

Highly organized professor, nonprofit leader, and community activist; poised to promote diversity and inclusive excellence by leveraging health, academic, research, and scientific best practices.

Detail-oriented professional with Ph.D. in Sociology and extensive experience in executing in-depth research and teaching undergraduate programs and courses on medical sociology/health inequalities. Expert in supervising departmental and community operations, programs, and projects. Demonstrate commitment to mentoring **and** facilitating students in achieving academic and research missions. Proven track record in accomplishing peer-reviewed published scholarships and obtaining research grants focusing on realizing ongoing missions. Repeated success in executing high-level externally funded research in adversity and cardiovascular diseases, psychosocial stress, sleep, type II diabetes, and obesity to meet set objectives. Possess strong analytical and critical thinking skills and leverage insights for decision-making and bias to execution.

### KEY ACCOMPLISHMENTS

- Delivered significant contributions by serving as outstanding professor, pastor, nonprofit leader, and community activist.
- Fulfilled communities' health needs by leveraging in-depth knowledge and understanding of social determinants of health.
- Mentored and guided wide range of medical, Ph.D., and master's students on effective quantitative and qualitative research methodologies for completion of assigned projects as per quality standards.
- Conducted comprehensive research on social determinants of health, chronic disease epidemiology and risk factors, community-based participatory research, and other areas to obtain set goals.
- Advised and coached various undergraduate students and other trainees in research and community engagement work and projects, as well as encouraged to participate in activities at San Francisco State University.
- Pinpointed policy issues and developed appropriate analytical and procedural frameworks for streamlining ongoing processes and managing organizational crises.
- Fostered and cultivated long-term relationships with foundations and government agencies to meet set objectives.
- Promoted evidence-based policies by liaising with high-level organizational and program leaders and allocated funds to aid community health improvement initiatives.

### AREAS OF EXPERTISE

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|-----------------------------------|----------------------------------|-----------------------------|
| ❖ Project & Operations Oversight  | ❖ Quantitative Analysis          | ❖ Grants & Findings         |
| ❖ Committee Supervision & Control | ❖ Team Training & Leadership     | ❖ Public/Community Services |
| ❖ Strategic Planning & Execution  | ❖ Cross-Functional Collaboration | ❖ Research & Development    |
| ❖ Resource Creation & Allocations | ❖ Best Teaching Practice         | ❖ Curriculum Instructions   |
| ❖ Qualitative Data Analysis       | ❖ Relationship Building          | ❖ Problem Resolution        |

### ACADEMIC (TEACHING) EXPERIENCE

**University of California, Department of Family and Community Medicine | San Francisco, CA** **2015 – Present**  
**Assistant Professional Researcher, 2019 – Present**

Study and analyze adversity and cardiovascular disease as postdoctoral fellow in NURTURE Center in division of cardiology of UCSF. Define and develop research objectives, projects, and proposals using excellent intellectual thinking abilities for submitting to granting agencies and foundations. Offer assistance to professionals in completing experiments and gathering/analyzing information.

- Reduced health inequalities within medical arena by working on research projects.
- Recognized academic and community-academic opportunities by acting as primary mentor.

**University of California, San Francisco, Black Health Initiative, Associate Director**  
**2021 - present**

- Partner with and support community organizations, groups, and activities that serve the Western Addition/Filmore District, Lakeview/OMI (Ocean View -Merced Heights- Ingleside), and Potrero Hill neighborhoods in addition to Bayview-Hunter's Point (BVHP).
- Build upon and expand our BHI Street Team Outreach Model including health & wellness pop-ups as BHI and in partnership with community partners to support joint efforts in targeted ways that optimize resources and increase impact
- BHI will create opportunities for faculty, trainees, and other scholars interested in (i) anti-racism research, (ii) community-based participatory research (CBPR) in the Black community, (iii) implementation science, (iv) ethnography to address structural racism/barriers to health equity, and (v) effective interventions to promote health equity, anti-racism, and overall equity in the Black community

- Identified sources of funding and contributed to process of securing funds to support research initiatives.

