



SFDPH Behavioral Health Update

Board of Supervisors
Public Safety and Neighborhood
Services Committee

July 23, 2020



Background

- Mental Health SF and other calls for reform at the federal and state level (ACA, Final Rule, CalAIM) have similar visions and overlapping goals.
- The **core themes** include:
 - Timely Access
 - Coordination of Care
 - Equity
 - Efficiency
 - Network Adequacy
 - Quality Improvement
- Mental Health SF offers a vehicle to propel and fund reform efforts and promotes a vision of a system that is more efficient and impactful.



BHS MHSF Budget Priorities FY20-21

DPH is prioritizing four behavioral health priorities to support the implementation of the foundation of Mental Health SF:

1. Office of Coordinated Care



2. Behavioral Health Bed Investments



3. Street crisis response and outreach services

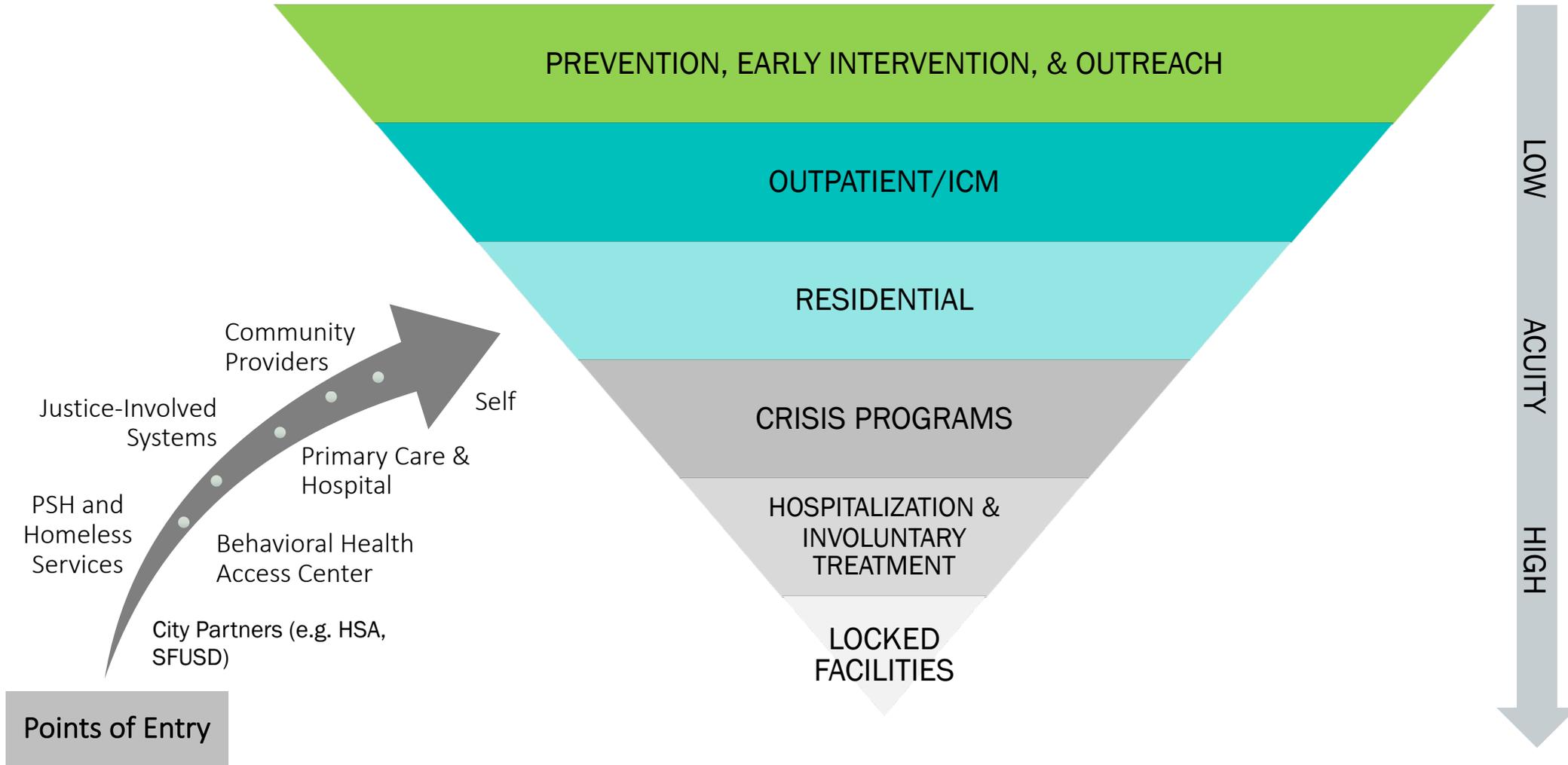


4. Mental Health Service Center





Access and Flow





Office of Coordinated Care

Goal: Support clients to access and receive the right level of care at the right time and coordinate care as clients move through the system

