

1 [American Heart Month - February 2012]

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3 **Resolution recognizing February 2012, as American Heart Month in the City and County**  
4 **of San Francisco, and encouraging the improvement of cardiovascular health.**

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6 WHEREAS, Cardiovascular disease is the nation’s leading cause of death and the  
7 costliest disease with direct and indirect costs estimated to be \$297.7 billion annually; and

8 WHEREAS, Cardiovascular disease accounts for one out of three deaths nationwide;  
9 and

10 WHEREAS, Nearly 2,200 Americans die of cardiovascular disease each day, an  
11 average of one death every 39 seconds; and

12 WHEREAS, An estimated 785,000 people in the U.S. will have a new coronary attack,  
13 an estimated 470,000 people nationwide will have a recurrent attack, and an additional  
14 195,000 “silent” heart attacks will occur this year; and

15 WHEREAS, The research is clear that there are preventive strategies, as well as  
16 community-based strategies, that can increase survival rates from cardiovascular disease;  
17 and

18 WHEREAS, The American Heart Association’s 2020 impact goal seeks to improve the  
19 cardiovascular health of all Americans by 20 percent while reducing deaths from  
20 cardiovascular diseases and stroke by 20 percent through research, population- and  
21 community-level interventions, and public health and policy measures; and

22 WHEREAS, Efforts of the American Heart Association encourage citizens to help save  
23 lives by calling 911 if symptoms occur, become trained in CPR, and encourage  
24 comprehensive automated external defibrillator (AED) programs in their communities; and

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1           WHEREAS, The American Heart Association is celebrating February 2012 as  
2 American Heart Month and promoting education and awareness by encouraging citizens to  
3 learn the warning signs of heart attack and stroke: now, therefore, be it

4           RESOLVED, That February 2012 is declared American Heart Month in the City and  
5 County of San Francisco; and, be it

6           FURTHER RESOLVED, That the City and County of San Francisco urges all citizens  
7 to recognize the critical importance of tools and skills that will increase survival rates from  
8 cardiac arrest. By incorporating these tools into aggressive programs, we can save  
9 thousands of lives each year.

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