

File No. 110256

Committee Item No. 5  
Board Item No. 12

### COMMITTEE/BOARD OF SUPERVISORS

#### AGENDA PACKET CONTENTS LIST

Committee: Budget and Finance FULL-Committee Date: March 23, 2011

Board of Supervisors Meeting

Date 3/29/11

#### Cmte Board

- |                                     |                          |  |
|-------------------------------------|--------------------------|--|
| <input type="checkbox"/>            | <input type="checkbox"/> | Motion                                       |
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | Resolution                                   |
| <input type="checkbox"/>            | <input type="checkbox"/> | Ordinance                                    |
| <input type="checkbox"/>            | <input type="checkbox"/> | Legislative Digest                           |
| <input type="checkbox"/>            | <input type="checkbox"/> | Budget and Legislative Report                |
| <input type="checkbox"/>            | <input type="checkbox"/> | Ethics Form 126                              |
| <input type="checkbox"/>            | <input type="checkbox"/> | Introduction Form (for hearings)             |
| <input type="checkbox"/>            | <input type="checkbox"/> | Department/Agency Cover Letter and/or Report |
| <input type="checkbox"/>            | <input type="checkbox"/> | MOU  |
| <input type="checkbox"/>            | <input type="checkbox"/> | Grant Information Form                       |
| <input type="checkbox"/>            | <input type="checkbox"/> | Grant Budget                                 |
| <input type="checkbox"/>            | <input type="checkbox"/> | Subcontract Budget                           |
| <input type="checkbox"/>            | <input type="checkbox"/> | Contract/Agreement                           |
| <input type="checkbox"/>            | <input type="checkbox"/> | Award Letter                                 |
| <input type="checkbox"/>            | <input type="checkbox"/> | Application                                  |

#### OTHER

(Use back side if additional space is needed)

- |                          |                          |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

---



---



---



---

Completed by: Victor Young

Date: March 18, 2011

Completed by: Victor Young

Date: \_\_\_\_\_

An asterisked item represents the cover sheet to a document that exceeds 25 pages. The complete document is in the file.

1 [Opposing Elimination of Adult Day Health Center Programs]

2  
3 **Resolution opposing the proposed elimination of Medi-Cal funding for Adult Day Health**  
4 **Center programs in the State of California.**

5  
6 WHEREAS, San Francisco County has nine nonprofit and two for-profit Adult Day  
7 Health Centers (ADHC) serving the needs of over 1800 frail elders and persons with  
8 disabilities, along with their families; and

9 WHEREAS, All ADHC centers provide skilled nursing care; physical, occupational and  
10 speech therapy; social work; exercise programs; nutrition assessment and counseling; hot  
11 meals; and other services necessary for ADHC patients to maintain their health and live safely  
12 at home; and

13 WHEREAS, All ADHC centers provide education, counseling, support and navigation  
14 for family caregivers, and help those patients without caregivers navigate services and care,  
15 throughout the county without fees; and

16 WHEREAS, The ADHC services provided by these agencies are up to five times less  
17 expensive than early and/or inappropriate use of emergency rooms, hospitals, nursing  
18 homes and inpatient psychiatric facilities to both seniors and the tax-paying public and, more  
19 importantly allow ADHC patients to maintain their health and live at home; and

20 WHEREAS, Elimination of Adult Day Health Center funding through Medi-Cal would  
21 destabilize or close these programs, thus also threatening the services for non Medi-Cal  
22 participants such as veterans and adults with developmental disabilities; and

23 WHEREAS, Within 30 days hospitals in San Francisco County would quickly see  
24 increased hospitalizations and emergency room visits by affected displaced ADHC patients;  
25 and

1           WHEREAS, Within six months San Francisco County hospitals could expect to see  
2 hundreds of ADHC patients needing to be placed in skilled nursing or psychiatric facilities at a  
3 significantly greater cost to taxpayers; now, therefore, be it

4           RESOLVED, That the San Francisco Board of Supervisors hereby is opposed to the  
5 proposed elimination of Medi-Cal funding for Adult Day Health Center programs in the State of  
6 California.

7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25



City and County of San Francisco

# San Francisco Department of Public Health

Barbara A. Garcia, MPA  
Director of Health

March 9, 2011

San Francisco Board of Supervisors  
1 Dr. Carlton B. Goodlett Place  
City Hall, Room 244  
San Francisco, CA 94102-4689

Dear Supervisors:

On behalf of the San Francisco Department of Public Health, I am writing in support of the Resolution "Opposing Elimination of Adult Day Health Care Programs" sponsored by Supervisors Kim and Avalos. Eliminating this health program makes no sense from a fiscal, policy, or humane point of view.

Adult Day Health Care (ADHC) is a cost-effective, community-based program that is a critical component in the continuum of long-term care for low-income frail and disabled adults. San Francisco was one of the first cities in California to establish ADHC over 30 years ago, and it has successfully achieved its purpose of preventing or avoiding the use of institutional medical services at one-fifth the cost.

Currently there are 1,800 individuals enrolled in ADHC in San Francisco. It is not uncommon for ADHC patients to be impacted not only by multiple chronic illnesses, but also mental health conditions compounded by dementia. Many of these individuals live alone without a primary caregiver. If ADHC centers close, we can expect immediate and repeated visits to emergency rooms and hospitalizations. This will put stress on our hospitals, including SFGH, and cost the City and County more money. It is estimated that as many as 40 percent of these individuals will need to be admitted to skilled nursing facilities within six months. This would present a public health crisis since there are so few skilled nursing beds available in San Francisco, thereby forcing these individuals to leave San Francisco and be displaced from their community.

The State invested \$3.5 million 30 years ago in a program designed to reduce long-term care costs. Restarting these programs should funding be restored at a future date would be prohibitive because of significant bureaucratic and regulatory barriers and unreimbursed costly start-up expenses estimated to be \$1 million per site.

The ADHC model of multi-disciplinary team care is widely touted as the solution to management of chronic conditions and rising health care costs. Cutting the program will result in unintended and irreversible consequences for seniors, families, workers, businesses, and the state as a whole.

Thank you for your consideration of this important issue.

Sincerely,

Barbara A. Garcia, MPA  
Director of Health

---

The mission of the San Francisco Department of Public Health is to protect and promote the health of all San Franciscans.  
We shall ~ Assess and research the health of the community ~ Develop and enforce health policy ~ Prevent disease and injury ~  
~ Educate the public and train health care providers ~ Provide quality, comprehensive, culturally-proficient health services ~ Ensure equal access to all ~

barbara.garcia@sfdph.org -- office 415-554-2526 fax 415 554-2710  
101 Grove Street, Room 308, San Francisco, CA 94102

---