



# 10-COUNTY SURVEY RESULTS FOR PLAN YEAR 2024

**SAN FRANCISCO  
HEALTH SERVICE SYSTEM**

Affordable, Quality Benefits & Well-Being

[SFHSS.ORG](https://www.sfhss.org)

# OVERVIEW

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## Process

The City Charter (Section A8.423) specifies that the City & County of San Francisco survey the ten most populous counties in California and collect, for each county, the amount contributed by the employer for employee-only coverage under each of the county's medical plans. The City is obligated by Charter to contribute the 10-County Survey amount toward the cost of employees' medical benefits.

The information gathered from the 10-County Survey is used to compute an average increase in employer contributions for each county. San Francisco Health Service System (SFHSS) then averages these contribution increases to arrive at the 10-County Survey amount. To put the county contribution amounts into context, SFHSS also collects information on premium increases and plan design data such as employee co-pays and contributions toward physician office visits, emergency room care, hospital stays, prescriptions and deductibles.

At the April 12, 2012 Health Service Board meeting, the Board approved the 10-County Survey Calendar Year Change Rule. This rule adjusts for gaps in 10-County data, by projecting a six-month overlap when data is not available from a surveyed county. Using this rule, a county's employer contribution for employee-only coverage is projected. The county's 10-County result for the previous year is, in most cases, trended forward six months, based on the county's average annual increase for the preceding three years.

There were no major changes to the type of plan design data collected for the 2023 plan year. Additionally, plan design data for CalPERS and SFHSS is included for informational purposes only. CalPERS and SFHSS data are not included in the 10-County Survey.

## Use of 10-County Amount in SFHSS Employer Contribution Calculations

The March 2023 10-County Survey will be applied to SFHSS rate calculations for plan year 2024. City Charter Section A8.428 defines use of the "average contribution" resulting from the 10-County Survey in employer contribution determination.

In June 2014, the impact of the "average contribution" on rates was eliminated in the calculation of premiums for almost all active employees represented by most unions, in exchange for a percentage-based employee premium contribution model. Presently SFHSS utilizes the 10-County Survey amount as one of the elements that determine SFHSS employer contributions for retirees.

In the unlikely scenario that the City's premium contribution falls below the lesser of the "average contribution" as determined by the Health Service Board pursuant to Charter Sections A8.423 and A8.428(b)(2), the City pays the difference between the Premium Contribution and the Average Contribution. In the event the premium is less than the "average contribution", the City will pay one hundred percent (100%) of the premium.

## Results and Observations

The average monthly contribution of \$805.85 for plan year 2024 is 3.21% above \$780.76, the 10-County average for plan year 2023. All counties had a change in contribution.

## 10-County Survey Calendar Year Change Rule: Example Calculation Based on Los Angeles County

For the 2023 calendar year, the average employer premium contribution for Los Angeles County medical plans is \$785.55. Per the Calendar Year Change Rule, this \$785.55 is projected forward six months, using Los Angeles County's three-year average annual premium increase trend of 3.2%. This results in the average employer premium contribution calculated at \$798.05 for Los Angeles County.

## Methodology Assessment

Historically, the 10-County methodology has been evaluated and prior-year projections have been compared to actuals. For the 2023 calendar year, projection-to-actual variances were highest for Orange and Alameda Counties, but negative (e.g., favorable) variances for San Diego and Contra Costa counties helped to generate an overall project-to-actual variance of +1.0%.

Any variances are driven by changes in plans offered, premiums, and employer contributions from original projections to actuals. The actual contributions for 2023 across the 10 counties in aggregate as noted above were 1.0% higher than aggregated originally estimated 2023 contributions (\$788.45 actual vs. \$780.76 estimated).

Average of Employer Contributions																				
County	2010 2011	2011 2012	2012 Jul-Dec	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023 Calculated	2023 Actual	3-Year Annual Trend	Months of Trend	Trend Factor	2024 Calculation	
1	Los Angeles	457.56	478.56	499.57	515.07	552.40	610.75	619.87	648.37	673.99	700.41	714.58	721.64	746.54	757.91	785.55	3.2%	6	1.02	798.05
2	San Diego	364.00	406.00	432.20	444.86	445.29	460.51	477.99	507.13	536.54	581.03	604.00	657.26	691.14	788.07	705.09	5.3%	6	1.03	723.51
3	Orange	383.75	434.41	485.10	506.94	544.46	567.79	525.51	517.98	522.83	534.18	561.78	584.88	627.67	658.78	708.19	8.0%	6	1.04	736.07
4	Riverside	488.44	513.02	537.43	545.54	606.39	587.21	616.96	652.09	673.10	688.85	689.55	692.00	768.35	730.26	751.01	2.9%	6	1.01	761.77
5	San Bernardino*	397.51	399.70	398.98	398.98	413.51	420.92	421.18	417.04	437.75	433.33	455.88	509.69	535.30	537.46	549.00	6.4%	12	1.06	584.09
6	Santa Clara*	608.44	655.97	643.13	643.13	656.34	776.62	785.13	917.21	1,008.88	1,018.12	1,078.20	1,055.07	1,054.24	1,086.78	1,115.14	1.1%	12	1.01	1,127.73
7	Alameda	521.89	541.06	575.00	588.99	638.47	622.92	684.14	687.86	711.48	720.74	779.27	750.83	748.84	763.87	813.19	1.4%	6	1.01	818.98
8	Sacramento	561.35	637.98	667.02	696.00	714.53	535.31	549.40	574.78	608.34	663.43	692.63	722.74	753.75	761.88	765.80	3.4%	6	1.02	778.73
9	Contra Costa	495.15	521.90	540.43	553.15	574.27	607.18	623.46	637.99	705.62	717.58	753.74	800.70	814.23	874.26	807.51	2.3%	6	1.01	816.83
10	Fresno	450.43	450.80	450.80	455.17	450.86	488.79	488.79	488.00	613.17	663.11	729.57	797.13	833.01	848.33	884.00	6.6%	6	1.03	912.74
<b>Average</b>		<b>472.85</b>	<b>503.94</b>	<b>522.97</b>	<b>534.78</b>	<b>559.65</b>	<b>567.80</b>	<b>579.24</b>	<b>604.84</b>	<b>649.17</b>	<b>672.08</b>	<b>705.92</b>	<b>729.19</b>	<b>757.31</b>	<b>780.76</b>	<b>788.45</b>	<b>3.8%</b>	<b>7.1</b>	<b>1.02</b>	<b>805.85</b>

