Bed Expansion Plan San Francisco Department of Public Health Behavioral Health Services and Mental Health SF

A presentation to the Board of Supervisors Budget & Finance Committee March 2, 2022

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MHSF New Beds & Facilities

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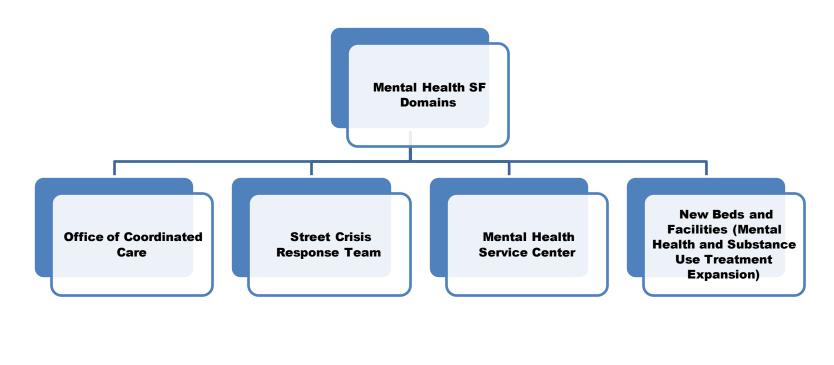
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Agenda

- 1. Overview of the bed expansion plan
- 2. Current status
- 3. Challenges and barriers
- 4. Next steps

Mental Health SF Domains







Residential Care and Treatment

New Beds and Facilities	Residential System of Care	
Add 400 new beds under MHSF	Maintain current portfolio of 2,200 pre-existing beds	
 Expand <u>existing</u> programs Create <u>new</u> types of treatment programs 	Monitor access & timelinessOversee quality improvementOperate new programs	

BHS Residential Care Continuum – Baseline

DPH manages ~2,200 residential care and treatment beds along a continuum of acuity.

74 beds* 44 beds 169 beds 308 beds 410 beds 565 beds 622 beds

Highest acuity Lowest acuity Lowest acuity

CRISIS STABILIZATION

Crisis Services are a continuum of services that are provided to individuals experiencing a psychiatric emergency. The primary goal of these services is to stabilize and improve psychological symptoms of distress and to engage individuals in an appropriate treatment.

- Psychiatric
 Emergency Services
- Acute Diversion Unit
- Psychiatric Urgent Care

ACUTE PSYCHIATRIC

Acute psychiatric services provide highintensity, acute psychiatric services 24 hours a day for individuals in acute psychiatric distress and experiencing acute psychiatric symptoms and/or at risk of harm to self or others.

 Acute Inpatient Psychiatric Services

WITHDRAWAL MANAGEMENT & RESPITE

These programs provide acute and post-acute medical care for individuals who are too ill or frail to recover from a physical illness or injury on the streets but are not ill enough to be in a hospital. They provide short-term residential care that allows individuals the opportunity to rest in a safe environment while accessing medical care and other supportive services.

- Medical Respite
- Sobering Center
- Withdrawal Management
- Social Detox
- Behavioral Health Respite Navigation Center

LOCKED RESIDENTIAL TREATMENT

These programs are 24-hour locked facilities providing intensive diagnostic evaluation and treatment services for severely impaired residents suffering from a psychiatric illness.

Locked Sub-acute

- Psychiatric Skilled
- Psychiatric Skille Nursing Facility
- State Hospital

OPEN RESIDENTIAL TREATMENT

A residential treatment facility is a live-in health care facility providing therapy for substance abuse, mental illness, or other behavioral problems. Some residential treatment facilities specialize in only one illness, while others treat people with a variety of diagnoses or dual diagnosis of substance abuse and a psychiatric diagnosis.

- Co-Occurring
 Diagnoses
 Substance Hee
- Substance Use Disorder
- Mental Health

RESIDENTIAL CARE FACILITIES

Residential care facilities (RCF) offer group living for seniors and/or people with disabilities who need help with meal preparation, medication monitoring, and personal care, but do not need daily acute medical care. Individual RCF's may specialize clinical areas such as mental health rehabilitation and geriatrics.

