### **Residential Care & Treatment**

Public Safety and Neighborhood Services Committee

**Board of Supervisors** 

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### Agenda

- Breaking the Cycle and the Bed Pipeline
- Key Project Updates:
  - Prop 1 Bond Awards
  - Increasing Locked Bed Capacity at the Behavioral Health Center
  - Improving Provision of Residential Care Facilities
  - Bed Inventory and Optimization
  - Progress Under Key Initiatives
  - Other Initiatives to Remove Barriers to Bed Expansion



# Breaking the Cycle and the Bed Pipeline



We thank the Residential Care and Treatment Workgroup for their work and acknowledge the challenges placing individuals with complex needs in care.



We do not yet have enough treatment capacity and we do not have enough flow through the system to address untreated or insufficiently treated mental illness, substance use disorder, and homelessness in San Francisco.



We need a more responsive behavioral health system.

# Tackling San Francisco's Behavioral Health and Homelessness Crisis

#### Our goals



Build a more responsive and proactive behavioral health system of care that will help move people quickly from the streets into effective treatment and sustained recovery

Reduce fatal overdoses and reduce disparities in overdose rates across the city



### SFDPH Roadmap for the Behavioral Health Crisis

- Expand Treatment Beds and Services We need to expand treatment beds and services, at the right levels of clinical intensity, including more clinical care in shelters
- 2. Accelerate and Simplify Entry to Care We need to more quickly connect people to treatment and stabilization services, whenever someone needs or is ready for treatment
- 3. Support People To Progress Through Care We need to do a better job being "sticky" supporting people to engage and stay the course through evidence-based treatment and recovery without falling through the cracks
- 4. Pair Safer Use Supplies with Proactive Linkages to Care We are requiring that distribution of supplies be paired with counseling and connections to treatment, and piloting a new smoking supply policy for public spaces
- 5. Build a Comprehensive Pathway to Recovery We need all the tools in the toolkit, ranging from low-barrier stabilization to recovery-oriented treatment and step-down services, to help everyone on the street move forward
- **6. Prevent overdoses** We need to continue overdose prevention efforts, especially in permanent supportive housing, through culturally congruent programs, and by moving upstream in care



Currently, SFDPH has 415 treatment and care beds budgeted to open from 2025 to 2028, as well as ~140 beds in planning.

#### **System Entry**

#### **Street Teams**

First responders

Connection or referral from CBO, case manager, or health care provider

Walk-ins

### Crisis / Emergency / Drop-in / Drop-off

Hospital (ED, PES)

Crisis Stabilization beds (Geary, Dore)

Law enforcement drop-off sites (diversion)

**Sobering centers** 

Short-term **drop-in** / **respite** (Hummingbird)

DPH BH Access Point (~40)

Shelter / Stabilization / Treatment Initiation

Withdrawal management

Stabilization beds (RESTORE, Kean)

Medication for addiction treatment (street health, MOUD clinic)

Emergency shelter with shelter health

**Hotel vouchers** 

 $(\sim 220)$ 

Treatment / Recovery

Locked inpatient psych unit

Locked sub-acute treatment

**Residential treatment** 

Medication for addiction treatment

Ongoing outpatient treatment (contingency mgmt., therapeutic interventions, ACT)

(~190)

Step-Down / On-going Recovery / Permanent Supportive Housing

**Residential Step Down** / transitional housing

**Board and care** 

**Permanent Supportive Housing** 

Permanent (subsidized) housing

Permanent (affordable) housing

**Rapid Rehousing** 

**Housing Ladder** 

 $(\sim 100)$ 

Note: DPH is partnering with other departmental partners who are expanding housing capacity and flow

Effective case management and peer supports to help navigate the system of care



Transition to ongoing Primary Care, outpatient Behavioral Health services, and/or Housing

# SFDPH Residential Bed Expansion: Treatment and Recovery, Step-Down, and Ongoing Recovery

The following slides focus on SFDPH's bed expansion projects in the Treatment & Recovery and Step-Down & Ongoing Recovery categories, in alignment with the focus of the Residential Care & Treatment Workgroup.

Currently, SFDPH plans to open an additional ~190 treatment and recovery beds and ~100 step-down and ongoing recovery beds from 2025 to 2028.