Increase Over Prior Year																
County	2010 2011	2011 2012	2012 Jul-Dec	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	
1	Los Angeles	10.01%	4.60%	4.39%	3.10%	7.25%	10.56%	1.49%	4.60%	3.95%	3.92%	2.02%	0.99%	3.45%	1.52%	5.30%
2	San Diego	0.14%	11.50%	6.45%	2.93%	0.10%	3.42%	3.80%	6.10%	5.80%	8.29%	3.95%	8.82%	5.16%	14.02%	-8.19%
3	Orange	3.04%	13.20%	11.67%	4.50%	7.40%	4.28%	-7.45%	-1.43%	0.94%	2.17%	5.17%	4.11%	7.32%	4.96%	11.73%
4	Riverside	-0.57%	5.00%	4.76%	1.51%	11.15%	-3.16%	5.07%	5.69%	3.22%	2.34%	0.10%	0.35%	11.03%	-4.96%	4.32%
5	San Bernardino*	5.34%	0.60%	-0.18%	0.00%	3.64%	1.79%	0.06%	-0.98%	4.96%	-1.01%	5.20%	11.81%	5.02%	0.40%	8.68%
6	Santa Clara*	8.04%	7.80%	-1.96%	0.00%	2.05%	18.33%	1.10%	16.82%	10.00%	0.92%	5.90%	-2.14%	-0.08%	3.09%	3.77%
7	Alameda	4.85%	3.70%	6.27%	2.43%	8.40%	-2.44%	9.83%	0.54%	3.43%	1.30%	8.12%	-3.65%	-0.26%	2.01%	7.22%
8	Sacramento	8.62%	13.70%	4.55%	4.34%	2.66%	-25.08%	2.63%	4.62%	5.84%	9.06%	4.40%	4.35%	4.29%	1.08%	2.21%
9	Contra Costa	5.35%	5.40%	3.55%	2.35%	3.82%	5.73%	2.68%	2.33%	10.60%	1.70%	5.04%	6.23%	1.69%	7.37%	-6.57%
10	Fresno	5.87%	0.10%	0.00%	0.97%	-0.95%	8.41%	0.00%	-0.16%	25.65%	8.14%	10.02%	9.26%	4.50%	1.84%	7.59%
<b>Average</b>		<b>5.23%</b>	<b>6.57%</b>	<b>3.78%</b>	<b>2.26%</b>	<b>4.65%</b>	<b>1.46%</b>	<b>2.02%</b>	<b>4.42%</b>	<b>7.33%</b>	<b>3.53%</b>	<b>5.04%</b>	<b>3.30%</b>	<b>3.86%</b>	<b>3.10%</b>	<b>3.21%</b>

\*Plan years for these counties are not calendar year. Contributions shown for these counties are for the first 6 months of the calendar year and last 6 months of the previous year.

# 1. LOS ANGELES COUNTY

Los Angeles County				Population: 9,830,000		
Medical Plans	2022 Premium	2023 Premium	% +/-	2022 County Contribution	2023 County Contribution	% +/-
Kaiser Choices HMO - County Sponsored	791.34	823.81	4.1%	791.34	823.81	4.1%
CIGNA Choices Select Network HMO - County Sponsored	749.13	770.22	2.8%	749.13	770.22	2.8%
CIGNA Choices HMO - County Sponsored	1,033.75	1,062.83	2.8%	1,033.75	1,062.83	2.8%
CIGNA Choices POS - County Sponsored	1,860.09	1,906.59	2.5%	1,056.92	1,099.20	4.0%
Blue Cross Prudent Buyer Basic - ALADS	1,022.58	1,047.88	2.5%	1,022.58	1,047.88	2.5%
Blue Cross CaliforniaCare Basic - ALADS	776.45	819.86	5.6%	776.45	819.86	5.6%
Blue Cross Prudent Buyer Premier - ALADS	1,040.94	1,067.36	2.5%	1,040.94	1,067.36	2.5%
Blue Cross CaliforniaCare Premier - ALADS	794.81	839.34	5.6%	794.81	839.34	5.6%
Blue Shield Classic CAPE	1,598.18	1,689.03	5.7%	1,056.92	1,099.20	4.0%
Blue Shield Lite CAPE	704.25	725.10	3.0%	704.25	725.10	3.0%
Local 1014 Plan - Fire Fighters	986.00	1,016.00	3.0%	986.00	1,016.00	3.0%
Kaiser Options - SEIU	759.04	783.23	3.2%	759.04	783.23	3.2%
Kaiser HMO - Unrepresented *	276.00	276.00	0.0%	276.00	276.00	0.0%
Blue Cross CaliforniaCare HMO - Unrepresented *	276.00	323.00	17.0%	276.00	323.00	17.0%
Blue Cross Plus POS - Unrepresented *	417.00	487.00	16.8%	417.00	487.00	16.8%
Blue Cross Catastrophic - Unrepresented *	100.00	105.00	5.0%	100.00	105.00	5.0%
Blue Cross Prudent Buyer PPO - Unrepresented *	534.00	624.00	16.9%	534.00	624.00	16.9%
UnitedHealthcare Harmony HMO	667.62	704.67	5.5%	667.62	704.67	5.5%
UnitedHealthcare Options HMO - SEIU	908.41	958.70	5.5%	908.41	958.70	5.5%
UnitedHealthcare Options PPO - SEIU	4,048.73	2,427.10	-40.1%	1,037.10	1,078.58	4.0%
<b>AVERAGE</b>	<b>967.22</b>	<b>922.84</b>	<b>-4.6%</b>	<b>749.41</b>	<b>785.55</b>	<b>4.8%</b>