- Residential Care Facilities
- Residential Care Facilities for the Elderly

TRANSITIONAL & SUPPORTIVE HOUSING

Transitional and
Supportive Housing
provides people with
significant barriers to
housing stability with a
place to live and
intensive social services
while they work toward
self-sufficiency and
housing stability.

- Residential Step-Down
- Cooperative Living
- Support Hotel
- Stabilization
- Rooms
 Shelter



New Behavioral Health Bed Expansion

DPH identified a need to expand supply of BHS residential care and treatment beds by approximately <u>400 new beds</u> based upon:

- Bed Optimization Report Published in 2020
- Mental Health SF Legislation
- Proposition C Our City, Our Home funding
- Bed usage and the availability of beds

Optimizing our bed supply is a dynamic and on-going process...



Behavioral Health Bed Optimization Report*

DPH enlisted Mosimtec to conduct a comprehensive bed simulation based upon 25,000 admissions to Urgent Care, SUD and Mental Health in FY18-19.

Q. How many Behavioral Health beds are needed to maintain consistent patient flow for adult clients in San Francisco with zero wait time?

Bed Category	Recommended Expansion
Locked Subacute Treatment	31
Psychiatric Skilled Nursing Facility	13
Residential Care Facilities (Board and Care)	31
Residential Care Facilities for the Elderly	22
Mental Health Residential Treatment (12-month)	20



Mental Health SF Legislation

"... expand the following types of residential treatment options across the continuum of care to meet identified needs:"

- Mental health urgent care
- Drug sobering center
- 3. Crisis residential treatment services
- 4. Secure inpatient hospitalization and locked wards
- 5. Transitional residential treatment bed
- 6. Long-term supportive housing and adult residential facilities (also known as "board & care homes")

Real Time and Future Assessment

Goal: How many beds are required to optimize patient flow, i.e.

"To provide the right care at the right time and right place."

Real Time:

- 1. Measure bed capacity and utilization through Findtreatment-SF.org
- 2. Monitor inpatient psychiatry census
- 3. Standardized quality metrics (access, service, timeliness, etc.)

Bed Optimization Study:

1. Next Bed Optimization Report – Estimated December 2022



BHS Residential Bed Expansion Dashboard

KEY

DPH Behavioral Health Residential Treatment Expansion

The San Francisco Department of Public Health (DPH) is increasing residential treatment and care services by approximately 400 overnight treatment spaces, or beds. The expansion effort is guided by the 2020 DPH Behavioral Health Bed Optimization Report, Mental Health SF legislation, and with input from stakeholders. The goal is to offer high quality, timely, easily accessible, coordinated, and recovery-oriented care delivered in the least restrictive setting.

30 Beds	Open 2021 Hummingbird - Valencia Status Serving clients Open 28 beds currently available	Psychiatric respite facility to serve people experiencing homelessness from the Mission and Castro
20 Est. Beds	Open 2020 Managed Alcohol Program Status Permanent location and additional funding will expand the program from 10 beds to 20 beds Open 10 beds currently available	Pilot Medical supervision for people with chronic alcohol dependency in a permanent supportive housing setting
20 Beds	Open 2021 12-month Rehabilitative Board and Care Status Accepting placements Open	Pilot Out-of-county supervised living and treatment for people with chronic mental health illness and/or coming from locked facilities
Goal 31 Est. Beds	Open 2021 Mental Health Rehabilitation Beds (aka LSAT) Status Serving Clients Open	Out-of-county psychosocial rehabilitation for people who are conserved in a locked setting
Goal 13 Est. Beds	Open 2021 Psychiatric Skilled Nursing Facilities (aka PSNF) Status Contract complete; reviewing client applications 1 2 3 4 / /	Out-of-county secure 24-hour medical care for people with chronic mental health conditions
Goal 6 Est. Beds	Open 2022 Cooperative Living for Mental Health ^Δ Status Accepting applications 1 2 3 4 /	Communal living for people with chronic mental health and/or substance use Additional \$11M to stabilize leased properties available through MOHCD

