



**SAN FRANCISCO  
HUMAN SERVICES AGENCY**

Department of Benefits  
and Family Support

Department of Disability  
and Aging Services

Office of Early Care  
and Education

P.O. Box 7988  
San Francisco, CA  
94120-7988  
[www.SFHSA.org](http://www.SFHSA.org)

**London Breed**  
Mayor

**Trent Rhorer**  
Executive Director

**MEMORANDUM**

<b>TO:</b>	DISABILITY AND AGING SERVICES COMMISSION																	
<b>THROUGH:</b>	KELLY DEARMAN, EXECUTIVE DIRECTOR																	
<b>FROM:</b>	CINDY KAUFFMAN, DEPUTY DIRECTOR ESPERANZA ZAPIEN, DIRECTOR OF CONTRACTS																	
<b>DATE:</b>	JULY 7, 2021																	
<b>SUBJECT:</b>	NEW GRANTS: MULTIPLE GRANTEES FOR NUTRITION SERVICES FOR OLDER ADULTS AND ADULTS WITH DISABILITIES (see table on pages 4-7)																	
<b>GRANT TERM:</b>	07/01/2021 – 06/30/2025																	
<b>GRANT AMOUNT:</b>	See table on pages 4-7																	
<b>Funding Source:</b>	<table border="0"> <thead> <tr> <th><u>County</u></th> <th><u>State</u></th> <th><u>Federal</u></th> <th><u>Contingency</u></th> <th><u>Total</u></th> </tr> </thead> <tbody> <tr> <td><b>Funding:</b></td> <td>\$71,474,823</td> <td>\$2,589,185</td> <td>\$11,225,650</td> <td>\$8,528,967</td> <td>\$93,818,625</td> </tr> <tr> <td><b>Percentage:</b></td> <td>84%</td> <td>3%</td> <td>13%</td> <td></td> <td>100%</td> </tr> </tbody> </table>	<u>County</u>	<u>State</u>	<u>Federal</u>	<u>Contingency</u>	<u>Total</u>	<b>Funding:</b>	\$71,474,823	\$2,589,185	\$11,225,650	\$8,528,967	\$93,818,625	<b>Percentage:</b>	84%	3%	13%		100%
<u>County</u>	<u>State</u>	<u>Federal</u>	<u>Contingency</u>	<u>Total</u>														
<b>Funding:</b>	\$71,474,823	\$2,589,185	\$11,225,650	\$8,528,967	\$93,818,625													
<b>Percentage:</b>	84%	3%	13%		100%													

DS  
EE

The Department of Disability and Aging Services (DAS) requests authorization to enter into new grant agreements with multiple providers for the provision of nutrition services for older adults and adults with disabilities during the period of July 1, 2021 through June 30, 2025, in a combined amount of \$85,289,658 plus a 10% contingency for a total amount not to exceed \$93,818,625. The funding amounts are detailed in the tables on pages 4-7.

The annual amount in FY 21/22 reflects additional funding allocated in the City budget to meet the elevated demand that DAS nutrition partners are experiencing because of the coronavirus pandemic. DAS allocated the additional funding to nutrition providers who are providing nutrition services above their baseline service levels and/or anticipate a surge in FY 21/22 with a particular focus on equity factors.

**Background**

DAS is a state-designated Area Agency on Aging (AAA) under the federal Older Americans Act (OAA) of 1965 as amended. As an Area Agency on Aging, DAS coordinates and supports a broad array of nutrition services in the City and County of San Francisco for older adults and adults with disabilities at the community level, through partnerships with community-based organizations.



## SAN FRANCISCO HUMAN SERVICES AGENCY

P.O. Box 7988  
San Francisco, CA  
94120-7988  
[www.SFHSA.org](http://www.SFHSA.org)

Sound nutrition for older adults and adults with disabilities living in the community is an important factor in maintaining good health. Older adults and persons with disabilities are more likely than their peers to experience food insecurity, which is closely connected to malnutrition, poor health status, and negative health events. The provision of nutrition services, whether through a congregate setting or home-delivered meals, assists older adults and adults with disabilities in gaining access to affordable, nutritious meals and other home and community-based services.

