

1 [Precautions Against the Flu]

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3 **Resolution urging all San Franciscans to implement prevention measures to reduce as**  
4 **much as possible their risk of contracting the flu.**

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6 WHEREAS, the 2004-2005 flu season will soon hit San Francisco with an expected  
7 peak in January – February 2005; and

8 WHEREAS, The San Francisco Department of Public Health (DPH) received 11,430  
9 doses of flu vaccine last week– far less than the approximately 70,000 doses required to  
10 vaccinate all members of the federal Centers for Disease Control (CDC)-defined high-risk  
11 populations in San Francisco; and

12 WHEREAS, While the Department of Public Health is hoping to receive additional doses of  
13 the vaccine during the flu season, these additional doses will likely still not cover San  
14 Francisco’s CDC-defined high-risk populations; and

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16 WHEREAS, It has been proven that preventive measures are effective in combating  
17 the onset of the flu and that if these measures are embraced at both a personal and  
18 organizational level in San Francisco we will be successful in reducing the prevalence of flu  
19 during the 2004 and 2005 flu season; so therefore be it

20 RESOLVED, that the San Francisco Board of Supervisors urges all San Franciscans to  
21 implement prevention measures to reduce as much as possible their risk of contracting the flu:

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- 23 • Avoid close contact with people who are sick
- 24 • When you are sick, keep your distance from others
- 25 • Stay home when you are sick

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- Cover your mouth and nose when coughing or sneezing
  - Clean your hands frequently
  - Avoid touching your eyes, nose and mouth to limit contamination transmission
  - Employers should assure that hand-washing facilities are readily available; and be it
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5 FURTHER RESOLVED, that the San Francisco Board of Supervisors endorses  
6 distribution of the limited supply of DPH flu vaccine to the following high- risk categories:

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1. All children aged 6-23 months
  2. Adults aged 65 and older
  3. Persons aged 2-64 with underlying chronic medical conditions
  4. All women who will be pregnant during the influenza season
  5. Residents of nursing and long term care facilities
  6. Children aged between 6 months and 18 years of age on chronic aspirin therapy
  7. Health care workers involved in direct patient care
  8. Out-of-home caregivers and household contacts of children who are 6 months of age or younger; and be it
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16 FURTHER RESOLVED, that the Board of Supervisors concur with current medical opinion  
17 that intranasally administered, live, attenuated influenza vaccine (FluMist®) is a strongly  
18 recommended alternative to injectable inactivated vaccine for immunization for seventh and  
19 eighth category of groups listed above; as well as health-care workers with direct patient care  
20 (except those who care for severely immunocompromised patients in special care units) and  
21 adults caring for children aged 6 months or younger.

22 FURTHER RESOLVED, that the Board of Supervisors urges everyone who are seeking  
23 additional information to contact the San Francisco Department of Public Health website at  
24 [www.sfdph.org](http://www.sfdph.org) or call the SFDPH Flu Information Line (415 554-2681) or email  
25 [fluinfo@sfdph.org](mailto:fluinfo@sfdph.org).