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**Prince George's Community College | Upper Marlboro, MD**
**2014 – 2015****Adjunct Professor (Introductory-level Sociology Course)**

*Applied best teaching practices while instructing introductory-level sociology courses to students. Created inclusive and supportive learning environment in classroom for students to yield favorable results.*

- Supervised primary research projects of undergraduates by providing effective guidelines to meet academic objectives.

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**Northern Virginia Community College | Sterling, VA**
**2014 – 2015****Adjunct Professor (Introductory-level Medical Sociology Course)**

*Showcased exceptional teaching and subject matter expertise while delivering lectures to students on introductory-level medical sociology courses. Focused on enhancing student engagement and comprehension of subject matter.*

- Cultivated commitment to lifelong learning by connecting course material to broader themes and current events.
- Steered remarkable efforts for sociology discipline development via research activities, publications, and education.

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**Howard University | Washington, DC**
**2011 – 2015****Teaching Assistant (Introductory-level Sociology Course), 2012 – 2015**

*Applied effective teaching methodologies while instructing students in preliminary medical sociology courses. Developed course outline, activities, and manuals aligned with set objectives to increase student performance.*

- Encouraged students to participate in class discussions and conducted group work by devising efficient lesson plans.

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**Research Assistant, 2011 – 2015**

*Involved in maintaining comprehensive portfolio of services to support research activities of students. Retained quality control standards to preserve integrity of data and findings.*

- Offered robust assistance to assure flawless completion of research projects by leveraging exceptional research skills.

### **COMMUNITY IMPACT (CIVIC ENGAGEMENT)**

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**San Francisco African American Faith-Based Coalition | San Francisco, CA**
**2020 – Present****Executive Director**

*Contribute to improving organizational infrastructure by providing strategic leadership and governance to organization. Offer support in transferring organization status to 501c3 status by meeting set objectives. Coordinate efforts in enrolling 60 students to take piano lessons, enroll in civic engagement courses, and participate in one-on-one and group tutoring.*

- Monitored distribution of about 700K prepared meals, 70K produce boxes, and 5000+ vaccinations to facilitate communities.
- Generated \$5M from March 2020 to December 2021 for food security, immunization, education, and mental health initiatives; allocated 4M for food security, 700k for vaccination clinics, and 1M for education.

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**National Association for the Advancement of Colored People (NAACP) | San Francisco, CA**
**2017 – Present****1st Vice-President; Health Committee Chair**

*Implement initiatives under direction of SF Department of Public Health to deliver world-class mental health care to SFUSD students. Partner with Rafaki Health Coalition, San Francisco Department of Public Health, and National Association for Advancement of Colored People to increase awareness regarding importance of social determinants of health at community level.*

- Spoke at news conferences, town halls, and local health group meetings to enlighten African-Americans about significance of supporting Sugary Drinks Distributors Tax and Prohibiting Use of Menthol Cigarettes bills.
- Mitigated health inequalities in city by building black health task force and governing "State of Black Health in San Francisco" town hall using matchless leadership abilities.

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**San Francisco Sugary Distributors Tax Advisory Committee | San Francisco, CA**
**2016 – Present****Data & Evidence Sub-Committee Chairperson**

*Deliver remarkable efforts in diagnosis, treatment, research, and education of chronic and other diseases associated with consumption of sugar-sweetened beverages by scheduling various discussions with San Francisco Bay Area scientists.*

- Formulated evidence-based research strategies to support advisory committee and city leadership in achieving set objectives.

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## CHURCH/RELIGIOUS RESPONSIBILITIES

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**Third Baptist Church | San Francisco, CA**  
**Associate Pastor and Health Minister**

**2016 – Present**

*Organize and execute outreach and health education programs within church. Deliver health-related sermons/lectures to parishioners once a month and teach bible study at Sunday service to promote healthy and peaceful lives.*

- Secured \$3K in grant funding by organizing fundraising events in coordination with UCSF's Abundant Life Health Ministries.
- Played key role in implementing and completing Annual Sistahs' Go Red program to obtain set goals.

