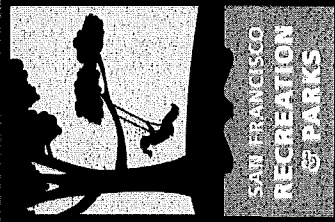


# SENIOR PROGRAMS



Bob Palacio  
Superintendent of Recreation  
and Community Services

Budget & Finance Committee  
Board of Supervisors  
March 9, 2017

File # 170045  
Recorded in  
3/9/17  
fr





## Recreation Highlights:

59,000 people registered  
4,147 classes and programs  
76,938 hours of programming

Access to recreation and parks:  
Prevent Serious Health Problems  
Mental Health Benefits  
Reduces Healthcare costs

## Senior Program Highlights:

12,460 seniors registered  
388 FREE Formal Programs  
10,000+ hours of programming  
3,000+ Senior Swim Passes (50% discount)  
Dedicated Senior Center  
100+ Passive Recreation Options  
Scholarship for regular classes



RPD Senior Programs Offered FY 16-17



## Popular Programs:

Dancing  
Zumba  
Qi Gong  
Jewelry Making  
Mah Jong  
Argentine Tango  
Hawaiian Guitar  
Tap Dance  
Fitness Classes  
Social Clubs  
Singing  
...and more!

## Partner Programs:

Self Help for the Elderly

- Portsmouth Square
- West Portal
- South Sunset

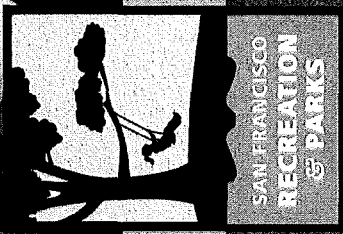
SF YMCA

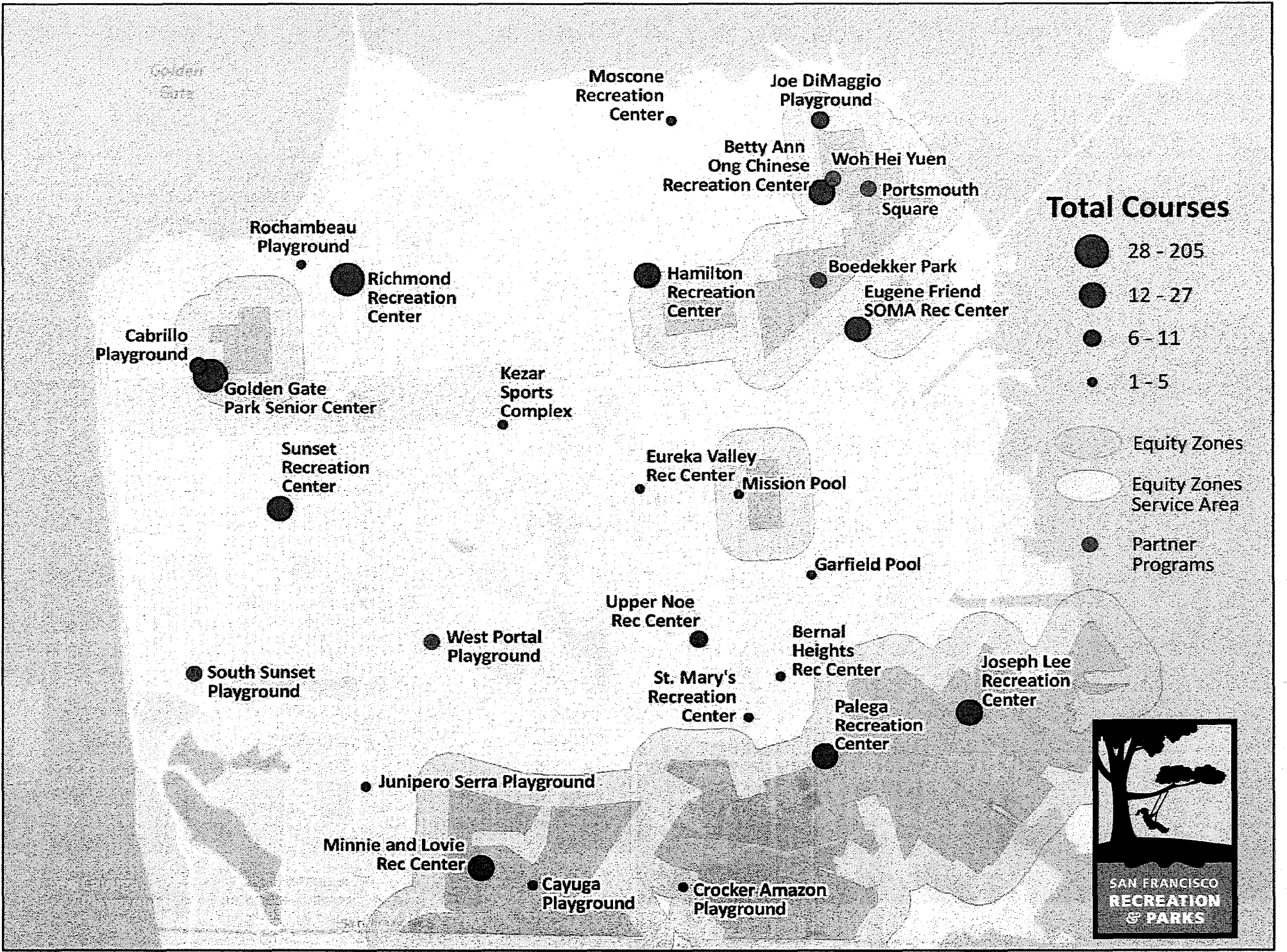
- Boeddeker

CCDC

- Woh Hei Yuen

RPD Senior Programs Offered FY 16-17





Golden Gate

Moscone Recreation Center

Joe DiMaggio Playground

Betty Ann Ong Chinese Recreation Center

Woh Hei Yuen

Portsmouth Square

Rochambeau Playground

Richmond Recreation Center

Hamilton Recreation Center

Boedekker Park

Eugene Friend SOMA Rec Center

Cabrillo Playground

Golden Gate Park Senior Center

Kezar Sports Complex

Sunset Recreation Center

Eureka Valley Rec Center

Mission Pool

Garfield Pool

South Sunset Playground

West Portal Playground

Upper Noe Rec Center

Bernal Heights Rec Center

Joseph Lee Recreation Center

St. Mary's Recreation Center

Palega Recreation Center

Junipero Serra Playground

Minnie and Lovie Rec Center

Cayuga Playground

Crocker Amazon Playground

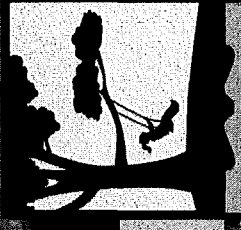




## Next Steps

1. Strategic Plan FY17 – 21
  - Outreach Plan to increase language access
  - Register more people from low-income neighborhoods & public housing
  - Increases inclusive & adaptive programming
  - Strengthen and promote safety, health, and well being of seniors
  - Expand and promote senior programs that emphasize activity & community
2. Senior Programming in Mission Equity Zone

RPD Senior Programs Offered FY 16-17



SAN FRANCISCO  
RECREATION  
& PARKS

# Questions

**Bob Palacio**  
**Superintendent of Recreation  
and Community Services**