### **Services to be Provided**

Grantees will provide congregate, and/or home-delivered meal nutrition services. Each of the grantees will offer nutritious meals, nutrition education, and nutrition risk screening. The meals provided by the grantees will meet nutritional standards by incorporating the Dietary Guidelines for Americans and provide a minimum of one-third of the Dietary Reference Intakes (DRIs). The meals will be prepared in accordance with nutrition and food service standards set forth by California Retail Food Code (CRFC), Title 22 Regulations, California Department of Aging, and DAS OCP. Grantees may also provide nutrition compliance, nutrition counseling, and home-delivered meal assessments.

- **Congregate Nutrition Services:**

Grantees provide meals meeting nutritional standards and may include breakfast, lunch, or dinner meals. Grantees offer nutrition services in a group setting, providing opportunities for participants to socialize with one another.

Congregate nutrition services also include nutrition education and nutrition risk screening and give participants the opportunity to contribute to the meal cost.

Nutrition Compliance and Quality Assurance (NCQA): NCQA is a required component of congregate nutrition services. NCQA includes quarterly monitoring of a grantee's food service production and meal service to ensure compliance with state and local food safety and sanitation requirements. NCQA also includes nutrition education, in-service training, and nutrition counseling.

- **Home-Delivered Meal (HDM) Nutrition Services:**

Grantees deliver meals meeting nutritional standards to eligible individuals living in the City and County of San Francisco. HDM nutrition services include an initial home-delivered meal assessment, an annual comprehensive assessment, and quarterly re-assessments of the participant. The quantity of meals delivered to each individual per week depends on their unique needs as determined by the assessments. HDM nutrition services also include nutrition education and nutrition risk screening and give participants the opportunity to contribute to the meal cost.



SAN FRANCISCO  
HUMAN SERVICES AGENCY

P.O. Box 7988  
San Francisco, CA  
94120-7988  
[www.SFHSA.org](http://www.SFHSA.org)

Nutrition Compliance and Quality Assurance (NCQA): NCQA is a required component of HDM nutrition services. NCQA includes quarterly monitoring of a grantee's food service production and meal delivery to ensure compliance with state and local food safety and sanitation requirements. NCQA also includes nutrition education, in-service training, home-delivered meal assessments, and nutrition counseling.

- **Emergency Home-Delivered Meal Nutrition Services:**

Grantees deliver meals meeting nutritional standards to eligible consumers living in the City and County of San Francisco who have an urgent or temporary need for nutrition support in the community. The grantee begins meal service to the consumer within two to five days of a request and the provision of meals does not exceed sixty days.

For more specific information regarding the breakdown of services, defined objectives, and target population, please refer to the attached Appendix A.

**Grant Amount**

- **Congregate Nutrition Services for Older Adults:**

Agency	Annual amount for FY 21/22	Annual amount for FY 22/23, FY 23/24 and FY 24/25	Grant amount	Contingency	Not to Exceed
Bayview Senior Services	\$1,400,531	\$546,914	\$3,041,273	\$304,127	\$3,345,400
Centro Latino de San Francisco	\$697,236	\$532,559	\$2,294,913	\$229,491	\$2,524,404
Episcopal Community Services of San Francisco	\$412,489	\$412,489	\$1,649,956	\$164,996	\$1,814,952
Glide Foundation	\$259,951	\$168,466	\$765,349	\$76,535	\$841,884
Kimochi	\$709,023	\$511,283	\$2,242,872	\$224,287	\$2,467,159
On Lok Day Services	\$712,653	\$712,653	\$2,850,612	\$285,061	\$3,135,673
Project Open Hand	\$2,462,428	\$2,075,388	\$8,688,592	\$868,859	\$9,557,451
Russian American Community Services	\$364,207	\$325,375	\$1,340,332	\$134,033	\$1,474,365
Self-Help for the Elderly	\$2,657,343	\$1,997,307	\$8,649,264	\$864,926	\$9,514,190
<b>Total</b>	<b>\$9,675,861</b>	<b>\$7,282,434</b>	<b>\$31,523,163</b>	<b>\$3,152,315</b>	<b>\$34,675,478</b>

- **Congregate Nutrition Services for Adults with Disabilities:**

Agency	Annual amount for FY 21/22	Annual amount for FY 22/23, FY 23/24 and FY 24/25	Grant amount	Contingency	Not to Exceed
Bayview Senior Services	\$190,375	\$84,760	\$444,655	\$44,466	\$489,121
Centro Latino de San Francisco	\$162,054	\$101,931	\$467,847	\$46,785	\$514,632
Episcopal Community Services of San Francisco	\$65,755	\$65,755	\$263,020	\$26,302	\$289,322