\* Not Available

<b>Los Angeles County: Medical Plan Design Summary</b>			
<b>Blue Shield Lite</b>	<b>HMO</b>	<b>In</b>	<b>Out</b>
Deductible	None	\$400/\$800	\$400/\$800
Physicians Services	\$10 Copay	\$25 Copay	70/30 After Ded
Emergency Room	\$50 Copay	\$50 Copay	\$50 Copay
Rx	\$5/\$15/\$30	\$5/\$15/\$30	Covered emergencies only
Hospital	No Charge	80/20 After Ded	70/30 After Ded
<b>Blue Shield Classic</b>	<b>HMO</b>	<b>In</b>	<b>Out</b>
Deductible	None	\$300/\$600	\$300/\$600
Physicians Services	\$10 Copay	\$20 Copay	70/30 After Ded
Emergency Room	\$50 Copay	\$50 Copay	\$50 Copay
Rx	\$5/\$15/\$30	\$5/\$15/\$30	Covered emergencies only
Hospital	No Charge	90/10 After Ded	70/30 After Ded
<b>UnitedHealthcare Options</b>	<b>HMO</b>		
Deductible	None		
Physicians Services	\$10 Copay		
Emergency Room	\$50 Copay		
Rx	\$5/\$20		
Hospital	No Charge		
<b>UnitedHealthcare</b>		<b>PPO - In</b>	<b>PPO - Out</b>
Deductible		\$300/\$1,500	\$1,500/\$3,000
Physicians Services		20% Copay	50% Copay After Ded
Emergency Room		20% Copay After Ded	50% Copay After Ded
Rx		\$5/\$20/\$35	Not Covered
Hospital		20% Copay After Ded	50% Copay After Ded
<b>Kaiser Permanente</b>	<b>Options HMO</b>	<b>Choices HMO</b>	
Deductible	None	None	
Physicians Services	\$10 Copay	\$10 Copay	
Emergency Room	\$50 Copay	\$50 Copay	
Rx	\$5/\$20	\$5/\$20	
Hospital	No Charge	No Charge	



<b>Los Angeles County: Medical Plan Design Summary</b>			
<b>CIGNA</b>	<b>HMO</b>	<b>POS - In</b>	<b>POS - Out</b>
Deductible	None	None	\$500/\$1,000
Physicians Services	\$10 Copay	\$10 Copay	60/40 After Ded
Emergency Room	\$50 Copay	\$50 Copay	\$50 Copay
Rx	\$5/\$20	\$5/\$20	60/40 After Ded
Hospital	No Charge	\$50 Copay/Day	60/40 After Ded + \$1,000/Admit
<b>Blue Cross California Care HMO</b>	<b>ALADS</b>		
Deductible	None		
Physicians Services	No Charge		
Emergency Room	\$25 Copay		
Rx	\$5/\$15		
Hospital	No Charge		
<b>Local 1014 Plan</b>	<b>HMO</b>		
Deductible	\$200/\$600		
Physicians Services	90/10 After Ded		
Emergency Room	\$50 Copay		
Rx	\$10/\$20/\$30+		
Hospital	90/10 After Ded		
<b>Blue Cross Prudent Buyer PPO</b>	<b>ALADS - In</b>	<b>ALADS - Out</b>	
Deductible	\$300/\$900	\$300/\$900	
Physician Services	90/10 After Ded	70/30 After Ded	
Emergency Room	90/10 After Ded	90/10 After Ded	
Rx	\$5/\$15	\$5/\$15+50%	
Hospital	90/10 After Ded	70/30 After Ded	

## 2. SAN DIEGO COUNTY

San Diego County						Population:	3,286,000
Medical Plans	2022 Premium	2023 Premium	% +/-	2022 County Contribution	2023 County Contribution	% +/-	
Kaiser Permanente HMO	662.89	714.35	7.8%	662.89	714.35	7.8%	
Kaiser Permanente High Deductible	517.47	557.61	7.8%	517.47	557.61	7.8%	
UnitedHealthCare HMO Network 1	797.03	802.56	0.7%	797.03	802.56	0.7%	
UnitedHealthCare HMO Network 2 *	1,021.39		-100.0%	846.41		-100.0%	
UnitedHealthCare HMO Alliance	764.83	770.01	0.7%	764.83	770.01	0.7%	
UnitedHealthCare PPO	1,407.32	1,432.08	1.8%	846.41	897.09	6.0%	
UnitedHealthCare HMO HDHP/HSA	1,149.72	488.91	-57.5%	846.41	488.91	-42.2%	
<b>AVERAGE</b>	<b>902.95</b>	<b>794.25</b>	<b>-12.0%</b>	<b>754.49</b>	<b>705.09</b>	<b>-6.5%</b>	

