

FL# 190369  
Received in Committee  
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# **Budget Priorities: Behavioral Health Budget & Finance Committee**

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Board of Supervisors Budget Priorities Process

May 1, 2019

Budget & Legislative Analyst's Office



# Behavioral Health Areas of interest

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- ❑ Outreach services, particularly at night
- ❑ Residential treatment beds for individuals stepping down from involuntary holds
- ❑ Intensive Case Managers and Psychiatrists to ensure immediate access
- ❑ Measures to reduce recidivism among individuals with behavioral health diagnoses in the criminal justice system

# Clients by Age and Housing Status

## Total Mental Health Clients

Age	FY 2013-14	FY 2014-15	FY 2015-16	FY 2016-17	FY 2017-18
0-17	4,475	4,590	4,353	4,363	4,091
18 through 59	16,369	15,339	14,530	13,944	13,310
Above 60	4,015	4,024	4,116	4,025	3,923
<b>Total</b>	<b>24,859</b>	<b>23,953</b>	<b>22,999</b>	<b>22,332</b>	<b>21,324</b>
Homeless	20%	22%	24%	25%	26%

## Total Substance Use Disorder Clients

Age	FY 2013-14	FY 2014-15	FY 2015-16	FY 2016-17	FY 2017-18
0-17	443	338	356	242	171
18 through 59	6,224	6,180	6,110	5,930	5,353
Above 60	780	857	923	961	1,011
<b>Total</b>	<b>7,447</b>	<b>7,375</b>	<b>7,389</b>	<b>7,133</b>	<b>6,535</b>
Homeless	58%	57%	58%	59%	58%

Source: DPH, Avatar, the Electronic Health Record system used by BHS

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# Mental Health Services, Actual Expenditures by Level of Care

Mental Health Services	FY 2013-14	FY 2014-15	FY 2015-16	FY 2016-17	FY 2017-18
<b>Crisis Services</b>	<b>\$22,842,212</b>	<b>\$22,684,072</b>	<b>\$22,421,296</b>	<b>\$25,521,345</b>	<b>\$28,064,457</b>
Hospitalization	\$42,959,594	\$41,006,080	\$42,025,544	\$29,567,461	\$35,777,830
Long-Term Care	\$14,959,767	\$24,887,392	\$24,883,533	\$15,454,870	\$16,914,939
Outpatient Svcs	\$128,797,814	\$143,006,372	\$140,008,134	\$145,345,658	\$143,763,610
<b>Prevention/Early Intervention</b>	<b>\$18,035,897</b>	<b>\$19,351,474</b>	<b>\$21,739,168</b>	<b>\$22,983,641</b>	<b>\$24,911,695</b>
<b>Residential Tx</b>	<b>\$6,561,238</b>	<b>\$6,964,249</b>	<b>\$9,181,918</b>	<b>\$9,452,741</b>	<b>\$9,301,362</b>
Supportive Hsng	\$177,823	\$171,920	\$959,805	\$805,247	\$722,630
<b>Total</b>	<b>\$234,334,346</b>	<b>\$258,071,560</b>	<b>\$261,219,398</b>	<b>\$249,130,962</b>	<b>\$259,456,523</b>

Source: DPH, Avatar, the Electronic Health Record system used by BHS

# Substance Use Disorder Services, Actual Expenditures by Level of Care

<b>Substance Use Services</b>	<b>FY 2013-14</b>	<b>FY 2014-15</b>	<b>FY 2015-16</b>	<b>FY 2016-17</b>
Opioid Replacement Treatment	\$13,836,472	\$14,575,992	\$16,479,201	\$15,884,358
Outpatient Services	\$9,493,664	\$8,317,407	\$6,845,031	\$7,145,173
<b>Prevention/Early Intervention</b>	<b>\$12,292,026</b>	<b>\$14,124,751</b>	<b>\$12,720,306</b>	<b>\$2,746,653</b>
<b>Residential Treatment</b>	<b>\$17,957,614</b>	<b>\$17,246,155</b>	<b>\$17,790,716</b>	<b>\$19,594,561</b>
<b>Total</b>	<b>\$53,579,775</b>	<b>\$54,264,305</b>	<b>\$53,835,254</b>	<b>\$45,370,744</b>

