File# 150951 Received in Committee J.v. 3/14

### **BEYOND RISK:**

# FOSTERING TRANSGENDER INCLUSIVE SCHOOLS

Support Services for LGBTQ Youth School Health Programs

Monday March 14 2016

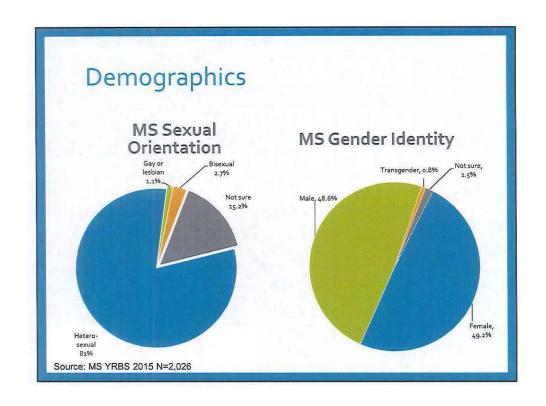


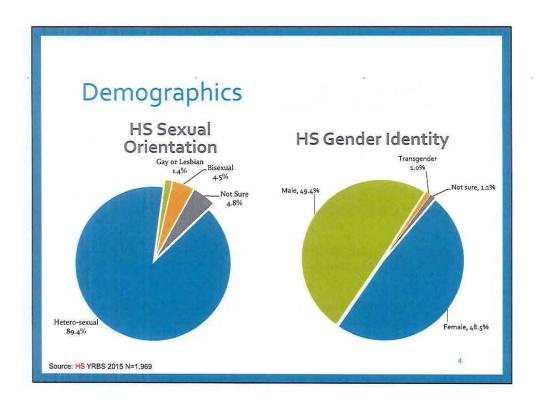


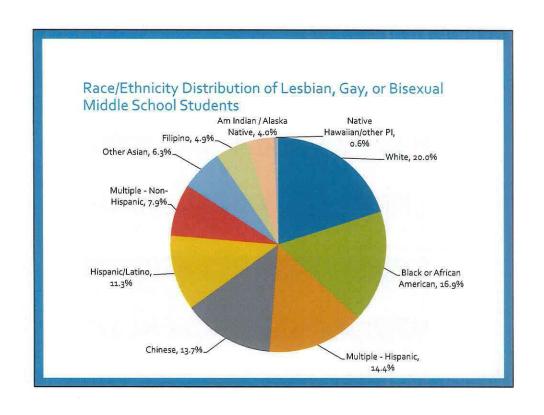


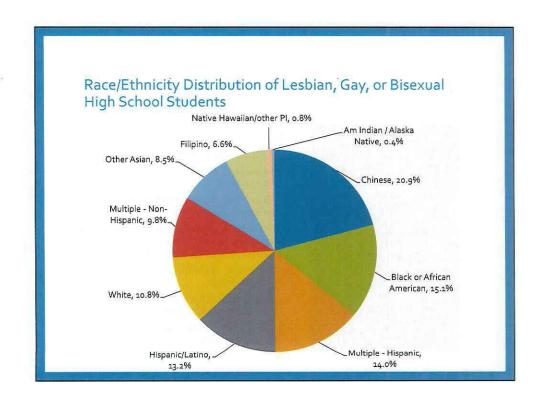
# Assessing Student Health & Wellness: CDC Youth Risk Behavior Survey 2015

- The YRBS measures health risk behavior within a randomized sample of students in grades 6 through 12.
- 2,158 out of 3,122 (completion rate of 68%) students across 21 middle schools in grades 6 through 8 completed the survey.
- 2,220 of 2,670 (completion rate of 82%) students across 21 high schools in grades 9 through 12.
- The YRBS is best used as a health surveillance tool to identify health trends over time. The YRBS (CDC) is the primary method of measuring adolescent health risk behaviors nationwide.









#### Gender Identity by Race/Ethnicity Group

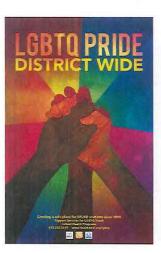
Source: Middle School YRBS 2015 N=2,026

Gender Identity	African- American	Chinese	Filipino	Other Asian	White	Hispanic/ Latino	Multiracial (Non-Hispanic)	Multiracial (Hispanici
Male	48.9%	47.8%	42.3%	47-3%	53-7%	41.1%	54.4%	41.1%
Female	48.4%	50.4%	56.8%	49.0%	43.0%	55-3%	44-3%	55-3%
Transgender	1,0%	0.5%	1.0%	1.4%	0.7%	1.3%	0.7%	1.396
Not Sure	1.7%	1.2%	0.0%	2.3%	2.6%	2,3%	0.5%	2.3%

Source: High School YRBS 2015 N=1,969

Gender Identity	African- American	Chinese	Filipino	Other Asian	White	Hispanic/ Latino	Multiracial (Non-Hispanic)	Multiracial (Hispanic)
Male	52,7%	50.0%	59.7%	45-3%	36.3%	48.496	51.1%	44.5%
Female	43.5%	48.1%	38.7%	50.9%	59.8%	50.7%	48.4%	53-3%
Transgender	2,7%	0.8%	0.2%	3.294	2_5%	0.0%	0.5%	0.8%
Not Sure	1.0%	1.196	1.4%	0.5%	2.4%	0.9%	0.1%	1.4%

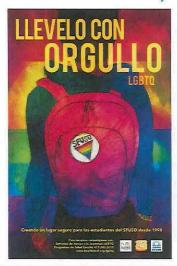
### Multi-tier Systems of Support



#### Universal

- LGBTQ student rights
- Inclusive health and social studies education (K-12)
- School-wide LGBTQ Pride & anti-bullying activities (120 events for SY14-15)
- Professional development and technical assistance (trauma, suicide prevention, substance use, case consultation)
- Promotion of LGBTQ-inclusive environments
- On-site high school Wellness Centers, and K-8 school social workers and nurses
- Transgender student policy implementation

## Multi-tier Systems of Support



#### Targeted

- · Gay-Straight Alliances (GSAs) & Diversity Clubs supported by 40 middle and high school LGBTQ Liaisons
- GSA Day
- Psycho-educational groups
  - o Confidential LGBTQ support groups
  - o Young Men's Health Groups promoting healthy masculinity and allyship

#### Intensive

- Individual on-site counseling and case management
- Referrals for mental health and sexual health
- Linkages to community resources and programming

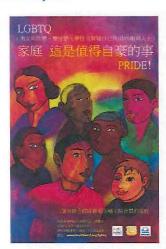
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### Community Partnerships

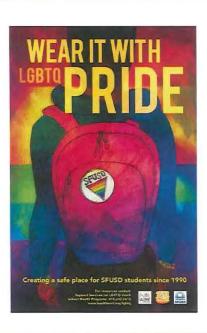
The following organizations provide advisement and/or participate in the curricular and programmatic efforts of Support Services of LGBTQ Youth:

- Chinese Progressive Association
- Department of Children, Youth and their Families (DCYF)
- Frameline Youth In Motion
- Gender Spectrum
- GSA Network
- Health Initiatives for Youth
- Huckleberry Youth Programs
- Instituto Familiar de la Raza
- LGBTQ Speakers Bureau Collective
- LYRIC
- New Conservatory Theatre Youth Aware
- Our Family Coalition
- Planned Parenthood SF
- Richmond Area Multi-Services, Inc. (RAMS)
- Richmond District Neighborhood Center
- SF Department of Public Health
- Youth Empowerment Fund (YEF)



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