Complete **Project Phases and Status** In process 1 Program design ∆ MHSF legislation 4 Out for bid/contracting 2 Regulatory assessment 5 Community outreach & City approvals Planned 3 Facility selection 6 Permit & construction Open Spring 2022 Pilot | 24-7 program for people experiencing homelessness **SOMA RISE**[△] (aka Drug Sobering Center) 20 with drug intoxication, providing short term stays and linkage to Status Initiating construction services Est. Beds 1 2 3 4 5 Goal Opening date to be determined Supervised residential program for individuals with mental Residential Care Facility^{\Delta} 73 health issues who require (aka Board and Care)* assistance with activities of Status Active negotiations to acquire a building daily living. Goal Opening date to be determined Long-term sober living environment for clients coming Residential Step-down - SUD^{\(\D\)} 140 out of residential care programs Status Active negotiations to acquire a building Est. Beds 1 2 3 Goal Opening date to be determined Transitional medically enhanced care for people with a dual diag-Enhanced Dual Diagnosis^A 30 nosis of mental health and substance use issues Status Program design in development Est. Beds Goal Opening date to be determined Supervised treatment for young adults with serious mental Transitional Age Youth (TAY) health and/or substance use Residential Treatment^{\(\Delta\)} issues Status Program design in development Est. Beds Goal Opening date to be determined Short-term, urgent care intervention as an alternative to Crisis Diversion Facility^Δ 15 hospital care Status Program design in development Est Beds



February 23, 2022

New Beds – Open

- Residential care and treatment spaces have expanded by 89 new beds of the total ~400 new spaces that are planned under New Beds & Facilities, which is nearly 25% of the goal.
- SoMa RISE (Drug Sobering Center) building permits are in process and final operational planning with CBO contractor is underway – opening spring 2022 with approximately 20 beds.
- In December 2021, the Board of Supervisors approved the purchase of 822
 Geary Street and 629 Hyde Street, which could potentially be the location for up to 15 Crisis Diversion beds.



Opening New Programs

Two main routes to adding additional bed capacity:

- 1. Purchase and rehabilitation of a facility; contracting for services and/or hiring DPH staff to operate.
- Contracting for services through providers inside and outside of the county.

Building New Beds – Progress

- Actively pursuing multiple buildings for acquisition to support expansion for Residential Step-Down, Board & Care, and Managed Alcohol Program expansion services in-county.
 - Currently in various stages of:
 - Real estate negotiations
 - Property assessments
 - Pre-development discussions
- Developing an RFP/RFQ that will support a collaborative approach to expanding bed types with contracted partners for services and/or facility procurement, including Dual Diagnosis, Transitional Age Youth (TAY), Crisis Stabilization Unit, and Residential Step-down.



Contracting for New Beds – Progress

Plans to expand contracting for additional beds this Fiscal Year (21-22):

- 20 additional 12-Month Rehabilitative Board & Care
- 20 Board & Care beds
- 13 Psychiatric Skilled Nursing Facility (PSNF) beds to meet our goal
- Looking for additional opportunities to contract for beds both inside of the county and outside of county in the short-term while we work to build additional capacity incounty in the long-term.

Barriers to Opening New Programs

Building new residential care and treatment beds in-county is a multi-step process, and it can take up to 1.5 to 3 years to build and open a new facility.

- □ Program design
- □ Regulatory assessment
- □ Facility selection
- □ Out for bid/contracting
- ☐ Community outreach & city approvals
- ☐ Permit & construction
- ☐ State licensing, if applicable





Staffing Support

Additional staffing resources are underway to support 400 new beds under New Beds & Facilities and the Residential System of Care to support the 2,200 existing beds:

- Additional position at Real Estate Division to support DPH new building acquisition is being hired
- Hiring for 4 staff at DPH to support the project management of New Beds & Facilities is in process
- Proposed Residential System of Care staffing in DPH budget to manage the 2,200 existing beds – transitions, placements, vendor relationship/negotiation, and care management

Next Steps

Target: July 2022

 Pursue contracting for available Board & Care, 12-Month Rehabilitative Board & Care, Psychiatric Skilled Nursing beds both within and outside of county.

Target: December 2022

Analysis for next Bed Optimization Report

Target: Mid-year 2023

 Design and Build the Crisis Stabilization Unit and a new Residential Step-down facility

On-going

• Explore opportunities for projects when new residential care services or facilities become available.



Questions?