### **Treatment & Recovery Expansion Beds**

~190 treatment and recovery beds in SFDPH expansion

Category	<b>Project</b> (Address)	Service Type	New Beds	Open Date
Treatment & Recovery Residential Treatment	Salvation Army – Harbor Light 1275 Harrison St	SUD Residential Treatment	11	2025
	Dual Diagnosis Facilities* 333 7th St & Contracted Community	Dual Diagnosis Residential Treatment	20	2026
	Treasure Island Behavioral Health Building TIDA Parcel E1.2	SUD Residential Treatment & Residential Step-Down	40	2028
Treatment & Recovery  Locked Acute & Subacute Treatment	Adolescent Psychiatric Unit ZSFG Campus	Acute Psychiatric Inpatient	12	2027
	Locked Subacute Treatment (MHRC) Expansion* ZSFG Campus	Locked Subacute Treatment (MHRC)	~90	2027
	MHRC/Psych SNF Out-of-County Capacity	Locked Subacute Treatment (MHRC/Psych SNF) as needed	21**	2025



<sup>\*</sup> Awarded capital funding under Proposition 1 – Bond BHCIP Round 1 \*\* estimated increase in as-needed out-of-county bed capacity 9

### **Step-Down & Ongoing Recovery Expansion Beds**

~100 step-down and on-going recovery beds in SFDPH expansion

Category	Project (Address)	Service Type	New Beds	Open Date
	Marina Inn 3110 Octavia St	Residential Step-Down	68	2025
Step-Down &	Rehabilitative Board & Care	Adult Residential Care Facility (ARF)	28	2025
Ongoing Recovery	Residential Care Facility for the Elderly 624 Laguna St	Residential Care Facility for the Elderly (RCFE)	56**	2025
	Adult Residential Care Facility 601 Laguna St	Adult Residential Care Facility (ARF)	41**	2026



<sup>\*\*</sup> Relocation option for current BHC RCFE and ARF residents – excluded from total count of new beds to avoid double-counting

## **Key Project Updates**

### **Proposition 1 Update**

In May 2025, SFDPH was **awarded \$27.6 million** in the first round of state funding for behavioral health capital projects under Proposition 1:

- \$6.3 million to reopen 333 7<sup>th</sup> Street as a 16-bed enhanced dual diagnosis (mental health + SUD) treatment facility
- \$21.3 million for the expansion of locked subacute beds at the Behavioral Health Center at ZSFG

SFDPH has been **awarded \$88 million** in state capital funding for behavioral health projects since 2022.



333 7<sup>th</sup> Street (formerly Jo Ruffin Place)



#### Increasing Locked Bed Capacity at the Behavioral Health Center at Zuckerberg San Francisco General



In alignment with the recommendations of the Residential Care and Treatment Workgroup, SFDPH has been working aggressively to expand capacity in key bed types that serve individuals with complex behavioral health and care needs.



Repurposing the first and second floors of the Behavioral Health Center at Zuckerberg San Francisco General (ZSFG) will allow the City bring more than 90 locked subacute beds online doubling the City's locked subacute bed capacity in San Francisco (SF contracts for ~50 beds out of county). This leverages existing City infrastructure: the BHC was built as a locked facility.



This project is supported by a \$21M State funding award under Proposition 1.



These locked beds will serve individuals under conservatorship or transitioning from acute care, ensuring they receive timely, structured treatment in a safe, therapeutic setting.



Every current resident will remain a SFDPH client, with guaranteed placement in a SFDPH setting that meets their care needs. No current BHC resident will move without a secure and appropriate next home. The acquisition of assisted living facilities on Laguna Street is designed to serve the majority of BHC clients.

#### 624 and 601 Laguna Street: Improving Provision of Residential Care Facilities





SFDPH is improving its provision of residential care (board and care) facilities through the recent purchase of an assisted living facility at 624 Laguna Street and with plans to acquire another assisted living facility at 601 Laguna Street.

These facilities will serve nearly 100 individuals with long-term, stable behavioral health conditions.

SFDPH will continue to use 624 Laguna Street as assisted living for approximately 56 seniors over 60 years of age, with plans to use 601 Laguna Street as assisted living for approximately 40 adults.

These purchases will allow residents at the Behavioral Health Center (BHC) at ZSFG to transition to Laguna Street, allowing the BHC to open about 90 locked beds, increasing in-county locked bed capacity.

