

File No. 150390

Committee Item No. 2

Board Item No. 60

## COMMITTEE/BOARD OF SUPERVISORS

### AGENDA PACKET CONTENTS LIST

Committee: Rules Committee Date July 9, 2015

Board of Supervisors Meeting Date July 21, 2015

#### Cmte Board

- |                                     |                                     |  |
|-------------------------------------|-------------------------------------|--|
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | Motion                                       |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Resolution                                   |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Ordinance                                    |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Legislative Digest                           |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Budget and Legislative Analyst Report        |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Youth Commission Report                      |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Introduction Form                            |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Department/Agency Cover Letter and/or Report |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Memorandum of Understanding (MOU)            |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Grant Information Form                       |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Grant Budget                                 |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Subcontract Budget                           |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Contract/Agreement                           |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Form 126 - Ethics Commission                 |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Award Letter                                 |
| <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Application                                  |
| <input type="checkbox"/>            | <input type="checkbox"/>            | Form 700                                     |
| <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Vacancy Notice                               |
| <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Information Sheet                            |
| <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | Public Correspondence                        |

OTHER (Use back side if additional space is needed)

<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____

Completed by: Alisa Somera Date July 3, 2015

Completed by: Alisa Somera Date July 16, 2015

1 [Appointment, Mental Health Board - Toni Parks]

2  
3 **Motion appointing Toni Parks, term ending January 31, 2018, to the Mental Health**  
4 **Board.**

5  
6 **MOVED,** That the Board of Supervisors of the City and County of San Francisco does  
7 hereby appoint the following designated person to serve as a member of the Mental Health  
8 Board, pursuant to the provisions of Administrative Code, Section 15.12, and the California  
9 Welfare and Institutions Code, Section 5604, for the term specified:

10 Toni Parks, seat 12, succeeding Errol Wishom, term expired, must be a consumer, for  
11 the unexpired portion of a three-year term ending January 31, 2018.

12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25



Board of Supervisors  
 City and County of San Francisco  
 1 Dr. Carlton B. Goodlett Place, Room 244  
 (415) 554-5184 FAX (415) 554-7714

RECEIVED  
 BOARD OF SUPERVISORS  
 SAN FRANCISCO

2015 APR 21 PM 12:49

**Application for Boards, Commissions, Committees, & Task Forces**

Name of Board, Commission, Committee, or Task Force: S.F. Mental Health Board

Seat # or Category (If applicable): CONSUMER District: 5

Name: Toni Parks

Home Address: — Oak Street Zip: 94102

Home Phone: (415) — Occupation: Retired

Cell Work Phone: (415) — Employer: \_\_\_\_\_

Business Address: \_\_\_\_\_ Zip: \_\_\_\_\_

Business E-Mail: \_\_\_\_\_ Home E-Mail: toner@ —

Pursuant to Charter Section 4.101 (a)2, Boards and Commissions established by the Charter must consist of electors (registered voters) of the City and County of San Francisco. For certain other bodies, the Board of Supervisors can waive the residency requirement.

Check All That Apply:

Registered voter in San Francisco: Yes  No  If No, where registered: \_\_\_\_\_

Resident of San Francisco:  Yes  No If No, place of residence: \_\_\_\_\_

Pursuant to Charter section 4.101 (a)1, please state how your qualifications represent the communities of interest, neighborhoods, and the diversity in ethnicity, race, age, sex, sexual orientation, gender identity, types of disabilities, and any other relevant demographic qualities of the City and County of San Francisco:

I have been a resident of S.F. since 1974. As a member of the gay ~~committee~~ community, I have worked with Harvey Milk, as a HIV tester for the Sheriff's department, and multiple jobs in the health field. Currently, I live in a Baker Places facility. I am mental disable. I am the great niece of the photo journalist Gordon Parks.

**Business and/or professional experience:**

I have been attending the Mental Health board meetings for over 2 years. I ~~am~~ stay current with the world by reading the ~~New Times~~ New York Times everyday. I have a minor in psychology. (B.A.)

**Civic Activities:**

I have kept up with the local community politics for years. I know of past turf years. I have attended Board of Supervisor meetings.

Have you attended any meetings of the Board/Commission to which you wish appointment? Yes  No

For appointments by the Board of Supervisors, appearance before the RULES COMMITTEE is a requirement before any appointment can be made. (Applications must be received 10 days before the scheduled hearing.)