Key elements:

- **Promote** BHS services in the community to help people navigate to care and **train** DPH staff and partners
- Provide **consultation and linkage** support for key system entry points e.g. Jail, PES, and homeless response system
- Increase the availability of **case management** services
- Strengthen **data collection** necessary to track individual outcomes and evaluate our system

Implementation considerations:

- Hiring the quantity of staff needed to make demonstrable change will require time and resources

Estimated Cost per Unit of Service for Office of Coordinated Care		
BH System Coordination and Oversight	\$1,200,000	Personnel-including leadership and other key positions
Access and Community Engagement	\$ 600,000	Website and promoting access points
Bed Tracking System	\$ 1,000,000	Bed Tracking System
Jail Linkage Support	\$ 700,000	Per Team of 3 Staff
Crisis/PES Linkage Support	\$ 700,000	Per Team of 3 Staff
Staff Training and Development	\$450,000	SIP/HOT Staff - harm reduction, trauma, racial equity, de-escalation, care referrals
Case Management (1:25)	\$70,000	Per 10 Client slots
Intensive Case Management (1:17)	\$185,000	Per 10 Client slots
Critical Care Management (1:10)	\$280,000	Per 10 Client slots



Behavioral Health Bed Capacity and Flow

Goal: Optimize patient flow through the system, helping to get patients the care they need, when they need it

Key elements:

- Bed recommendations are based on the comprehensive quantitative analysis led by Dr. Nigusse Bland
- Plans were in place for a Drug Sobering pilot, but implementation was delayed, and the model will change because of COVID-19

Implementation considerations:

- Real estate acquisition
- Hiring

Estimated Cost per Unit of Service for Recommended Bed Investments		
Drug Sobering	\$2,600,000	Per 10 Beds
Locked Subacute/Psych SNF	\$1,700,500	Per 10 Beds
Board and Care	\$600,000	Per 10 Beds
Hummingbird	\$730,000	Per 10 Beds
Mental Health Residential	\$1,000,000	Per 10 Beds



Street Crisis Response and Outreach

Goal: Implement a high-impact service model to respond to people in crisis on the street

Key elements:

- New response teams comprised of behavioral health clinicians and peers; discussing partnership with EMS-6
- Telehealth to support teams with remote access to psychiatry
- Remove barriers to accessing treatment urgently (PES alternative)

Implementation considerations:

- Hiring staff
- Expanding urgent care capacity
- Ensuring that outreach staff will have a place to take people who are experiencing a crisis on the street

Estimated Cost per Unit of Service for Street Crisis Response		
Street Crisis Response Team	\$1,500,000	Per Team - 16 hours per day, 7 days per week (does not include EMS-6 costs)
Telehealth Program	\$500,000	Fixed Operating Cost for Program (any size)
Urgent Care	\$2,100,000	Per 10 Beds



Mental Health Service Center

Goal: Create a welcoming, accessible, central entry point for people to access behavioral health services.

Key elements:

- Phase one: Improve space and expand hours at the existing Behavioral Health Access Center on 1380 Howard Street
- MHSF calls for 24/7 access to urgent care, assessment, diagnosis, linkage services and prescription medication
- Further evaluation of needs and service design to be studied by MHSF Working Group

Implementation considerations:

- Limitations to current space; real estate barriers to new site acquisition
- Expensive to run 24/7 program; limitations to referring to other programs after 5:00

Estimated Cost per Unit of Service for Mental Health Service Center		
Capital Cost	\$8,200,000	Renovations at 1380 Howard
Pharmacy expansion	\$3,400,00	7 days per week, window hours 9am-7pm
Mental Health Service Center – Services and Hours Expansion	\$9,600,000	24/7 operations



Conclusion and Next Steps

- Behavioral Health Services will move forward the foundational components of Mental Health SF in FY20-21
- COVID-19 will continue to impact service delivery models, budget, and staffing
- Considerations for implementation timelines
 - Human resources and vacancies
 - Real estate acquisition
 - Hiring a new Director of Behavioral Health and Mental Health SF
- MHSF Implementation Workgroup will contribute to program planning