Together, the new facilities are designed to serve the majority of current BHC residents and keep them connected with their current community.

Additionally, the Laguna Street properties will allow more residents to age in place, in a community-based, homelike setting.



### **Updating Bed Inventory and Optimization**

As requested by the Residential Care and Treatment Workgroup, SFDPH is continuing to refine its bed inventory tracking and bed optimization analysis.

#### **Bed Inventory Updates**

- SFDPH has approximately 2,640 residential treatment and care beds to serve people with mental health conditions and/or substance use disorders, as of Fiscal Year 2024-2025.\*
- SFDPH bed occupancy rates typically fluctuate from 85 to 95% due to operational factors, such as the volume of client placements and staffing levels.
- Since the last bed inventory, SFDPH has had a net increase of 90 beds, from the addition of transitional housing beds with behavioral health supports for women, launch of the RESTORE pilot, opening of a therapeutic residence for justice-involved women, and opening of daytime shelter beds with substance use services.
- Other bed inventory fluctuations are due to program reconfiguration, temporary closures, and refinement of inventory methodology.

<sup>\*</sup>Estimate as of January 2025. Total beds estimate includes as-needed beds that are not contracted at fixed numbers and change based on needs and availability.



### **Updating Bed Inventory and Optimization**

#### **Bed Optimization Updates**

- SFDPH's behavioral health bed modeling was last updated in 2023 and has informed current investments, including the current expansion of locked subacute beds.
- Our 2025 analysis will include data from recently opened programs. Improvements to the BHS data infrastructure will enable:
  - Greater data standardization through the transition of programs to unified Epic electronic health record
  - Increased model accuracy through improved tracking of wait times
  - Up-to-date assessment of the behavioral health bed inventory



### **Progress Under Key Initiatives**

SFDPH is grateful to the Mayor Lurie for his **Fentanyl State of Emergency Ordinance** and the Board of Supervisors for the **"New Beds" competitive solicitation waiver** it passed in 2024. Both initiatives have streamlined contracting for beds.

Key projects that have opened and will open using the waivers include:

- **24/7 stabilization center at 822 Geary Street** (opened April 2025): Alternative to hospital emergency departments for first responders, street teams, and members of law enforcement connecting people in crisis to urgent care, while allowing those frontline workers to get back on the streets more quickly.
- Development of **76 non-congregate respite beds at the Kean Hotel** (with Westside): A safe space for people exiting street homelessness with 24/7 staffing, on-site nursing and behavioral health treatment, case management, and structured transition to longer-term care.
- Development of 68 recovery housing beds at the Marina Inn (with the Salvation Army): Abstinence-based transitional living program for individuals transitioning from substance use treatment to independent living. With onsite case management and wraparound support and recovery and treatment requirements.
- These waivers have also allowed SFDPH to ensure **continuity of existing beds** for contracts that were set to expire, including withdrawal management, substance use treatment, residential step-down housing, sobering and medical respite beds, and residential care facilities.



#### Other Initiatives to Remove Barriers to Bed Expansion

#### **MOHCD Supportive Living Preservation Program:**

- Will allow SFDPH's contracted service providers to receive long-term loans from the City to acquire and preserve properties for behavioral health residential care and treatment programs
- Opens new pathways for SFDPH to collaborate with our service providers to acquire and/or renovate properties for residential care & treatment

#### **Interim Housing in Hotels and Motels Ordinance:**

- SFDPH is grateful to the Board of Supervisors for passing legislation this month which will allow certain tourist hotels and motels to be used for interim housing, while retaining the option for the owner to return to a hotel use in the future.
- This legislation was amended to cover several upcoming SFDPH and HSH projects, including the Marina Inn and the Kean Hotel.
- This legislation supports tourist hotel owners in leasing their properties to the City or its service providers for interim housing.



### **Summary and Looking Ahead**

- SFDPH will continue to work on additional bed expansion projects to take advantage of state funding opportunities, leverage streamlining legislation, and meet the priorities identified by the Mayor's Breaking the Cycle Initiative.
- SFDPH looks forward to continuing to expand treatment and recovery beds and improve analytics in to better serve individuals with complex care needs, and in alignment with the recommendations of the Residential Care and Treatment Workgroup.



# Thank you