

1 [B.K.S. Iyengar Day]

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3 **Resolution declaring October 3, 2005 “B.K.S. Iyengar Day” in San Francisco.**

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5 WHEREAS, The people of San Francisco are proud to honor the great living legend  
6 and teacher, Yogacharya B.K.S. Iyengar (Gurujii), founder of Iyengar Yoga” who in 2004 was  
7 named by Time magazine as one of the world’s 100 most influential people; and

8 WHEREAS, B.K.S. Iyengar was first introduced to Yoga by his Guru Sri. T  
9 Krishnamacharya at the age of 16 and at the age of 18, was sent to Pune, Maharashtra to  
10 teach and preach yoga and has been teaching ever since; and

11 WHEREAS, B.K.S. Iyengar has, for nearly seventy years, taught yoga in a unique way  
12 allowing his students to fully experience the wisdom of the yoga sutras; and

13 WHEREAS, B.K.S. Iyengar first traveled to America in 1956 to begin his teachings to a  
14 growing population of yoga enthusiasts; and

15 WHEREAS, According to a recent survey in Yoga Journal, 16 million Americans  
16 practice yoga on a regular basis, including tens of thousands in the Bay Area due in large part  
17 to the extraordinary teachings and writings of B.K.S. Iyengar; and

18 WHEREAS, B.K.S. Iyengar, at 86 years young, is making his final trip to America to  
19 promote the release of his new book, Life on Life, which represents the culmination of his  
20 experience and teaching and which provides a full path to integrating body, mind, and spirit;  
21 and,

22 WHEREAS, B.K.S. Iyengar, through his intellectual and spiritual practices has  
23 mastered the techniques of yoga, making them accessible to all people so that they may fully  
24 experience the wisdom of the yoga sutras; now, therefore, be it

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1           RESOLVED, That the Board of Supervisors commends B.K.S. Iyengar, a living legend,  
2 for his contribution to the health and well being of millions of people; and, be it

3           FURTHER RESOLVED, That the Board of Supervisors hereby declares October 3,  
4 2005 "B.K.S Iyengar Day" in San Francisco.

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