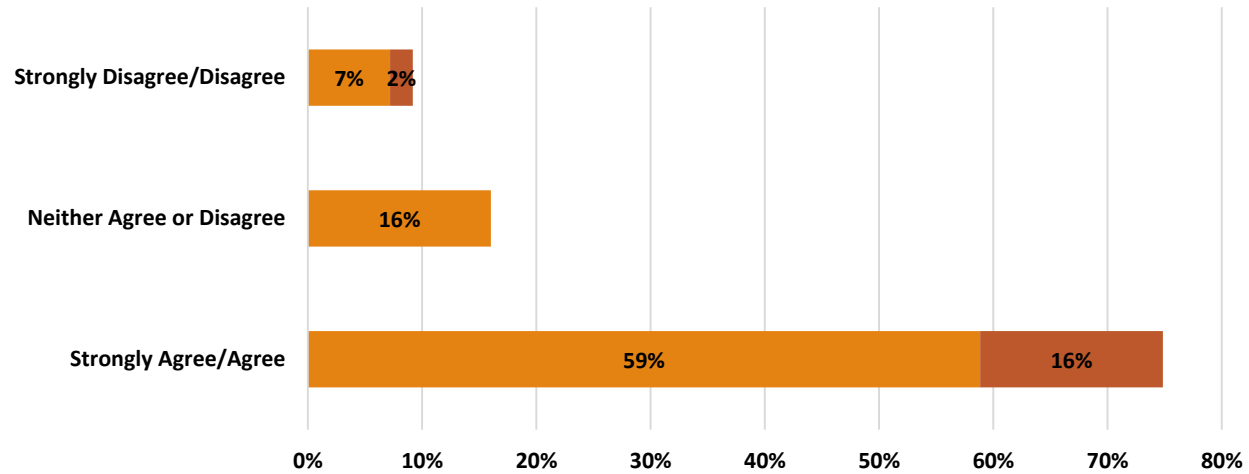


There is a need for specialized residential and outpatient treatment programs for youth and young people ages 16-25.

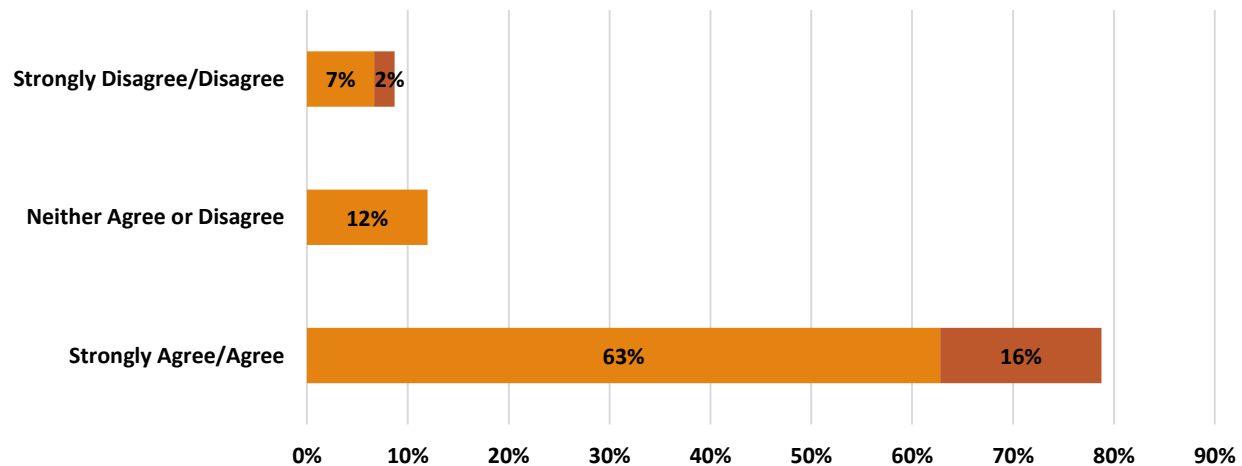




There is a need to expand paid peer specialist opportunities to train and connect people in recovery with those working toward recovery.



There is a need to increase education and information about available drug treatment services in San Francisco.



APD's Recovery Pathways Initiative

WE BELIEVE IN YOU



"I spent many years running from my problems and staying in my addiction. I finally decided to make a change. Life changes are hard, but now I'm living in my purpose. When I go to sleep, I'm at peace. You know how good that feels?"

- Craig

TALK ABOUT IT

You have agency in your life.
Ask questions.
Learn about your options.

For more information, contact your
Deputy Probation Officer (DPO):

HOJ: 415-553-1706
CASC: 415-241-4260

For general information regarding
SFAPD supported treatment and
transitional housing services,
please contact:

Victoria Westbrook
SFAPD/Reentry Division
victoria.westbrook@sfgov.org
415-489-7301



RECOVERY PATHWAYS



A QUICK GUIDE TO TREATMENT AND
TRANSITIONAL HOUSING SERVICES
OFFERED BY
SAN FRANCISCO ADULT PROBATION

Recommendations:



Expand Drug and Alcohol Treatment Options:

Include Residential Abstinence Based Treatment Programs, Social Model/TC Treatment Programs, Faith Based and 12 Step Treatment Programs, Harm Reduction Strategies, Safe Consumption Sites.



Extend Drug and Alcohol Treatment Stays:

Treatment should not be bound by Drug Medi-Cal. San Franciscans should have access to drug and alcohol treatment programs ranging from 90 days to 1 year or more, based on the needs of the individual.



Fund a Black led Abstinence Based Treatment Program in the Bayview:

To meet the culturally sensitive treatment needs of black people and people of color who live in the Bayview - provide treatment which is abstinence based in its approach to working with addicted and justice populations in SF.



Specialized Residential Drug Treatment Programs for TAYA:

Young people have different needs than adults. Drug treatment should be specialized to meet the needs of those ages 16-25.



Include the Voice of People in Recovery:

Ensure individuals in Recovery are at the table when the City is making policy decisions regarding Addiction, Recovery, and Treatment.



Expand Paid Peer Specialists Opportunities:

Train and Connect those in recovery with people working toward recovery. People who successfully complete treatment should have access to paid positions helping others struggling with addiction.



Increase Awareness About Available Drug Treatment Services:

Ensure individuals suffering from addiction can access real time information about treatment options.



Questions?

Contact Information

Steve Adami

Interim Director, Reentry Division

San Francisco Recovery Summit Working Group

Email: steve.adami@sfgov.org

Phone: 415-489-7308