File	No.	110)19	9

Committee	Item	No
Board Item	No	55

COMMITTEE/BOARD OF SUPERVISORS

AGENDA PACKET CONTENTS LIST

Committee	Date	Date		
Board of Supervisors Meeting	Date	March 1, 2011		
Cmte Board Motion				
☐ ⊠ Resolution☐ Ordinance				
Legislative Digest Budget Analyst Report				
Legislative Analyst Report Introduction Form (for hearings Department/Agency Cover Lett MOU	s) er and/or Rep	ort		
Grant Information Form Grant Budget Subcontract Budget Contract/Agreement				
Award Letter Application Public Correspondence				
OTHER (Use back side if additional spa	ace is needed)		
Completed by: <u>Joy Lamug</u> Completed by:	Date_ <u>Februa</u> Date	ary 24, 2011		

An asterisked item represents the cover sheet to a document that exceeds 20 pages. The complete document is in the file.

[National Sleep Awareness Week - March 7-11, 2011]

Resolution declaring March 7-11, 2011, as "National Sleep Awareness Week" in San Francisco.

WHEREAS, An estimated 120,000 San Franciscans suffer from sleep apnea, a serious, potentially life-threatening breathing disorder that can be treated in most cases; and

WHEREAS, Untreated, sleep apnea leads to a variety of health problems, including depression, hypertension, heart attack and stroke; and

WHEREAS, It is estimated that roughly 20,000 people in this City have been diagnosed with sleep apnea, leaving 100,000 undiagnosed; and

WHEREAS, Once properly diagnosed, sleep apnea can be successfully treated without invasive action; and

WHEREAS, Numerous studies have concluded that the general public, policymakers and many primary care physicians lack basic knowledge of sleep apnea, which compromises the health and safety of everyone; and

WHEREAS, The National Commission on Sleep Disorders Research estimates the cost of sleep disorders and deprivation to the nation to be billions of dollars in direct and indirect costs; and

WHEREAS, UCSF Sleep Disorders Center is organizing the eleventh annual "Sleep Awareness Week" from Monday, March 7th, through Friday, March 11th, 2011; and

WHEREAS, Organizers of these observances are committed to educating business, government and the public about the impact of untreated and undiagnosed sleep disorders; now, therefore, be it

RESOLVED, That the Board of Supervisors of the City of San Francisco declare the week of March 7-11, 2011, as "Sleep Awareness Week" in San Francisco.

Supervisor Elsbernd
BOARD OF SUPERVISORS

RECEIVED BOARD OF SUPERVISORS SAN FRANCISCO

INTRODUCTION FORM

By a member of the Board of Supervisors or the Mayor

201 FEB 23 AM 11: 55

#A	Time Stamp or	AK
I hereby submit the following item for introduction:	Meeting Date	
1. For reference to Committee:		,
An ordinance, resolution, motion, or charter amendment		
x 2. Request for next printed agenda without reference to Commi	ttaa	
3. Request for Committee hearing on a subject matter.	, itee	
4. Request for letter beginning "Supervisor inquires"		
3. City Attorney request.		
6. Call file from Committee.		
7. Budget Analyst request (attach written motion).	•	
8. Substitute Legislation File Nos.		
9. Request for Closed Session		
10. Board to Sit as A Committee of the Whole		
Please check the appropriate to T		
Please check the appropriate boxes. The proposed legislation should be f following:	orwarded to the) -
zono (img.	•	
☐ Small Business Commission ☐ Youth Commission		
E E41: C		
☐ Building Inspection Commission		
Note: For the Imperative Agenda (a resolution not on the printed agenda), use a di		
ase a di	fferent form.]	
Sponsor(s): Supervisor Sean R. Elsbernd	*	
CIDIFORD		
SUBJECT: Resolution designating March 7 th to 11 th , 2011 as "National S	Sleep	
Awareness Week"	. -	
The text is listed below or attached:	•	
The text is fisted below of attached:		
	• .	
Signature of Sponsoring Supervisor:	•	
For Clerk's Use Only:		