\* Discontinued

San Diego County: Medical Plan Design Summary		
<b>Kaiser Permanente HMO</b>	<b>HMO</b>	
Deductible	None	
Physicians Services	\$25 Copay	
Emergency Room	\$125 Copay	
Rx	\$10/\$25/\$25	
Hospital	\$100 Copay Per Admit	
<b>Kaiser Permanente High Deductible</b>	<b>HD w/HSA</b>	
Deductible	\$1,500/\$3,000	
Physicians Services	10% After Ded	
Emergency Room	10% After Ded	
Rx	\$10/\$30/\$30	
Hospital	10% After Ded	
<b>UnitedHealthcare PPO</b>	<b>PPO - In</b>	<b>Out</b>
Deductible	\$300/\$600	\$600/\$1,200
Physicians Services	\$20 Copay	40% After Ded
Emergency Room	\$125 Copay then 20%	\$125 Copay then 20%
Rx	\$10/\$20/\$35	\$10/\$20/\$35
Hospital	\$150 Copay then 20%	\$300 Copay then 40%

<b>San Diego County: Medical Plan Design Summary</b>			
<b>UnitedHealthcare HMO</b>	<b>Network 1</b>	<b>Alliance</b>	
Deductible	None	None	
Physicians Services	\$25 Copay	\$25 Copay	
Emergency Room	\$125 Copay	\$125 Copay	
Rx	\$10/\$20/\$35	\$10/\$20/\$35	
Hospital	\$200 Copay Per Admit	\$200 Copay Per Admit	
<b>UnitedHealthcare High Deductible</b>	<b>PPO - In</b>	<b>Out</b>	
Deductible	\$2,700/\$3,000	\$3,000/\$6,000	
Physicians Services	10% After Ded	30% After Ded	
Emergency Room	10% After Ded	10% After Ded	
Rx	\$10/\$20/\$35	\$10/\$30/\$50	
Hospital	10% After Ded	30% After Ded	



# 3. ORANGE COUNTY

Orange County						Population: 3,168,000
Medical Plans	2022 Premium	2023 Premium	% +/-	2022 County Contribution	2023 County Contribution	% +/-
Choice Wellwise PPO*	884.33	1,061.20	20.0%	795.91	955.08	20.0%
Choice Sharewell PPO*	353.74	424.49	20.0%	429.27	500.02	16.5%
CIGNA HMO Choice*	864.24	899.45	4.1%	777.82	809.51	4.1%
CIGNA HMO Select*	720.32	749.64	4.1%	648.30	674.68	4.1%
Kaiser Permanente HMO Choice*	605.99	668.52	10.3%	545.40	601.68	10.3%
<b>AVERAGE</b>	<b>685.72</b>	<b>760.66</b>	<b>10.9%</b>	<b>639.34</b>	<b>708.19</b>	<b>10.8%</b>

\*Current county contributions assume wellness participation.

Orange County: Medical Plan Design Summary		
Wellwise PPO	In	Out
Deductible	\$500/\$1,000	\$750/\$1,500
Physicians Services	90/10	70/30
Emergency Room	90/10	90/10
Rx	20%/25%/30%	Not Covered
Hospital	90/10	70/30
Sharewell PPO	In	Out
Deductible	\$5,000 Per Family	\$5,000 Per Family
Physicians Services	90/10	70/30
Emergency Room	90/10	90/10
Rx	80/20	Not Covered
Hospital	90/10	70/30
CIGNA	HMO	
Deductible	None	
Physicians Services	\$20 Copay	
Emergency Room	\$50 Copay	
Rx	\$10/\$30/\$50	
Hospital	\$100 Per Admit	
Kaiser Permanente	HMO	
Deductible	None	
Physicians Services	\$20 Copay	
Emergency Room	\$50 Copay	
Rx	\$10/\$30	
Hospital	\$100 Per Admit	

# 4. RIVERSIDE COUNTY

Riverside County						Population: 2,458,000
Medical Plans	2022 Premium	2023 Premium	% +/-	2022 County Contribution	2023 County Contribution	% +/-
UHC Harmony HMO	714.28	713.56	-0.1%	714.28	713.56	-0.1%
Exclusive Care EPO	808.10	808.10	0.0%	808.10	808.10	0.0%
Blue Shield Access+ HMO	779.88	738.30	-5.3%	779.88	738.30	-5.3%
Blue Shield Trio HMO	668.14	661.50	-1.0%	668.14	661.50	-1.0%
Kaiser HMO - PERS	719.78	754.64	4.8%	719.78	754.64	4.8%
PORAC - PERS	775.00	820.00	5.8%	775.00	820.00	5.8%
PERS Platinum PPO	863.38	992.60	15.0%	848.33	848.33	0.0%
PERS Gold PPO	575.56	680.38	18.2%	575.56	680.38	18.2%
Anthem Select HMO	676.48	737.92	9.1%	676.48	737.92	9.1%
Anthem Traditional HMO	935.58	942.74	0.8%	848.33	848.33	0.0%
Health Net Salud y Mas	463.88	606.34	30.7%	463.88	606.34	30.7%
Health Net SmartCare	764.96	755.30	-1.3%	764.96	755.30	-1.3%
UHC Alliance HMO	771.86	790.46	2.4%	771.86	790.46	2.4%
<b>AVERAGE</b>	<b>732.07</b>	<b>769.37</b>	<b>5.1%</b>	<b>724.20</b>	<b>751.01</b>	<b>3.7%</b>

Riverside County: Medical Plan Design Summary	
<b>UnitedHealthcare</b>	<b>HMO</b>
Deductible	None
Physicians Services	\$15 Copay
Emergency Room	\$100 Copay
Rx	\$10/\$25/\$50
Hospital	\$100 Copay
<b>Kaiser Permanente</b>	<b>HMO</b>
Deductible	None
Physicians Services	\$15 Copay
Emergency Room	\$100 Copay
Rx	\$10/\$25
Hospital	\$100 Copay
<b>Exclusive Care</b>	<b>EPO</b>
Deductible	None
Physicians Services	\$15 Copay
Emergency Room	\$100 Copay
Rx	\$10/\$25/\$50
Hospital	\$100 Copay