## COMMUNITY LEADERSHIP

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**Back On Track Incorporated Tutoring Program | San Francisco, CA**  
**Board Member/Executive Director**

**2016 – Present**

*Assess grant proposal drafts and recognize potential funding risks using exceptional analytical abilities. Conduct deep research to evaluate program scope and propose appropriate suggestions to executive director to yield favorable outcomes.*

- Headed personnel committee for flawless accomplishment of ongoing initiatives.
- Oversaw non-denominational community-based program serving 2,000+ young people from diverse multicultural populations throughout San Francisco.

**Third Baptist Foundation | San Francisco, CA**  
**Executive Director**

**2016 – Present**

*Manage and provide oversight for administration of all ministry areas within organization to meet set goals.*

- Attained \$300K in grant funding by arranging fundraising events in coordination with local/national organizations.
- Secured \$150+K in grant funding to facilitate community-based programs, such as Children's Defense Fund Freedom School and Charles A. Tindley Music Academy for San Francisco Bay Area students.

**American Heart Association, Young Professional Leadership Council – Bay Area | San Francisco, CA**  
**Board Member**

**2016 – 2018**

*Exercised fiduciary oversight of ethical and legal affairs and ensured organization's stability and viability to fulfill set mission. Served in domains of psychosocial stress, sleep, and type II diabetes and obesity and submitted several abstracts to AHA Annual Scientific Sessions 2016, 2017, and 2018 to improve lives of all people living with diabetes at national and local levels.*

- Acquired selection of submitted work related to cumulative psychosocial stress and risk of diabetes by AHA and National Institute of Diabetes for presentation at AHA scientific sessions in 2018.

## EDUCATION

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**Ph.D. in Sociology | Howard University, Washington, DC**

**Dissertation:** "The Relationship Between Religiosity and Other Correlates Over Time on the Overweight and Obesity Continuum: A Focus on African Americans"

**Master of Divinity in Religion | Howard University, Washington, DC**

**Bachelor of Business Administration in Marketing | Texas Southern University, Houston, TX**

## POSTDOCTORAL TRAINING

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**Postdoctoral Scholar**, Center for the Study of Adversity and Cardiovascular Disease (NURTURE Center), Division of Cardiology, Medicine, 2015-2018

## AWARD & RECOGNITION

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**COVID Hero Award**, State of California (Scott Weiner, State Senator), 2021 | **COVID Pandemic Hero Award**, Department of Family and Community Medicine, University of California, San Francisco, 2020 | **Chancellor's Award for Public Service**, University of California, San Francisco, 2019 | **Selected Scholar, Health Equity Leadership Institute**, University of Wisconsin, Madison, 2019 | **Minority Travel Grant**, American Heart Association, 2016 | **Alumnus of the Year**, Texas Southern University, 2015 | **Graduate Assistant Scholarship**, Howard University, 2011-15

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## PROFESSIONAL MEMBERSHIP

**Reviewer**, Health Equity, 2022 | **Reviewer**, Annals of Epidemiology, 2019 | **Reviewer**, Diabetes Care, 2019 | **Member**, American Sociological Association, 2011 | **Member**, Scientific Society for the Study of Religion, 2018 | **Member**, Epidemiology Membership and Communications Committee, American Heart Association, 2018 | **Member**, Research Peer Review Subcommittee, American Heart Association, 2018 | **Member**, Global Health Committee, Association of Black Cardiologists, 2018 | **Member**, UCSF Chancellor's Council on Climate, Culture, and Inclusion (4C1) **External Reviewer**, Dissertation Committee at Howard University

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## RESEARCH PUBLICATIONS

Gentsch, AT, **Butler JZ**, O'Laughlin, K, et al. Perspectives of COVID-19 vaccine-hesitant emergency department patients to inform messaging platforms to promote vaccine uptake. *Acad Emerg Med.* 2023; 30: 32- 39. doi: 10.1111/acem.14620

Carson M, Rios-Fetchko F, Ramirez M, **Butler JZ**, Vargas R, Cabrera A, Gallegos-Castillo A, LeSarre M, Liao M, Woo K, Ellis R, Liu K, Burra A, Doyle B, Leung L, Grumbach K, Fernandez A. "COVID-19 vaccination perceptions among young adults of color in the San Francisco Bay Area" [under review; submitted to *Journal of Immigrant and Minority Health*]