Date: 4/21/15 Applicant's Signature: (required) Joni L. Wood

**Please Note:** Your application will be retained for one year. Once Completed, this form, including all attachments, become public record.

**FOR OFFICE USE ONLY:**

Appointed to Seat #: \_\_\_\_\_ Term Expires: \_\_\_\_\_ Date Seat was Vacated: \_\_\_\_\_



Board of Supervisors
City and County of San Francisco
1 Dr. Carlton B. Goodlett Place, Room 244
(415) 554-5184 FAX (415) 554-7714

Application for Boards, Commissions, Committees, & Task Forces

Name of Board, Commission, Committee, or Task Force: Mental Health

Seat # or Category (If applicable): Consumer District: 9

Name: Nsomeka Gomes

Home Address: Andover Street Zip: 94110

Home Phone: 415- Occupation: Reader for the blind

Work Phone: n/a Employer: self-employed

Business Address: Zip:

Business E-Mail: Home E-Mail: nsomekag@

Pursuant to Charter Section 4.101 (a)2, Boards and Commissions established by the Charter must consist of electors (registered voters) of the City and County of San Francisco. For certain other bodies, the Board of Supervisors can waive the residency requirement.

Check All That Apply:

Registered voter in San Francisco: Yes [checked] No [ ] If No, where registered:

Resident of San Francisco [checked] Yes [ ] No [ ] If No, place of residence:

Pursuant to Charter section 4.101 (a)1, please state how your qualifications represent the communities of interest, neighborhoods, and the diversity in ethnicity, race, age, sex, sexual orientation, gender identity, types of disabilities, and any other relevant demographic qualities of the City and County of San Francisco:

I am a Afro-European lesbian of color and an active consumer of mental health services in San Francisco since 2005. I have been living and working in San Francisco with communities of color, the disabled community, and the LGBT community since 1992. I am familiar with the mental health systems of care and the myriad of complexities that consumers face when trying to access and sustain services.

**Business and/or professional experience:**

I have a BA in social sciences and spent two years in a graduate program studying social work and ethnic studies at San Francisco State University. Presently, I am working as a reader for a blind client. In the past, I have worked as a case manager and substance abuse counselor for HIV-disabled and mentally disabled clients struggling with poverty, substance abuse, chronic homelessness, domestic violence, and joblessness.  
I have been trained in the areas of cultural sensitivity, cultural competencies, harm reduction, medication management, HIV re/post counseling, AVATAR, Medi-Cal and public benefits such as SSI/SSDI/Calfresh.  
Finally, I interned and worked temporarily as a legislative aide where I gained valuable skills in preparing legislation from its initial conception to presenting it to the full Board of Supervisors. I have written press releases, dealt with the media, written resolutions, ballot measures, and amendments to Charters. I communicated well with others and have a working knowledge of state and federal laws and regulations.

**Civic Activities:**

I have volunteered much of my free time to various community-based organizations serving women and children, the disabled and low income communities of color. Most recently, I volunteered as a database coordinator for the East Bay Meditation Center and volunteered as a handy person serving elderly residents in a large facility.

Have you attended any meetings of the Board/Commission to which you wish appointment? Yes  No

For appointments by the Board of Supervisors, appearance before the RULES COMMITTEE is a requirement before any appointment can be made. *(Applications must be received 10 days before the scheduled hearing.)*

Date: June 16, 2015 Applicant's Signature: (required) Lena Nsomeka Gomes

(Manually sign or type your complete name.  
NOTE: By typing your complete name, you are hereby consenting to use of electronic signature.)

**Please Note:** Your application will be retained for one year. Once Completed, this form, including all attachments, become public record.

FOR OFFICE USE ONLY:  
Appointed to Seat #: \_\_\_\_\_ Term Expires: \_\_\_\_\_ Date Seat was Vacated: \_\_\_\_\_

June 15, 2015

Letter of Resignation for Lena Nsomeka Gomes

Given my asthma and my scent disorder, I have succumbed to illness working at many of Baker Places residential treatment facilities because of the chronic use of chemical cleaners, such as pine sol and heavily scented deodorants used by both clients and staff members. On a number of occasions I have asked the management if the chemical cleaners could be changed to alleviate my reactions, but no action has ever been taken.

My second issue is with the lack of adequate breaks and lunch breaks. I have been told on many occasions that I was not allowed to take lunch breaks outside or away from the facility. I spoke to the union who said they could not help me. I spoke to several managers who told me I had to stay in the facility in order to take a lunch break. This resistance to allow staff to take adequate lunch breaks away from the facility even when there is ample staff is illegal to the best of my knowledge.