# 5. SAN BERNARDINO COUNTY

San Bernardino County						Population: 2,195,000
Medical Plans	2021-22 Premium	2022-23 Premium	% +/-	2021-22 County Contribution	2022-23 County Contribution	% +/-
Kaiser Permanente HMO	698.32	698.32	0.0%	455.67	496.50	9.0%
Kaiser Permanente Choice HMO	606.43	606.43	0.0%	455.67	492.14	8.0%
Blue Shield Signature HMO	630.52	671.32	6.5%	455.67	492.14	8.0%
Blue Shield Access+ HMO	547.78	583.20	6.5%	452.34	492.14	8.8%
Blue Shield Needles PPO	1,321.82	1,407.77	6.5%	774.04	824.57	6.5%
Blue Shield PPO	1,171.17	1,247.26	6.5%	462.33	496.50	7.4%
<b>AVERAGE</b>	<b>829.34</b>	<b>869.05</b>	<b>4.8%</b>	<b>509.29</b>	<b>549.00</b>	<b>7.8%</b>

San Bernardino County: Medical Plan Design Summary			
<b>Kaiser Permanente</b>	<b>HMO</b>	<b>Choice HMO</b>	
Deductible	None	None	
Physicians Services	\$10 Copay	\$40 Copay	
Emergency Room	\$50 Copay	\$150 Copay	
Rx	\$10/\$15	\$15/\$35	
Hospital	No Charge	\$500 per day	
<b>Blue Shield Signature HMO</b>	<b>Tier 1 - HMO</b>	<b>Tier 2 - PPO</b>	<b>Access+ HMO</b>
Deductible	None	None	None
Physicians Services	\$10 Copay	\$30 Copay	\$40 Copay
Emergency Room	\$50 Copay	\$50 Copay	\$50 Copay
Rx	\$5/\$10/\$25	Not covered	\$5/\$10/\$25
Hospital	No Charge	Not covered	\$100/admission plus 20% for facility services
<b>Blue Shield PPO</b>	<b>PPO - In</b>	<b>PPO - Out</b>	
Deductible	\$250/\$500	\$250/\$500	
Physicians Services	\$10 Copay	70/30 After ded	
Emergency Room	\$50 Copay plus 20% After Ded	\$50 Copay plus 20% After Ded	
Rx	\$15/\$30/\$30	\$15/\$30/\$30 + 25% of billed amount	
Hospital	80/20 After ded	70/30 After ded	
<b>Blue Shield Needles PPO</b>	<b>PPO - In</b>	<b>PPO - Out</b>	
Deductible	None	\$250/\$750	
Physicians Services	\$10 Copay	70/30 After Ded	
Emergency Room	\$50 Copay	\$50 Copay	
Rx	\$10/\$15/\$15	\$10/\$15/\$15+25% of billed amount	
Hospital	No charge	70/30 After Ded	

# 6. SANTA CLARA COUNTY

Santa Clara County						Population:	1,886,000
Medical Plans	2021-22 Premium	2022-23 Premium	% +/-	2021-22 County Contribution	2022-23 County Contribution	% +/-	
Kaiser Permanente HMO	789.69	832.00	5.4%	777.72	822.04	5.7%	
Valley Health HMO	1,026.81	1,055.56	2.8%	1,010.07	1,041.41	3.1%	
Health Net POS	1,473.05	1,531.96	4.0%	1,419.79	1,481.96	4.4%	
<b>AVERAGE</b>	<b>1,096.51</b>	<b>1,139.84</b>	<b>4.0%</b>	<b>1,069.19</b>	<b>1,115.14</b>	<b>4.3%</b>	

Santa Clara County: Medical Plan Design Summary			
<b>Kaiser Permanente</b>	<b>HMO</b>		
Deductible	None		
Physicians Services	\$10 Copay		
Emergency Room	\$35 Copay		
Rx	\$5/\$10		
Hospital	\$100 per admit		
<b>Valley Health</b>	<b>HMO</b>		
Deductible	None		
Physicians Services	No Charge		
Emergency Room	No Charge		
Rx	No Charge		
Hospital	No Charge		
<b>HealthNet POS</b>	<b>HMO</b>	<b>PPO</b>	<b>OUT</b>
Deductible	None	None	\$200/\$600
Physicians Services	\$15 Copay	\$20 Copay	70/30
Emergency Room	\$50 Copay	\$75 Copay	70/30
Rx	\$5/\$15/\$30	\$5/\$15/\$30	\$5/\$15/\$30
Hospital	No Charge	90/10	70/30

# 7. ALAMEDA COUNTY

Alameda County						Population: 1,649,000	
Medical Plans	2022-23 Premium	2023-24 Premium	% +/-	2022-23 County Contribution	2023-24 County Contribution	% +/-	
UHC SignatureValue \$15	1,184.32	1,290.92	9.0%	1,037.76	1,120.95	8.0%	
Kaiser \$15	802.34	865.04	7.8%	703.05	751.15	6.8%	
Kaiser \$40	745.70	803.98	7.8%	653.42	698.12	6.8%	
UHC SignatureValue Advantage \$15	781.42	843.94	8.0%	684.72	732.81	7.0%	
UHC Select Plus PPO	1,089.12	1,142.78	4.9%	684.72	732.81	7.0%	
UHC SignatureValue Advantage \$40	698.26	754.12	8.0%	611.85	654.83	7.0%	
UHC SignatureValue \$40	1,058.30	1,153.54	9.0%	927.34	1,001.65	8.0%	
<b>AVERAGE</b>	<b>908.49</b>	<b>979.19</b>	<b>7.8%</b>	<b>757.55</b>	<b>813.19</b>	<b>7.3%</b>	

