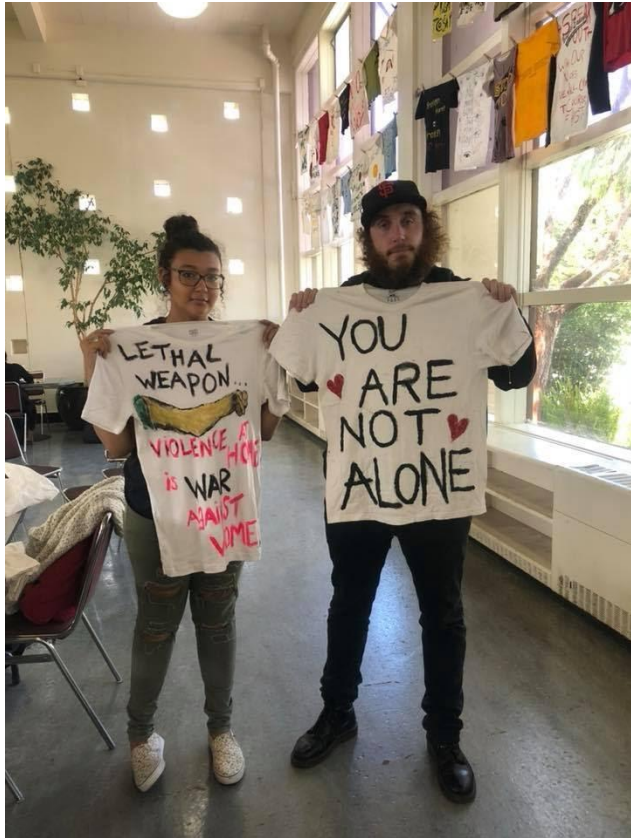


# Project SURVIVE & Expect Respect SF

*Promoting healthy relationships, abuse prevention, and the leadership of survivors at CCSF and in SFUSD*





***Project SURVIVE is a 28 year-old, peer-led healthy relationship promotion and sexual and domestic violence prevention program based in the Women's and Gender Studies Department at City College of San Francisco***

### **What does the Project SURVIVE offer SFUSD?**

- Expect Respect SF (ERSF) has offered healthy relationship promotion and abuse prevention peer education in SFUSD classrooms since 2006
- Offers two-lesson curriculum in health education classrooms as institutionalized part of Be Real, Be Ready
- Coordinates a collaborative of CBO's providing abuse prevention curricula in SFUSD classrooms
- Resource & referral with students, teachers, and Wellness Center staff
- Dual enrollment, leadership development, and job opportunities for SFUSD students and recent alumni



Students gain paid experience as a peer educators

ERSF is based on a near-peer model that brings CCSF students to the classroom with a focus on training and hiring SFUSD graduates to return to the classroom as peer educators.



## Expect Respect SF is part of SFUSD Health Classes

All SFUSD high schools now offer health education classes in 9th grade.

Expect Respect is the preferred provider for healthy relationship lessons in the sex ed curriculum used in these classes, [Be Real. Be Ready.](#)

# Expect Respect SF's Two-Lesson Curriculum

## Day 1 Lesson:

**Healthy Relationship Brainstorm**

**ERSF Philosophy:** *There are no “bad” cultures, abuse as a social problem*

**Insults & Walls: Developing Healthy Boundaries**

**Joey & Carla Story: Unequal Power Relationships & Abuse**

**“Act Like a Man/Lady:” Examining Gender Roles:**

## Day 2 Lesson:

**Cycle of Abuse**

**Role Play: Negotiating Consent & Risk Reduction**

**“What Do You Think?” Myths & Facts about Abuse and Sexual Violence**

**Verbalizing Consent**

**Understanding Equality/Understanding Power & Control Wheels**

**"COMPREHENSIVE  
SEXUALITY EDUCATION  
HELPS YOUNG PEOPLE  
MAKE INFORMED  
DECISIONS, PREVENT  
UNWANTED  
PREGNANCIES AND  
REDUCE THEIR RISKS FOR  
SEXUALLY TRANSMITTED  
INFECTIONS.**

**BUT CAN IT ACTUALLY  
HELP PREVENT RAPE? A  
GROUNDBREAKING NEW  
STUDY SAYS IT CAN."**

TINYURL.COM/SEXEDPOWER

## Comprehensive Sex & Consent Education Helps Reduce Rape

Comprehensive sex  
education that includes  
skills practice can  
[dramatically reduce rates of  
sexual assault](#) (2019)

