

# Long Term Care Integration (LTCI) Strategic Plan for San Francisco

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**BY: Long Term Care Integration Design Group**  
**FOR: Department of Aging and Adult Services**

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# What is Long Term Care Integration (LTCI)?

- Integration of LTSS and primary/acute care services
- Plus institutional long term care services
- For older adults and adults with disabilities



# California's Coordinated Care Initiative (CCI)



- In January 2012, Governor Brown introduced the Coordinated Care Initiative

# What is Cal MediConnect?

- California's pilot project under CCI
- Focuses on Medicare & Medi-Cal beneficiaries
- Combines health services (medical plus LTSS in a single benefits package)
- Delivered by managed care Health Plans
- Under a capitated payment model
  - to provide all Medicare & Medi-Cal benefits

# LTSS Programs to be included

- Long-term services & supports (LTSS), to be included, at minimum:
  - In-Home Supportive Services (IHSS)
  - Multipurpose Senior Service Program (MSSP)
  - Community-Based Adult Services (CBAS)
  - Skilled Nursing Care – Medi-Cal funded

# Cal MediConnect Launch

- Eight demonstration counties in 2014 & 2015:
  - » Alameda
  - » Los Angeles
  - » Orange
  - » Riverside
  - » San Bernardino
  - » San Diego
  - » San Mateo
  - » Santa Clara



# State's Intent for Expansion



- Expand Cal MediConnect Pilot Project to include 8 additional demonstration counties
- **San Francisco's inclusion – possibly 2016**
- Statewide implementation will begin after that time

# Managed Care Provider Options to be available in San Francisco

## Cal MediConnect options:

- San Francisco Health Plan (public option)
- Anthem Blue Cross (commercial plan)
- On Lok Lifeways - PACE (Program of All Inclusive Care for the Elderly)





# Target Population for CCI and Cal MediConnect

~ Dual Eligibles ~

Medicare Dual Eligible (22 – 64)	Medicare Dual Eligible (65 & Up)	Total
<b>10,102</b>	<b>34,890</b>	<b>44,992</b>

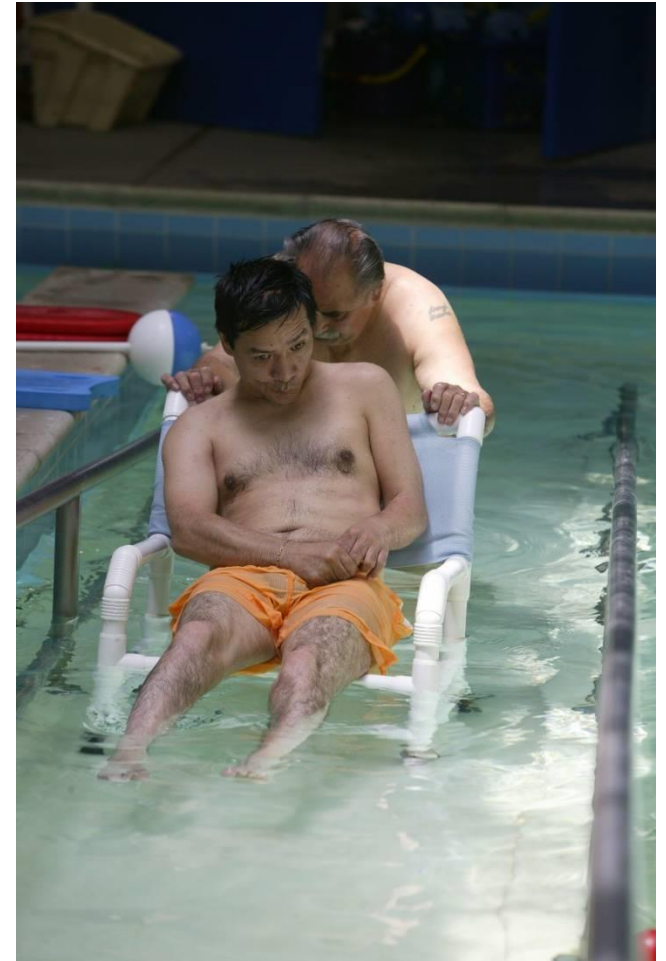
# San Francisco's LTCL Design Group

- Department of Aging and Adult Services (DAAS)
- Department of Public Health (DPH)
- Human Services Agency (HSA)
- San Francisco Health Plan
- Anthem Blue Cross
- On Lok Lifeways/PACE
- Key Community Service Providers
- Consumer Advocates
- Long Term Care Coordinating Council
- Mayor's Office