Alameda County: Medical Plan Design Summary			
UnitedHealthcare	Premium HMO	Standard HMO	PPO
Deductible	None	None	\$500/\$1,000
Physicians Services	\$15 Copay	\$40 Copay	\$20 Copay
Emergency Room	\$50 Copay	\$100 Copay	20% Coinsurance
Rx	\$10/\$25/\$35	\$25/\$35/\$50	\$10/\$25/\$85
Hospital	No Charge	\$500 Copay	20% Coinsurance
Kaiser Permanente	Premium HMO	Standard HMO	
Deductible	None	None	
Physicians Services	\$15 Copay	\$40 Copay	
Emergency Room	\$50 Copay	\$100 Copay	
Rx	\$15/\$15	\$15/\$30	
Hospital	No Charge	\$500 Copay	

# 8. SACRAMENTO COUNTY

Sacramento County						Population: 1,589,000
Medical Plans	2022 Premium	2023 Premium	% +/-	2022 County Contribution	2023 County Contribution	% +/-
Western Health Advantage HMO	803.56	824.76	2.6%	803.56	824.76	2.6%
Sutter Health Plus HMO	866.76	909.86	5.0%	866.76	878.50	1.4%
Kaiser Permanente HMO 15	948.88	990.50	4.4%	872.85	878.50	0.6%
Western Health Advantage HDHP	613.70	630.00	2.7%	613.70	630.00	2.7%
Sutter Health Plus HDHP	638.70	670.00	4.9%	638.70	670.00	4.9%
Kaiser Permanente HDHP HMO	686.22	713.06	3.9%	686.22	713.06	3.9%
<b>AVERAGE</b>	<b>759.64</b>	<b>789.70</b>	<b>4.0%</b>	<b>746.97</b>	<b>765.80</b>	<b>2.5%</b>

Sacramento County: Medical Plan Design Summary		
Sutter Health Plus	HMO	HDHP - HMO
Deductible	None	\$1,500/\$3,000
Physicians Services	\$15 Copay	No Charge After Ded
Emergency Room	\$35 Copay	No Charge After Ded
Rx	\$10/\$20/\$35	\$10/\$20/\$35 After Ded
Hospital	No Charge	No Charge After Ded
Western Health Advantage	HMO	HDHP - HMO
Deductible	None	\$1,500/\$3,000
Physicians Services	\$15 Copay	No Charge After Ded
Emergency Room	\$35 Copay	No Charge After Ded
Rx	\$10/\$20/\$35	\$10/\$20/\$35 After Ded
Hospital	No Charge	No Charge After Ded
Kaiser Permanente	HMO	HDHP - HMO
Deductible	None	\$1,500/\$3,000
Physicians Services	\$15 Copay	No Charge After Ded
Emergency Room	\$35 Copay	No Charge After Ded
Rx	\$10/\$20	\$10/\$20 After Ded
Hospital	No Charge	No Charge After Ded

# 9. CONTRA COSTA COUNTY

Contra Costa County						Population: 1,161,000	
Medical Plans	2022 Premium	2023 Premium	% +/-	2022 County Contribution	2023 County Contribution	% +/-	
CCHP Plan A	1,072.58	1,102.58	2.8%	930.49	920.22	-1.1%	
CCHP Plan B	1,188.96	1,222.22	2.8%	987.03	949.01	-3.9%	
Health Net HMO Plan A *	1,985.33			1,588.27			
Health Net HMO Plan B *	1,380.56			1,104.45			
Health Net SmartCare HMO A	1,392.39	1,506.10	8.2%	954.10	1,032.01	8.2%	
Health Net SmartCare HMO B	992.83	1,073.91	8.2%	794.27	859.13	8.2%	
Health Net PPO Plan A	3,289.27	3,466.90	5.4%	1,703.24	1,574.08	-7.6%	
Kaiser HMO Plan A	951.20	909.04	-4.4%	772.07	793.19	2.7%	
Kaiser HMO Plan B	766.21	722.50	-5.7%	642.81	640.25	-0.4%	
Kaiser HDHP	579.96	579.96	0.0%	521.97	521.97	0.0%	
Anthem Select - PERS	1,015.81	1,128.83	11.1%	779.04	831.25	6.7%	
Anthem Traditional - PERS	1,304.00	1,210.71	-7.2%	856.26	810.55	-5.3%	
Blue Shield Access+ - PERS	1,116.01	1,035.21	-7.2%	700.55	657.40	-6.2%	
Blue Shield Trio - PERS	898.54	888.94	-1.1%	661.38	652.03	-1.4%	
Health Net Smartcare - PERS	1,153.00	1,174.50	1.9%	797.62	801.25	0.5%	
CCHP Plan A Alternate - PERS	1,315.96	1,406.76	6.9%	870.79	910.88	4.6%	
Kaiser HMO - PERS	857.06	913.74	6.6%	672.90	696.69	3.5%	
PERS Platinum	1,057.01	1,200.12	13.5%	769.99	833.76	8.3%	
PORAC - PERS	799.00	825.00	3.3%	670.61	681.41	1.6%	
PERS Gold	701.23	825.61	17.7%	629.32	689.60	9.6%	
United Health Care - PERS	1,020.28	1,044.07	2.3%	691.64	700.74	1.3%	
Western Health Advantage - PERS	741.26	760.17	2.6%	599.86	594.74	-0.9%	
<b>AVERAGE</b>	<b>1,162.66</b>	<b>1,149.84</b>	<b>-1.1%</b>	<b>849.94</b>	<b>807.51</b>	<b>-5.0%</b>	