# What Do Students Have to Say About Expect Respect?

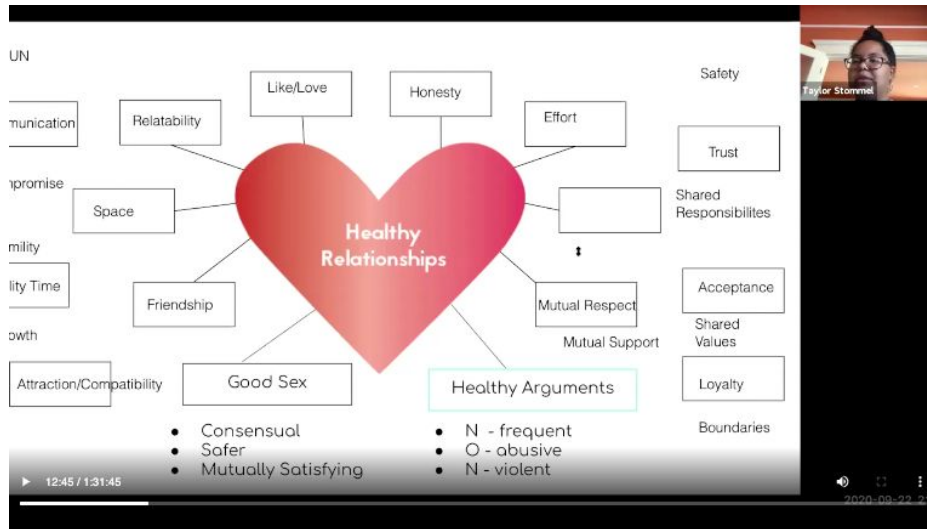
**“Did you learn new information today? What steps will you take to improve your current or future relationship?”**

*“I learned rape does not only occur because of an uncontrollable sex drive...[the presentation] made me feel knowledgeable about the different ways rape is not okay...In the future, I will communicate more and just make sure she’s okay.”*

*“Today, I learned about why people do the things they do and how people take out their emotions. I will try to not take out things from my school or home on my partner...The presentation made me feel like my eyes had been open. It also showed me that if I’m ever going through anything, I have healthy ways to cope.”*

# Pre-Pandemic Reach

- Pairs of CCSF peer educators lead over 230 presentations in SFUSD classrooms each academic year
- 16 high schools: Ida B, Marshall, Lincoln, Mission, Washington, SOTA, Burton, Galileo, O'Connell, Balboa, Lowell, Mission, Wallenberg, June Jordan, Academy and Hilltop



# During/Post Pandemic

- During pandemic: Offered single-lesson live remote presentations in 9 high schools
- Transitioned back to in-person lessons starting April '22
- Booked into 80+ presentations in SFUSD for Fall 2022 in 7 schools



## **Expect Respect SF Collaborative**

*ERSF convenes partners 4 times/year to coordinate outreach efforts on abuse and sexual violence prevention content to SFUSD*

["Day 3" Partners](#) offer classroom content and advise the core two-day curriculum:

**SF Women Against Rape**  
**Young Asian Women Against Violence (CYC)**  
**SF LGBT Speakers Bureau**  
**Shalom Bayit**  
**La Casa De Las Madres**

*Newly Coordinating with **Huckleberry Youth Programs** and **Black Women Revolt Against DV***

Advisory  
Members advise  
on training of  
peer educators:

**Woman Inc.**

**Sexual Harassment  
and Assault Response  
and Prevention  
(SHARP - HRC)**

**Riley Center**



**#StandwithPP**



**Past volunteer host organizations**

## Leadership Development for Abuse Prevention

Offering AB288 courses at JJSE, MHS, and Balboa.

Since 2020, CCSF WGST department has offered our peer education training courses at Mission High for college credit. MHS students:

- volunteer with sexual assault and abuse prevention organizations
- lead presentations and education/advocacy campaigns at their school
- are prepared for jobs & internships with ERSF & Public Health/Violence prevention programs

# Public Health Pathway Students: Leadership

## Development for Abuse Prevention in High Schools

- Reach of program
  - 2021 cohort: 20 students
  - 2022 cohort: 20 students
- Learned skills & facilitation practiced with push in lessons in classrooms in 11th/12th grade
  - PSA on healthy relationships and dismissing myths & stereotypes on sexual violence
  - Student presentations on related information presented at school
  - Involvement in leadership involving voicing needs and concerns at school





*2019 SHEC grads, two of whom have since begun working for SFUSD.*

## Leadership Development for Abuse Prevention: Sending prevention educators into the field

*16-unit Sexual Health Educator Certificate trains students as paraprofessionals in safe and healthy sexuality including violence prevention and intervention, HIV/STI prevention, and the promotion of mature intimate relationships.*

- Paid + volunteer experience & mentoring for careers in education & human services
- Employer-advisors report ERSF classroom experience increases job-readiness of CCSF graduates
- SHEC graduates are working in SFUSD, Wellness Centers, and as abuse prevention educators with CBO's