**Butler JZ**, Carson M, Rios-Fetchko F, Vargas R, Cabrera A, Gallegos-Castillo A, LeSarre M, Liao M, Woo K, Ellis R, Liu K, Burra A, Ramirez M, Doyle B, Leung L, Fernandez A, Grumbach K. COVID-19 vaccination readiness among multiple racial and ethnic groups in the San Francisco Bay Area: A qualitative analysis. *PLoS One.* 2022 May 12;17(5): e0266397. doi: 10.1371/journal.pone.0266397. PMID: 35550627; PMCID: PMC9098010.

**Butler JZ**, Slopen N, Zaslavsky AM, Buring J, Albert MA. Religious Attendance and Ideal Cardiovascular Health in Older Women [abstract accepted to AHA scientific session 2020].

**Butler JZ**, Albert MA. Tackling Adversity and Cardiovascular Disease. *San Francisco Marin Med*, 2018. 91(5):14-15.

Jordan, C., **Butler JZ**, Myers, J. et al. Exercise Prescription for Cardiovascular Disease. *Current Cardiovascular Risk Reports* (2018) 12:19.

**Butler JZ**, Zaslavsky AM, Williams D, Slopen N, Buring J, Pradhan A, Albert MA. Cumulative Psychological Stress and Incident Type II Diabetes Mellitus in Older Women [Under review; abstract accepted to AHA scientific session 2018]

**Butler JZ**, Zaslavsky AM, Williams D, Slopen N, Buring J, Albert MA. Sleep Debt and Type II Diabetes Mellitus in Middle-Aged to Older Women. 2016 [manuscript in progress; abstract accepted to AHA—Epidemiology scientific session 2017].

**Butler JZ**, Zaslavsky AM, Williams D, Slopen N, Buring J, Pradhan A, Albert MA. Cumulative Psychological Stress and Type II Diabetes Mellitus in Women [Under review; abstract accepted to AHA scientific session 2016].

**Butler JZ**, "The Relationship between Religiosity and Other Correlates Over Time on the Overweight and Obesity Continuum: A Focus on African Americans" Ph.D. dissertation, Department of Sociology and Anthropology, Howard University, Washington, D.C., 2015.

Livingston I.L., Nuriddin T J, Staggers R, **Butler JZ**. Exploring the Globalization, Stress and Cancer Relationship: A Selected Focus on Sub-Saharan Africa. *Journal of Global Awareness*, 2014; 14(1): 42-48.

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## RESEARCH PRESENTATIONS

**Invited Keynote Speaker** "Tackling Adversity and Cardiovascular Disease 48th Annual National Black Nurses Association Conference Leadership Luncheon, St. Louis, MO, 2018

**Invited Keynote Speaker**, "Adversity and the Heart: The Impact of Racism on Cardiovascular Health", San Francisco Department of Public Health. Uplifting Black Health: bringing together the resources to support a healthy Black community, 2018

**Invited Speaker** "Cumulative Psychological Stress and Type II Diabetes Mellitus in Women", American Heart Association Scientific Session, Orange County, CA 2017

**Invited Speaker** "African American Churches and Health Ministries", 10th Annual Abundant Life Health Ministries Symposium, 2017

**Invited Speaker** "Cumulative Psychological Stress and Type II Diabetes Mellitus in Women", American Heart Association Scientific Session, New Orleans, LA, 2016

**Invited Speaker** "The Relationship between Obesity and Mortality", Howard University Washington D.C., Department of Sociology and Anthropology, 2013

**Invited Speaker**, Dr. Walter M. Booker, Sr. Memorial Symposium, in conjunction with the American Heart Association's (AHA) Scientific Sessions. This year's theme is "Structural Racism and Healthcare Disparity: Cause or Effect?", Chicago, IL, 2022

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## TECHNICAL SKILLS

SAS and SPSS Programming and NVIVO Qualitative Analysis Software