

1 [National Kidney Month - March 2018]

2  
3 **Resolution declaring March as National Kidney Month in San Francisco; urging all San**  
4 **Franciscans at risk for kidney disease to get tested for kidney disease so that they can**  
5 **seek to prevent progression of the disease.**  
6

7 WHEREAS, The kidneys are essential organs that maintain overall bodily health by  
8 filtering waste out of 200 liters of blood each day; regulating the body's salt, potassium and  
9 acid content; removing drugs from the body; balancing the body's fluids; releasing hormones  
10 that regulate blood pressure; producing an active form of vitamin D that promotes strong,  
11 healthy bones; and controlling the production of red blood cells; and

12 WHEREAS, Kidney disease is the ninth leading cause of death in the United States;  
13 and

14 WHEREAS, One in three Americans are at risk for kidney disease; and

15 WHEREAS, There are an estimated 30 million Americans with kidney disease, and  
16 most don't know they have it, as a person can lose up to 90 percent of his or her kidney  
17 function without experiencing any symptoms; and

18 WHEREAS, There are over 95,000 people waiting for kidney transplants in the United  
19 States; and

20 WHEREAS, The major risk factors for kidney disease are diabetes, high blood  
21 pressure, a family history of kidney failure, and age over 60; and

22 WHEREAS, If left untreated, kidney disease can lead to kidney failure; and

23 WHEREAS, More than 590,000 people have kidney failure in the United States today;  
24 and

1 WHEREAS, African Americans, Hispanics, Asians, Pacific Islanders, Native  
2 Americans, and Alaska Natives are at the highest risk for kidney disease and kidney failure;  
3 African Americans are three times more likely and Hispanics are one and a half times more  
4 likely to have kidney failure compared to White Americans; and

5 WHEREAS, Chronic kidney disease affects approximately 195 million  
6 women worldwide and it is currently the eighth leading cause of death in women, with close  
7 to 600,000 deaths each year; and

8 WHEREAS, Simple blood and urine tests can help diagnose chronic kidney disease;  
9 and

10 WHEREAS, The progression of chronic kidney disease can be slowed by various  
11 preventive measures, such as reducing high blood pressure, particular medications; reducing  
12 salt intake to lower blood pressure; controlling glucose, blood lipids and anemia; quitting  
13 smoking; increasing physical activity; and controlling body weight; and

14 WHEREAS, It is critical that attention be brought to this often-overlooked, but  
15 increasingly common, disease; and

16 WHEREAS, The month of March is National Kidney Month; and

17 WHEREAS, The National Kidney Foundation - the leading patient-centric organization  
18 in the United States dedicated to the awareness, prevention and treatment of kidney  
19 disease – is calling on all Americans to “heart” their kidneys and their overall health, and get  
20 tested if they are at risk; now, therefore, be it

21 RESOLVED, That the San Francisco Board of Supervisors recognizes March as  
22 National Kidney Month in San Francisco; and, be it

23 FURTHER RESOLVED, That the Board of Supervisors urges all San Franciscans who  
24 are at risk for kidney disease to get tested for chronic kidney disease so that they can seek to  
25 prevent the progression of the disease.



City and County of San Francisco  
Tails  
Resolution

City Hall  
1 Dr. Carlton B. Goodlett Place  
San Francisco, CA 94102-4689

File Number: 180275

Date Passed: April 03, 2018

Resolution declaring March as National Kidney Month in San Francisco; urging all San Franciscans at risk for kidney disease to get tested for kidney disease so that they can seek to prevent progression of the disease.

April 03, 2018 Board of Supervisors - ADOPTED

Ayes: 11 - Breed, Cohen, Fewer, Kim, Peskin, Ronen, Safai, Sheehy, Stefani, Tang and Yee

File No. 180275

I hereby certify that the foregoing Resolution was ADOPTED on 4/3/2018 by the Board of Supervisors of the City and County of San Francisco.

*Regina Neri*  
for Angela Calvillo  
Clerk of the Board

\_\_\_\_\_  
Unsigned  
Mark E. Farrell  
Mayor

\_\_\_\_\_  
4/13/18  
Date Approved

I hereby certify that the foregoing resolution, not being signed by the Mayor within the time limit as set forth in Section 3.103 of the Charter, or time waived pursuant to Board Rule 2.14.2, became effective without his approval in accordance with the provision of said Section 3.103 of the Charter or Board Rule 2.14.2.

*Angela Calvillo*  
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Angela Calvillo  
Clerk of the Board

\_\_\_\_\_  
*4/13/18*  
Date