# Sexual Health Educator Certificate

*Most classes offered online and/or after school hours @ Ocean*

## Required Courses (12 units)

**WGST 54 - The Politics of Sexual Violence**

WGST 55 - Ending Sexual Violence: Peer Education

IDST 17 - Human Sexuality

HLTH 67 - HIV and Hepatitis Navigation Skills OR HLTH 54 - Introduction to Public Health 3.00

## Elective courses (4 units required)

- HLTH 38, 48, 54, 64, 67, 95
- PSYC 9, 14, 15, 17, 25
- IDST 80-81
- LGBT 21 & 24
- SOC 25 & 35
- ANTH 20 & 25
- WGST 35

[www.tinyurl.com/WGSTcourses](http://www.tinyurl.com/WGSTcourses)

# PROJECT

REMOTELY VIA ZOOM  
THURS 4:10-7P

3 UNITS: GRAD  
AREAS D & H2  
TRANSFERS TO:  
CSU(D) | UC(B)  
& IGETC (4)

## WGST 54: Politics of Sexual Violence

CRN: 32833



Instructor: Grace  
Tachema Morrison



- *political + social causes of violence*
- *transforming a rape culture*
- *creative expression as a healing tool*

OFFERED SPRING

2022 • CCSF

LEARN MORE:

[WWW.TINYURL.COM/SURVIVEINTEREST](http://WWW.TINYURL.COM/SURVIVEINTEREST)

# SURVIVE

# PROJECT

REMOTELY VIA ZOOM:  
TUES 4:10-7PM

3 UNITS: GRAD  
AREAS G2, H2  
TRANSFERS TO:  
CSU (AREA E)

## WGST 55: Ending Sexual Violence

(Peer Education)

CRN: 32834



Instructor: Adele  
Falles-Carpenter



- *peer education skills*
- *healthy relationship promotion*
- *leadership development*
- *link to paid job opportunities*

OFFERED SPRING

2022 • CCSF

LEARN MORE:

[WWW.TINYURL.COM/SURVIVEINTEREST](http://WWW.TINYURL.COM/SURVIVEINTEREST)

# SURVIVE

# FREE SELF DEFENSE JANET GEE



**WGST 2501: SATURDAYS 12:10-2 pm  
IN-PERSON FOR SPRING 2022**

Two sections offered due to popular demand:

- CRN 40660: Jan 22-Mar 19 (no class Feb 19)
- CRN 41031: April 2 - May 21 (no class Mar 28)

**Meeting at Ocean Campus, Wellness 205**

Easy to Learn Street Protection • Boundary Setting  
• Basic • Staying Alert • Awareness of your surroundings • Using Your Voice

**ALL AGES (14+)**

SFUSD high school students welcome with parent/guardian permission

**ENROLL ONLINE**

or contact

**Non-Credit**

**Admissions:**

**415-452-7400**

[nc\\_admit@ccsf.edu](mailto:nc_admit@ccsf.edu)

**FOR MORE  
INFORMATION:**

[www.heyler.com/janetgee](http://www.heyler.com/janetgee)

Or contact the Project  
**SURVIVE** Coordinator:  
[stallies@ccsf.edu](mailto:stallies@ccsf.edu)



**CITY  
COLLEGE  
OF SAN FRANCISCO**

CCSF's Dept. of Women's and Gender Studies Presents:

## WGST 35: Introduction to Masculinity Studies

Spring Semester 2022 || Wednesdays, 6:10-9:00pm

Together, we will explore:

- How race, class, gender identity, sexuality, and other identities and social locations shape multiple masculinities
- How feminist, queer, trans, and other masculinities challenge dominant masculinity
- How transformative justice lenses can help us respond to gendered violence in institutions, communities, and more

COME JOIN US!

WGST 35 (CRN: 34204)

OFFERED REMOTE, W/LIVE CLASS SESSIONS

**DR. MAURO OSBORNE-SIFUENTES**

*WGST 35 Instructor*



# Expect Respect Collaborative: Responding to Covid & Students' Calls To Action

## Increasing Requests from Schools:

- School wide assemblies & trainings
- Staff training
- Topics: Title IX Know Your Rights, Bystander Intervention, and Sexual Harrassment
- Girl's groups & Facilitation of student discussions about gender-based violence
- In-person opportunities

## Challenges post-pandemic

- City College: Lower enrollment due to class cuts + reduced budget for student worker wages have impacted ERSF leadership pipeline
- CBO partners: Difficulty hiring, especially for in-person work; CBO staff turnover due to cost of living
- Linkage to school district: TSA's reassigned due to teacher shortages

***Demand is up, but structural issues remain: long term stabilization of City College, SFUSD support services, and wages for non-profit workers to allow for long term planning in response to students' needs.***





How do I connect  
with Project  
SURVIVE/Expect  
Respect SF?

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415-239-3899

Cloud 402A

[www.ccsf.edu/survive](http://www.ccsf.edu/survive)