

# San Francisco Department of Public Health Division of Behavioral Health Services

## University of California – Child & Adolescent Services

Contract Amendment – June 30, 2023, through June 30, 2027

SFBOS Budget & Finance Committee  
June 9, 2023

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Director, Children, Youth and Families System of Care

Behavioral Health Services

San Francisco Department of Public Health



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## Under the proposed amendment, the **University of California (UC)** would continue to provide:

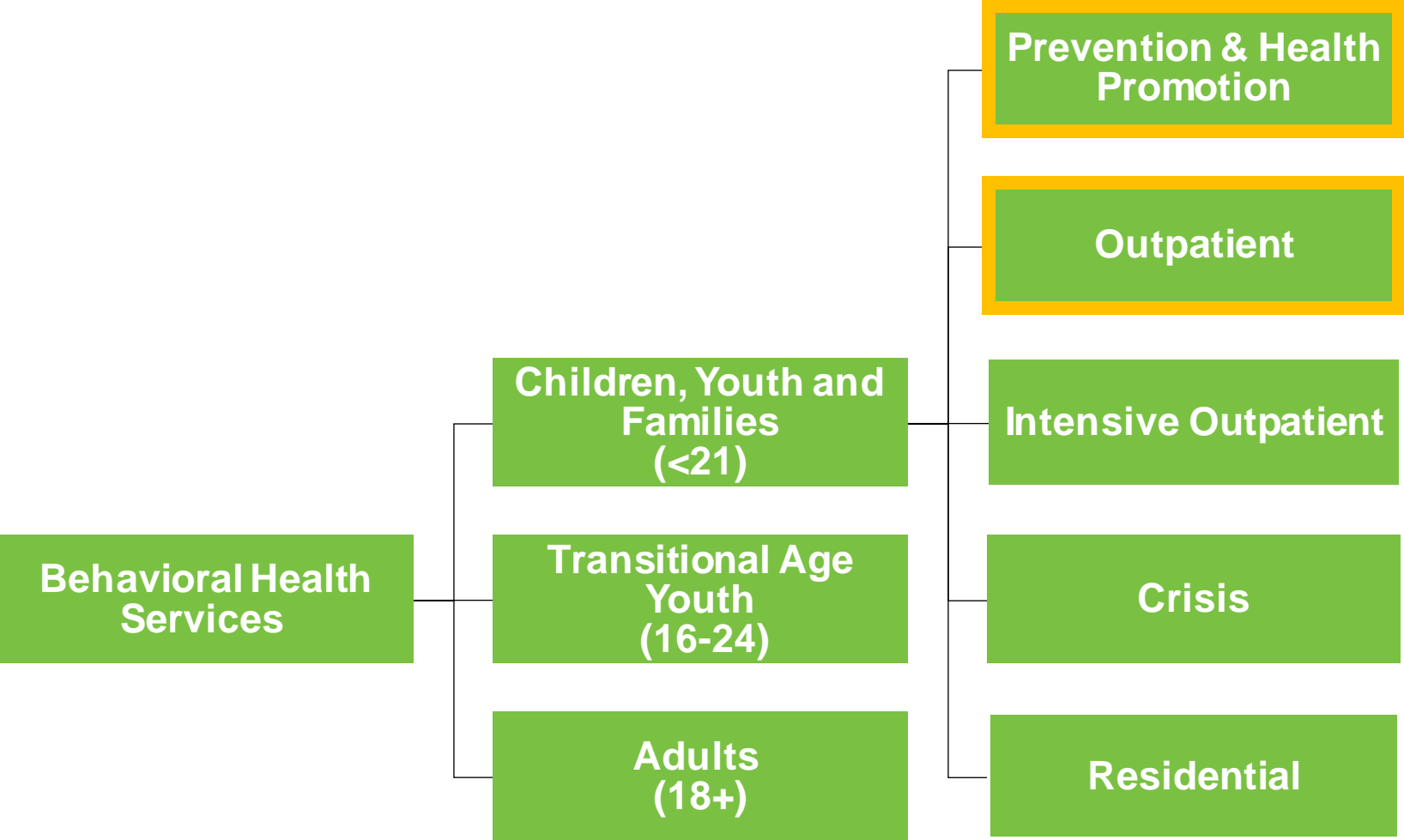
- **Child & Adolescent Services (CAS):** Provides specialty mental health outpatient services to children, youth, and families who have experienced trauma and/or who present with serious emotional or behavioral problems. Includes system navigation function given high volumes of referrals from ZSFG Primary Care. Contracted for 110 clients/year.
- **Fuerte:** Provides a school-based mental health program (prevention/early intervention) for newcomer Latina/o/e/x unaccompanied minor/youth, under the Mental Health Services Act Innovation program. Collaboration between UCSF/ZSFG, SFUSD, SFDPH-Behavioral Health Services, and community-based partners. Aims to serve 100 clients/year.



# Fit into Overall System of Care



# Services for Children, Youth (<21), and Families



# CAS Programs in the Children, Youth, and Families System of Care

**These services are contracted with the SFDPH BHS Children, Youth, & Families (CYF) system of care**

## Child & Adolescent Services

- CYF currently delivers outpatient mental health services through 24 programs, across 19 contracted agencies, serving >1,600 clients. CAS is contracted to serve about 7% (110 clients).
- Most are referred by ZSFG Department of Pediatrics, Mt. Zion Hospital, and SFUSD.
- Serves publicly insured children and youth ages 5-21, with a focus on:
  - Evidence-based treatments for youth and adolescents with complex trauma, anxiety, eating disorders, and emotional dysregulation, including family-based models.
  - Provider of Educationally Related Mental Health Services (ERMHS)
  - In addition to treatment services, provides Comprehensive Psychological Assessments services.
- Clients either discharge to natural and community supports or are referred to more intensive services, if clinically indicated.



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# CAS Programs in the Children, Youth, and Families System of Care

**These services are contracted with the SFPD BHS Children, Youth, & Families (CYF) system of care**

## Fuerte

- Unique prevention program initially funded by an MHSAs Innovations Grant
  - Will be sustained by MHSAs as a core program and expanded to adapt programming to support additional populations of youth
- Collaboration between UCSF/ZSFGH, DPH, SFUSD, and community-based providers
- Referred by SFUSD
- Serves select middle and high schools with significant numbers of newcomer Latina/o/e/x youth
  - "Newcomer" Latina/o/e/x youth are youth who arrived in the United States within the last five years.
- Program interventions include outreach and engagement; screening and assessment; service linkage; mental health consultation; and group therapeutic services



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# Proposed Resolution

- DPH agrees with BLA recommendation to reduce the not to exceed amount of the proposed resolution to \$19.8 million.
- DPH requests approval of proposed Amendment No. 2 to the agreement between UC-CAS and DPH as amended.



# Thank You



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