\* Discontinued



Contra Costa County: Medical Plan Design Summary					
<b>CCHP</b>	<b>PLAN A</b>	<b>PLAN B</b>			
Deductible	None	None			
Physicians Services	No Charge	\$5 Copay			
Emergency Room	No Charge	No Charge			
Rx	No Charge	\$3 Per Rx			
Hospital	No Charge	No Charge			
<b>HealthNet</b>	<b>HMO</b>	<b>PLAN A - In</b>	<b>PLAN A - Out</b>	<b>SmartCare HMO A</b>	<b>SmartCare HMO B</b>
Deductible	None	\$250/\$750	\$250/\$750	None	None
Physicians Services	\$10/\$20 Copay	\$10 Copay	70/30	\$15	\$30
Emergency Room	\$25	\$50 + 10% Coinsurance	\$50 + 10% Coinsurance	\$50	\$100
Rx	\$10/\$20/\$35	\$5	\$5	\$10/\$20/\$35	\$10/\$30/\$50
Hospital	No Charge	90/10	70/30	No Charge	\$1,500
<b>Kaiser Permanente</b>	<b>PLAN A</b>	<b>PLAN B</b>	<b>HDHP</b>		
Deductible	None	\$500/\$1,000	\$1,500/\$3,000		
Physicians Services	\$10 Copay	\$20 Copay	90/10 After Ded		
Emergency Room	\$10 Copay	90/10 After Ded	90/10 After Ded		
Rx	\$10/\$20	\$10/\$30	\$10/\$30 After Ded		
Hospital	No Charge	90/10 After Ded	90/10 After Ded		

# 10. FRESNO COUNTY

Fresno County						Population: 1,014,000
Medical Plans	2022 Premium	2023 Premium	% +/-	2022 County Contribution	2023 County Contribution	% +/-
Kaiser Permanente \$15 HMO	981.36	1,025.58	4.5%	819.00	884.00	7.9%
Blue Cross EPO	981.36	1,025.58	4.5%	819.00	884.00	7.9%
Blue Cross PPO	1,245.41	1,248.75	0.3%	819.00	884.00	7.9%
Blue Cross PPO \$1,000	896.86	937.38	4.5%	819.00	884.00	7.9%
Blue Cross HDPPPO \$1,500	848.13	890.98	5.1%	819.00	884.00	7.9%
Blue Cross HDPPPO \$3,000	819.00	884.00	7.9%	819.00	884.00	7.9%
<b>AVERAGE</b>	<b>962.02</b>	<b>1,002.04</b>	<b>4.2%</b>	<b>819.00</b>	<b>884.00</b>	<b>7.9%</b>

## 10. Fresno County: Medical Plan Design Summary

Kaiser Permanente	HMO		
Deductible	None		
Physicians Services	\$15 per visit		
Emergency Room	\$100 per visit		
Rx	\$10/\$20		
Hospital	No Charge		
Blue Cross	EPO	PPO	EPO \$500
Deductible	None	\$250/\$500	None
Physicians Services	\$15 per visit	\$20 per visit	\$35 per visit
Emergency Room	\$100 per visit	\$0 Copay After Ded	\$250 per visit
Rx	\$10/\$20/\$35	Carved out	\$10/\$20/\$35
Hospital	No Charge	No Charge	\$500
Blue Cross	HDPPPO - IN		
Deductible	\$3,000/\$6,000		
Physicians Services	\$0 Copay After Ded		
Emergency Room	\$0 Copay After Ded		
Rx	\$0 Copay After Ded		
Hospital	\$0 Copay After Ded		

# CALPERS

## 2023 CalPERS Health Plan Summaries

	Kaiser Permanente HMO	Blue Shield Access+ HMO	Western Health Advantage HMO	PERS Gold		PERS Platinum		Anthem Blue Cross EPO & HMO	Health Net EPO & HMO	UnitedHealthcare SignatureValue
				In	Out	In	Out			
<b>Annual Deductible</b>	N/A	N/A	N/A	\$1,000/\$2,000		\$500/\$1,000		N/A	N/A	N/A
<b>Hospital (Inpatient)</b>	No Charge	No Charge	No Charge	80%/20%	60%/40%	90%/10% \$250 Ded.	60%/40% \$250 Ded.	No Charge	No Charge	No Charge
<b>Emergency Room</b>	\$50 Copay Waived if Admitted	\$50 Copay Waived if Admitted	\$50 Copay Waived if Admitted	80%/20%, \$50 Deductible		90%/10%, \$50 Deductible		\$50 Copay Waived if Admitted	\$50 Copay Waived if Admitted	\$50 Copay Waived if Admitted
<b>Office Visits</b>	\$15 Copay	\$15 Copay	\$15 Copay	\$35 Copay	60%/40%	\$20 Copay	60%/40%	\$15 Copay	\$15 Copay	\$15 Copay
<b>Urgent Care</b>	\$15 Copay	\$15 Copay	\$15 Copay	\$35 Copay	60%/40%	\$35 Copay	60%/40%	\$15 Copay	\$15 Copay	\$15 Copay
<b>Rx - Retail</b>	\$5/\$20	\$5/\$20/\$50	\$5/\$20/\$50	\$5/\$20/\$50		\$5/\$20/\$50		\$5/\$20/\$50	\$5/\$20/\$50	\$5/\$20/\$50
<b>Rx - Mail Order</b>	\$10/\$40	\$10/\$40/\$100	\$10/\$40/\$100	\$10/\$40/\$100		\$10/\$40/\$100		\$10/\$40/\$100	\$10/\$40/\$100	\$10/\$40/\$100
<b>Infertility Treatment</b>	50%/50%	50%/50%	50%/50%	50%/50%		50%/50%		50%/50%	50%/50%	50%/50%
<b>Acupuncture</b>	\$15 Copay Limit 20 Visits/Yr	\$15 Copay Limit 20 Visits/Yr	\$15 Copay Limit 20 Visits/Yr.	\$15 Copay	60%/40%	\$15 Copay	60%/40%	\$15 Copay Limit 20 Visits/Yr.	\$15 Copay Limit 20 Visits/Yr.	\$15 Copay Limit 20 Visits/Yr.
				Limit 20 Visits/Yr.		Limit 20 Visits/Yr.				
<b>Chiropractic</b>	\$15 Copay Limit 20 Visits/Yr	\$15 Copay Limit 20 Visits/Yr	\$15 Copay Limit 20 Visits/Yr.	\$15 Copay	60%/40%	\$15 Copay	60%/40%	\$15 Copay Limit 20 Visits/Yr.	\$15 Copay Limit 20 Visits/Yr.	\$15 Copay Limit 20 Visits/Yr.
				Limit 20 Visits/Yr.		Limit 20 Visits/Yr.				