Glide Foundation	\$53,511	\$27,651	\$136,464	\$13,646	\$150,110
Project Open Hand	\$518,040	\$431,838	\$1,813,554	\$181,355	\$1,994,909
Russian American Community Services	\$11,943	\$11,261	\$45,726	\$4,573	\$50,299
Self-Help for the Elderly	\$34,310	\$27,066	\$115,508	\$11,551	\$127,059
<b>Total</b>	<b>\$1,035,988</b>	<b>\$750,262</b>	<b>\$3,286,774</b>	<b>\$328,678</b>	<b>\$3,615,452</b>

- **Home-Delivered Meal (HDM) Nutrition Services for Older Adults:**

Agency	Annual amount for FY 21/22	Annual amount for FY 22/23, FY 23/24 and FY 24/25	Grant amount	Contingency	Not to Exceed
Centro Latino de San Francisco	\$401,903	\$268,595	\$1,207,688	\$120,769	\$1,328,457
Jewish Family and Children's Services	\$114,667	\$110,147	\$445,108	\$44,511	\$489,619
Kimochi	\$538,806	\$308,307	\$1,463,727	\$146,373	\$1,610,100
<b>Meals on Wheels</b>	<b>\$7,792,536</b>	<b>\$6,942,006</b>	<b>\$28,618,554</b>	<b>\$2,861,855</b>	<b>\$31,480,409</b>
On Lok Day Services	\$1,308,338	\$1,115,904	\$4,656,050	\$465,605	\$5,121,655
Russian American Community Services	\$332,438	\$316,215	\$1,281,083	\$128,108	\$1,409,191
Self-Help for the Elderly	\$1,385,049	\$1,014,172	\$4,427,565	\$442,757	\$4,870,322
<b>Total</b>	<b>\$11,873,737</b>	<b>\$10,075,346</b>	<b>\$42,099,775</b>	<b>\$4,209,978</b>	<b>\$46,309,753</b>

- **Home Delivered Meal (HDM) Nutrition Services for Adults with Disabilities:**

Agency	Annual amount for FY 21/22	Annual amount for FY 22/23, FY 23/24 and FY 24/25	Grant amount	Contingency	Not to Exceed
Meals on Wheels	\$1,407,600	\$1,025,222	\$4,483,266	\$448,327	\$4,931,593
Project Open Hand	\$172,219	\$160,519	\$653,776	\$65,378	\$719,154
Self-Help for the Elderly	\$338,155	\$258,235	\$1,112,860	\$111,286	\$1,224,146
Total	\$1,917,974	\$1,443,976	\$6,249,902	\$624,991	\$6,874,893

- **Emergency Home-Delivered Meal Nutrition Services:**

Agency	Annual amount for FY 21/22	Annual amount for FY 22/23, FY 23/24 and FY 24/25	Grant amount	Contingency	Not to Exceed
Meals on Wheels	\$195,440	\$166,532	\$695,036	\$69,504	\$764,540
Total	\$195,440	\$166,532	\$695,036	\$69,504	\$764,540

- **Home-Delivered Meal Assessment for Adults with Disabilities:**

Agency	Annual amount for FY 21/22	Annual amount for FY 22/23, FY 23/24 and FY 24/25	Grant amount	Contingency	Not to Exceed
Institute on Aging	\$358,752	\$358,752	\$1,435,008	\$143,501	\$1,578,509
Total	\$358,752	\$358,752	\$1,435,008	\$143,501	\$1,578,509

- **Total:**

Program	Annual amount for FY 21/22	Annual amount for FY 22/23, FY 23/24 and FY 24/25	Grant amount	Contingency	Not to Exceed
Congregate Nutrition Services for Older Adults	\$9,675,861	\$7,282,434	\$31,523,163	\$3,152,315	\$34,675,478
Congregate Nutrition Services for Adults with Disabilities	\$1,035,988	\$750,262	\$3,286,774	\$328,678	\$3,615,452
Home-Delivered Meal (HDM) Nutrition Services for Older Adults	\$11,873,737	\$10,075,346	\$42,099,775	\$4,209,978	\$46,309,753
Home-Delivered Meal (HDM) Nutrition Services for Adults with Disabilities	\$1,917,974	\$1,443,976	\$6,249,902	\$624,991	\$6,874,893
Emergency Home-Delivered Meal Nutrition Services	\$195,440	\$166,532	\$695,036	\$69,504	\$764,540
Home-Delivered Meal Assessment for Adults with Disabilities	\$358,752	\$358,752	\$1,435,008	\$143,501	\$1,578,509
<b>Total</b>	<b>\$25,057,752</b>	<b>\$20,077,302</b>	<b>\$85,289,658</b>	<b>\$8,528,967</b>	<b>\$93,818,625</b>



**SAN FRANCISCO  
HUMAN SERVICES AGENCY**

P.O. Box 7988  
San Francisco, CA  
94120-7988  
[www.SFHSA.org](http://www.SFHSA.org)

**Grantee Performance**

Grantees identified in the funding tables are current DAS funded nutrition program contractors. All grantees were determined to be in compliance with fiscal and programmatic requirements for FY 19-20.