Source: DPH, Avatar, the Electronic Health Record system used by BHS



# Outreach Services

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- Street Medicine and Shelter Health, 9am – 5pm
- Engagement Specialists, 9am – 5pm
- SF Homeless Outreach Team (SF HOT), 6:30am – 9:30pm
- Comprehensive Crisis Services, 24/7
  - Mobile Crisis Team
  - Child Crisis Team
  - Crisis Response Team
  - Crisis Intervention Specialist Team
- **In FY 2019-20 Proposed:**
  - +1 DPH FTE to HSOC, +4 FTE to Street Medicine
  - Extend hours of 6th Street/South of Market-based Drop-In Center
  - Harm Reduction Therapy Center with mobile van support





# Psychiatric Emergency Services

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## **FY 2017-18**

- 73% of PES admissions involved individuals admitted involuntarily through the use of a 5150 or 5250 hold.
- 2,667 individuals held in 5150 or 5250.
- **In FY 2019-20 Proposed:**
  - + 4 FTE peer navigators at PES

# Residential Treatment

Type of Care	Program	# Beds	Avg. Wait Time
Crisis Stabilization	Acute Diversion Units	48	on demand
Crisis Stabilization	Dore Urgent Care	12	on demand
Residential Treatment	Co-Occurring Diagnosis	68	up to 30 days
Residential Treatment	Mental Health	108	up to 30 days
Residential Treatment	Substance Use Disorder	267	8 days
Residential Care Facilities		268	1-7 months
Residential Care Facility (Elderly)		279	1-7 months
Transitional Housing: Shelter	Beds at HSH shelters	15	on demand
Respite	Hummingbird Place	29	on demand for PES
<b>Total</b>		<b>1,094</b>	

Source: BLA, based on information provided by DPH



# Intensive Case Management

- Clients Served by Intensive Case Management Programs historically:

	FY 2015-16	FY 2016-17	FY 2017-18
18 and over	1,525	1,487	1,437

## **FY 2018-19/2019-20:**

Source: DPH, Adult and Older Adult Services

- Launching a new TAY ICM program for 40 clients
- Opening 200 new ICM slots for adults
- Secured MHSA funding to support client transitions out of ICM with peer linkage services



# Reducing Recidivism

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- Law Enforcement Assisted Diversion Program
- The Collaborative Courts
  - Behavioral Health Court
  - Adult Drug Court
  - Community Justice Center
- Mental Health Diversion
- Promoting Recovery and Services for the Prevention of Recidivism
- Jail Health

# Performance Measures, sample

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## Outreach/Engagement

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### Mental Health:

- 100% of clients have a community care plan
- 75% of clients enrolled in MediCal
- 80% of clients with SUD needs, enrolled in SUD treatment
- 80% of clients with MH needs, enrolled in MH treatment

### Substance Use:

- 85% of clients accessing Drop-In Center connect with case manager and receive needs assessment
- 20% of clients accessing Drop-In Center placed in a treatment program
- 520 opioid users receive overdose prevention training

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## Residential Treatment

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### Mental Health:

- 60% of clients improve on at least 30% of actionable items on the ANSA
- For ADU clients, 80% of clients discharged to less restrictive level of care
- For transitional residential clients, 70% will have an outpatient service before discharge

### Substance Use:

- 60% of clients successfully complete treatment

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## Intensive Case Management

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### Mental Health:

- 80% of psychiatric inpatient hospital discharges NOT followed by a readmission within 90 days
- 80% of PES episodes NOT followed by PES readmission within 30 days
- 60% of clients will improve on at least 30% of actionable items on the ANSA

Source: DPH, FY 18-19 Performance Objectives





# Policy Options

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1. Increase Outreach and Health Services in Shelter and Navigation Centers
2. Expand Access to Respite Beds
3. Increase number of Mental Health and Dual Diagnosis Residential Treatment Beds



# Questions?