# LTCI Design Group Recommendations

## 1. BETTER ACCESS FOR LTSS:

- DAAS should be the leader for LTSS delivery
- DAAS should create a “central door” model of LTSS access at –
  - the DAAS Integrated Intake Unit



# San Francisco's Long-Term Care Integration Model Intake, Information and Referral for Community-Based Long-Term Services and Supports

## Community-Based Services

Adult Day Health Care (ADHC)  
In-Home Support Services (IHSS)  
Multipurpose Senior Services Program (MSSP)  
*(Please see below for a more extensive list  
of community-based services)*

## Initial Contact Locations

Senior Centers  
Churches  
Neighborhood Organizations  
Doctor's Offices

## Health Plans

San Francisco Health Plan  
Anthem Blue Cross  
On Lok Lifeways

Department of  
Aging & Adult  
Services —  
Integrated  
Intake Unit

## Hospitals & Medical Services

UCSF  
CPMC (4)  
St. Mary's  
Saint Francis  
Chinese  
Kaiser  
VA Medical Center

## Department of Public Health

Laguna Honda Hospital & Rehabilitation Center  
San Francisco General Hospital  
Community Behavioral Health Services  
Primary Care Health Centers and Clinics  
Community Health Promotion and Prevention

# LTCI Recommendations (cont)

2. IMPROVED ACCESS TO INFORMATION
3. ENHANCED CARE COORDINATION & LINKED DATA SYSTEMS
4. EXAMINATION OF BEST PRACTICE MODELS:
  - Diversion and Community Integration Program
  - Community Living Fund
5. GREATER CAREGIVER SUPPORT
6. TRAINING FOR CONSUMERS AND CAREGIVERS
7. IMPROVED IHSS PROGRAM

# CRUCIAL LTSS

- Home Care Services
- Care Management
- Adult Day Services
- Medication Management
- Nutrition
- Transportation
- Social Interaction Opportunities
- Protective Services
- Ombudsman Services
- Prevention Services
- Behavioral Health Services
- Assisted Living
- Accessible/Affordable Housing
- Caregiver Support

# LTCL Recommendations (cont)

8. CRUCIAL LTSS SHOULD BE INCORPORATED IN HEALTH PLANS
9. BETTER ACCESS TO ALZHEIMER'S/DEMENTIA RESOURCES AT HEALTH PLANS
10. ENHANCED QUALITY ASSURANCE/MANAGEMENT
11. NEW OPPORTUNITIES FOR PROVIDERS TO DEVELOP INTEGRATED BUSINESS MODELS
12. CLEAR, CONSISTENT MESSAGES TO STAKEHOLDERS

# LTCl Recommendations (cont)

## **13. FORM LTCl IMPLEMENTATION BODY INCLUDING DAAS, HSA, DPH AND THE HEALTH PLANS - to:**

- Oversee LTCl Strategic Plan implementation
- Ensure transition to LTCl in San Francisco
- LTCCC to have advisory role



# Conclusion

- Most likely timeframe for CCI expansion to San Francisco is **2016**.
- Time is available to prepare for this transition so all are ready:
  - City Departments
  - LTSS Providers
  - Health Plans
  - Older adults & adults with disabilities on Medi-Cal and Medicare



# Link to LTCI Strategic Plan

[http://www.sfdaas.org/asset/SeniorsAdultswithDisabilities/2013\\_LTCL\\_Strategic\\_Plan\\_Final.pdf](http://www.sfdaas.org/asset/SeniorsAdultswithDisabilities/2013_LTCL_Strategic_Plan_Final.pdf)