For informational purposes only. CalPERS data is not included in the 10-County Survey.

# SFHSS ACTIVE EMPLOYEE PLANS

	HEALTH NET CANOPYCARE HMO	BLUE SHIELD OF CALIFORNIA HMO		KAISER PERMANENTE HMO	BLUE SHIELD OF CALIFORNIA PPO	
	CANOPYCARE HMO	TRIO HMO	ACCESS+ HMO	TRADITIONAL HMO	BLUE SHIELD OF CALIFORNIA PPO	
<b>Choice of Physician</b>	PCP assignment required.	PCP assignment required.	PCP assignment required.	KP network only. PCP assignment required.	You may use any licensed provider. You receive a higher level of benefit and pay lower out-of-pocket costs when choosing in-network providers.	
<b>Deductible</b>	No deductible	No deductible	No deductible	No deductible	<b>IN-NETWORK AND OUT-OF-AREA</b>	<b>OUT-OF-NETWORK</b>
					\$250 employee only \$500 +1 \$750 +2 or more	\$500 employee only \$1,000 +1 \$1,500 +2 or more
<b>Out-of-Pocket Maximum</b> does not include premium contributions	\$2,000 per individual \$4,000 per family	\$2,000 per individual \$4,000 per family	\$2,000 per individual \$4,000 per family	\$1,500 per individual \$3,000 per family	\$3,750 per individual \$7,500 per family	\$7,500 per individual
<b>GENERAL CARE AND URGENT CARE</b>						
<b>Annual Physical; Well Woman Exam</b>	No charge	No charge	No charge	No charge	100% covered no deductible	50% covered after deductible
<b>Doctor Office Visit</b>	\$25 co-pay	\$25 co-pay	\$25 co-pay	\$20 co-pay	85% covered after deductible	50% covered after deductible
<b>Urgent Care Visit</b>	\$25 co-pay in-network and out-of-network	\$25 co-pay in-network	\$25 co-pay in-network	\$20 co-pay	85% covered after deductible	50% covered after deductible
<b>Family Planning</b>	No charge	No charge	No charge	No charge	100% covered no deductible	50% covered after deductible
<b>Immunizations</b>	No charge	No charge	No charge	No charge	100% covered no deductible	100% covered no deductible
<b>Lab and X-ray</b>	No charge	No charge	No charge	No charge	85% covered after deductible & prior notification	50% covered after deductible & prior notification
<b>Doctor's Hospital Visit</b>	No charge	No charge	No charge	No charge	85% covered after deductible	50% covered after deductible
<b>PRESCRIPTION DRUGS</b>						
<b>Pharmacy: Generic</b>	\$10 co-pay 30-day supply	\$10 co-pay 30-day supply	\$10 co-pay 30-day supply	\$5 co-pay 30-day supply	\$10 co-pay 30-day supply	\$10 co-pay plus 50% Coinsurance; 30-day supply
<b>Pharmacy: Brand-Name</b>	\$25 co-pay 30-day supply	\$25 co-pay 30-day supply	\$25 co-pay 30-day supply	\$15 co-pay 30-day supply	\$25 co-pay 30-day supply	\$25 co-pay plus 50% Coinsurance; 30-day supply
<b>Pharmacy: Non-Formulary</b>	\$50 co-pay 30-day supply	\$50 co-pay 30-day supply	\$50 co-pay 30-day supply	Physician authorized only	\$50 co-pay 30-day supply	\$50 co-pay, plus 50% Coinsurance; 30-day supply
<b>Mail Order: Generic</b>	\$20 co-pay 90-day supply	\$20 co-pay 90-day supply	\$20 co-pay 90-day supply	\$10 co-pay 100-day supply	\$20 co-pay 90-day supply	Not covered
<b>Mail Order: Brand-Name</b>	\$50 co-pay 90-day supply	\$50 co-pay 90-day supply	\$50 co-pay 90-day supply	\$30 co-pay 100-day supply	\$50 co-pay 90-day supply	Not covered
<b>Mail Order: Non-Formulary</b>	\$100 co-pay 90-day supply	\$100 co-pay 90-day supply	\$100 co-pay 90-day supply	Physician authorized only	\$100 co-pay 90-day supply	Not covered
<b>Specialty</b>	20% up to \$100 co-pay; 30-day supply	20% up to \$100 co-pay; 30-day supply	20% up to \$100 co-pay; 30-day supply	20% up to \$100 co-pay; 30-day supply	\$50 co-pay 30-day supply	\$50 co-pay, plus 50% Coinsurance; 30-day supply

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