**Selection**

Grantee was selected through RFP #940 issued in March 2021.

**Funding**

This grant will be funded through federal, state and local funds.

**Attachments**

- **Congregate Nutrition Services for Older Adults:**

- Bayview Hunter's Point Multipurpose Senior Services*

- Appendix A – Services to be Provided

- Appendix B – Budget

- Centro Latino de San Francisco*

- Appendix A – Services to be Provided

- Appendix B – Budget

- Episcopal Community Services of San Francisco*

- Appendix A – Services to be Provided

- Appendix B – Budget

- Glide Foundation*

- Appendix A – Services to be Provided

- Appendix B – Budget

- Kimochi*

- Appendix A – Services to be Provided

- Appendix B – Budget

- On Lok Day Services*

- Appendix A – Services to be Provided

- Appendix B – Budget

- Project Open Hand*

- Appendix A – Services to be Provided

- Appendix B – Budget, Lunch

- Appendix B-1 – Budget, Breakfast

- Russian American Community Services*

- Appendix A – Services to be Provided

- Appendix B – Budget





SAN FRANCISCO  
HUMAN SERVICES AGENCY

P.O. Box 7988  
San Francisco, CA  
94120-7988  
[www.SFHSA.org](http://www.SFHSA.org)

*Self-Help for the Elderly*  
Appendix A – Services to be Provided  
Appendix B – Budget

- **Congregate Nutrition Services for Adults with Disabilities:**

*Bayview Hunter’s Point Multipurpose Senior Services*  
Appendix A – Services to be Provided  
Appendix B – Budget

*Centro Latino de San Francisco*  
Appendix A – Services to be Provided  
Appendix B – Budget

*Episcopal Community Services of San Francisco*  
Appendix A – Services to be Provided  
Appendix B – Budget

*Glide Foundation*  
Appendix A – Services to be Provided  
Appendix B – Budget

*Project Open Hand*  
Appendix A – Services to be Provided  
Appendix B – Budget

*Russian American Community Services*  
Appendix A – Services to be Provided  
Appendix B – Budget

*Self-Help for the Elderly*  
Appendix A – Services to be Provided  
Appendix B – Budget

- **Home-Delivered Meal (HDM) Nutrition Services for Older Adults:**

*Centro Latino de San Francisco*  
Appendix A – Services to be Provided  
Appendix B – Budget

*Jewish Family and Children’s Services*  
Appendix A – Services to be Provided  
Appendix B – Budget

*Kimochi*  
Appendix A – Services to be Provided  
Appendix B – Budget

*Meals on Wheels*  
Appendix A – Services to be Provided  
Appendix B – Budget



SAN FRANCISCO  
HUMAN SERVICES AGENCY

P.O. Box 7988  
San Francisco, CA  
94120-7988  
[www.SFHSA.org](http://www.SFHSA.org)

*On Lok Day Services*

Appendix A – Services to be Provided

Appendix B – Budget

*Russian American Community Services*

Appendix A – Services to be Provided

Appendix B – Budget

*Self-Help for the Elderly*

Appendix A – Services to be Provided

Appendix B – Budget

- **Home-Delivered Meal (HDM) Nutrition Services for Adults with Disabilities:**

*Meals on Wheels*

Appendix A – Services to be Provided

Appendix B – Budget

*Project Open Hand*

Appendix A – Services to be Provided

Appendix B – Budget

*Self-Help for the Elderly*

Appendix A – Services to be Provided

Appendix B – Budget

- **Emergency Home-Delivered Meal Nutrition Services:**

*Meals on Wheels*

Appendix A – Services to be Provided

Appendix B – Budget

- **Home Delivered Meal Assessment for Adults with Disabilities:**

*Institute on Aging*

Appendix A – Services to be Provided

Appendix B – Budget

- **Site Chart**