

1 [Shannon Rowbury Day - October 18, 2016]

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3 **Resolution declaring October 18, 2016, as Shannon Rowbury Day in the City and**
4 **County of San Francisco.**

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6 WHEREAS, Shannon Rowbury is a 5th generation native San Franciscan who grew up
7 in the Sunset District and attended St. Stephens Catholic School, Sacred Heart Cathedral
8 Preparatory, and Duke University before returning to San Francisco; and

9 WHEREAS, In high school, Shannon was already a standout runner, and was the
10 national high school champion in the 800 meters and a two-time California State high school
11 champion in the 800 meters and 1600 meters; and

12 WHEREAS, She was also inducted into the Sacramento Meet of Champions Hall of
13 Fame and the San Francisco Prep Hall of Fame in 2008; and

14 WHEREAS, Shannon continued her success at Duke University where she set a
15 school record for the mile in the indoor track season as a freshman; was the fourth Blue Devil
16 woman to earn indoor All-America honors at the NCAA Championships in the mile during her
17 sophomore year; anchored Duke's victorious distance medley relay team during her junior
18 year; and helped Duke place third at the NCAA Cross Country Championships during her
19 senior year; and

20 WHEREAS, During her senior year, Shannon also set personal best times and bettered
21 school records in the 800m, 1500m, 3000m, 5000m and steeplechase races. She also
22 became the first Duke woman to win the NCAA Indoor Track and Field Championship in the
23 mile in 2007; and

24 WHEREAS, Shannon is a three-time Olympian, having competed in 2008 (Beijing),
25 2012 (London), and 2016 (Rio de Janeiro); with the results of the 2012 London Olympics

1 under review, Shannon stands to receive a Silver or Bronze medal, which would make her the
2 first American woman to medal in the women’s 1500m; and

3 WHEREAS, Shannon is a two-time World Championships Bronze Medalist (2009 and
4 2016), and holds three American records and one World record; and

5 WHEREAS, Shannon has been ranked in the top ten in the World for nearly a decade,
6 and she is also one of only two women in World history to have broken 2:00 (800m), 4:00
7 (1500m), and 14:40 (5K); now, therefore, be it

8 RESOLVED, That upon Shannon’s return to San Francisco following the 2016
9 Olympics, the San Francisco Board of Supervisors do hereby commend Shannon for her
10 extraordinary athleticism and contributions, and declare October 18, 2016, as Shannon
11 Rowbury Day.

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