

1 [Establishing Task Force]

2

3

4 **Resolution establishing a multi-disciplinary task force on childhood nutrition and**  
5 **physical activity.**

6

7

WHEREAS, Lifelong habits related to nutrition and fitness are established during  
childhood and adolescence, with lifelong consequences for health and well-being; and

8

9

WHEREAS, The widespread lack of healthy lifestyles for children has become a  
national epidemic and a health crisis with profound medical implications; and

10

11

12

WHEREAS, The Board of Supervisors has heard testimony from the San Francisco  
Department of Public Health, the San Francisco Unified School District, the San Francisco  
Medical Society and others that increasing numbers of children are experiencing type II  
diabetes, high blood pressure, heart problems, breathing problems, bone and joint difficulties,  
low self esteem, depression, and stress as a result of being unfit, and that Latino, African  
American and Pacific Islander children are at highest risk for these health problems; and

16

17

18

WHEREAS, The crisis is deeply rooted in many facets of the lives of our children, from  
poor nutrition, to dependence on unhealthy foods, to limited physical activity and to increasing  
time spent in sedentary activities; and

19

20

21

22

23

WHEREAS, The opportunities for a healthy childhood are limited by cultural and  
environmental conditions and obstacles including the lack of access to healthy food options in  
neighborhoods and schools, poor information concerning nutrition; the lack of safe and  
secure physical environments conducive to social interaction and physical activity, and the  
marketing practices of some sections of the food industry; and

24

25

1           WHEREAS, This problem will require a multi-pronged approach from many sectors of  
2 the City, including the Department of Public Health, the public schools, the Recreation and  
3 Park Department, the food industry and agricultural sector, the medical community, civil rights  
4 organizations, community-based organizations, as well as families and their children; and,

5           WHEREAS, It is important that a health-centered solution is implemented that does not  
6 lead to the stigmatization or harassment of young people; now, therefore, be it,

7           RESOLVED, That the Board of Supervisors of the City and County of San Francisco  
8 does hereby establish a Task Force on Childhood Nutrition and Physical Activity to develop a  
9 comprehensive plan to address and prevent this serious problem; and, be it

10          FURTHER RESOLVED, That the Task Force shall address the many elements of the  
11 problem, including the need for nutritional and physical activities knowledge for families,  
12 children, and communities, the need for access to affordable and nutritious alternatives to  
13 unhealthy foods in all San Francisco neighborhoods, and the need for safe, culturally  
14 appropriate opportunities for physical activities among children and youth, as well as the need  
15 to find ways to generate revenue to support model interventions and best practices; and, be it

16          FURTHER RESOLVED, That the Task Force shall be chaired and convened by the  
17 Director of the Department of Public Health (or his designee) who shall not be a voting  
18 member of the Task Force, and be comprised of the following 19 members of which 16 shall  
19 be voting members appointed by and serving at the pleasure of the Board:

- 20           • one (1) member to include the director of the Department of Children, Youth and  
21           Families or his/her appointed representative who shall not be a voting member of  
22           the Task Force
- 23           • one (1) member to include the Superintendent of the San Francisco Unified School  
24           District or his/her appointed representative who shall not be a voting member of the  
25           Task Force

- 1           • one (1) member to include the director of the Recreation and Park Department or  
2           his/her appointed representative who shall not be a voting member of the Task  
3           Force
- 4           • one (1) member from the Small Business Commission
- 5           • one (1) member from the Hotel and Restaurant Workers Union, Local
- 6           • one (1) member from the San Francisco Youth Commission
- 7           • ~~one (1) member who is a young person age 23 or under~~
- 8           • one (1) member who is a young person between the ages of 12 and 23
- 9           • one (1) member who is a parent or guardian
- 10          • one (1) member who is a child advocate
- 11          • one (1) member from the San Francisco Unified School District Student Advisory  
12          Council
- 13          • one (1) member from a civil rights organization ~~on size issues~~ addressing weight  
14          size discrimination
- 15          • ~~one (1) member from a medical accessibility organization~~ an organization  
16          specializing in weight related medical care access issues
- 17          • one (1) member from an organization helping all children regardless of physical,  
18          medical, or psychiatric disabilities obtain access to medical care and information
- 19          • one (1) member who is a pediatrician
- 20          • one (1) member who is a child psychologist with expertise in eating disorders
- 21          • one (1) member from a research organization with expertise in childhood nutrition  
22          and physical fitness
- 23          • one (1) member who is a public policy professional with an expertise in health and  
24          legislation
- 25

- 1           • one (1) member from a foundation or philanthropic organization with an interest in
- 2           physical activity and healthy eating
- 3           • one (1) member from an association of regional farmers and food producers
- 4           involved in sustainable agriculture
- 5           • one (1) member from an organization that implements size-neutral youth physical
- 6           activity programs

7 and, be it

8           FURTHER RESOLVED, That the Task Force members shall be appointed for a one

9           year term and that this Task Force shall meet on a regular and consistent basis of at least

10          once a month beginning from the date that the appointment of a quorum of the voting

11          membership of the Task Force becomes effective; and, be it

12          FURTHER RESOLVED, That the lead agency for this Task Force shall be the

13          Department of Public Health; and, be it

14          FURTHER RESOLVED, That the Task Force shall coordinate its efforts with the San

15          Francisco Unified School District Nutrition and Physical Fitness Advisory Committee and shall

16          coordinate and support existing programs; and, be it

17          FURTHER RESOLVED, That the Task Force acknowledges and supports San

18          Francisco's non-discrimination policy regarding height and weight and shall ensure that its

19          work is conducted with respect for all children; and, be it

20          FURTHER RESOLVED, That this Task Force shall submit a progress report within six

21          months of the establishment of this Task Force and shall submit a final report at its sunset

22          detailing its findings, concerns, and recommendations to the Board of Supervisors; and, be it

23          FURTHER RESOLVED, That the Task Force shall sunset one year from the date that

24          the appointment of a quorum of the voting membership of the Task Force becomes effective

25          unless extended by the Board of Supervisors.