Thirdly, I have been treated aggressively and threatened several times by male residents. I have felt afraid to return to work. Many of the facilities do not provide safe working conditions. I have asked for protection several times from managers and was told that there was nothing to be done because the residents were "acting out."

Fourthly, I asked a manager for an accommodation: to work day and afternoon shifts only do to my anxieties of having to work in unsafe environments. Although the accommodation was agreed upon, I was pressured by two managers immediately afterwards to work night shifts. When I mentioned the accommodation I had established, I was met with stern looks and an unwillingness to accommodate me.

Finally, there is a lack of sanitation and worked protections that are being neglected. I believe OSHA laws apply to staff member working in residential facilities with residents who have a number of illness which are contagious yet there is never adequate amounts of protective gloves and other garment to keep staff safe when having to perform specific duties that require interacting with a resident's urine, blood, and food.

For the reasons listed above, I have decided that I can no longer work in an unsafe and unprotected work environment, which lacks the basic safeguards listed under federal and state labor laws.

---

My resignation is effective as on June 15, 2015

Lena Gomes



Board of Supervisors
City and County of San Francisco
1 Dr. Carlton B. Goodlett Place, Room 244
(415) 554-5184 FAX (415) 554-7714

Application for Boards, Commissions, Committees, & Task Forces

Name of Board, Commission, Committee, or Task Force: Mental Health Board

Seat # or Category (If applicable): Consumer District:

Name: Gene Porfido

Home Address: Natoma St # Zip: 94103

Home Phone: 415 Occupation: student/musician

Work Phone: 4153367415 Employer:

Business Address: Zip:

Business E-Mail: Home E-Mail: smilinpig@

Pursuant to Charter Section 4.101 (a)2, Boards and Commissions established by the Charter must consist of electors (registered voters) of the City and County of San Francisco. For certain other bodies, the Board of Supervisors can waive the residency requirement.

Check All That Apply:

Registered voter in San Francisco: Yes [checked] No [ ] If No, where registered:

Resident of San Francisco [checked] Yes [ ] No [ ] If No, place of residence:

Pursuant to Charter section 4.101 (a)1, please state how your qualifications represent the communities of interest, neighborhoods, and the diversity in ethnicity, race, age, sex, sexual orientation, gender identity, types of disabilities, and any other relevant demographic qualities of the City and County of San Francisco:

Please refer to my cover letter for a more information Thank You. To Summarize: I have worked in creative (music, arts, journalism) industries since I was twelve years old. My greatest skills and talents lie in the ability to help others to realize their ideas, take their dreams and aspirations, and make them come to life. It's these skills and experiences, I try to put to use to help the Community in this City, where I have lived over 15 years. I share my life's knowledge, to the best of my abilities, through multiple agencies as a volunteer and advocate, and I am constantly seeking out new ways to benefit the Community where I live. Helping others reach beyond their limitations, as I have gratefully been able to do, allows people in similar situations, with similar disabilities, to realize that anything is attainable with hard work, a strong will, and support from your peers...

**Business and/or professional experience:**

40 plus years as a professional musician, recording and live engineer, music journalist/writer, and music producer. Ten years as a Community Advocate, received Mental Health Worker Certification Fall 2013 from CCSF, continuing studies; and community work.

**Civic Activities:**

Ten years, Community Advisory Board, three years consecutive elected Chair, Tom Waddell Urban Health Center  
San Francisco Health Plan Member Advisory Panel  
San Francisco Community Clinic Consortium Advisory Board  
Community Mental Health Worker Certificate City College of San Francisco 2013  
Healthcare for the Homeless National Community Advisory Board (5 years)  
Co-presenter at HCH Symposium Fall 2014, Berkeley College  
National Alliance on Mental Illness trained presenter 'In Our Own Voice' program  
Laura's Law subcommittee, Mental Health Board San Francisco; attend MHB regularly...  
Sixth Street Consortium, San Francisco  
Advocate for those who cannot advocate for themselves....

Have you attended any meetings of the Board/Commission to which you wish appointment? Yes  No

For appointments by the Board of Supervisors, appearance before the RULES COMMITTEE is a requirement before any appointment can be made. (*Applications must be received 10 days before the scheduled hearing.*)

Date: 5/4/2015 Applicant's Signature: (required) Eugene P Porfido

(Manually sign or type your complete name.  
NOTE: By typing your complete name, you are hereby consenting to use of electronic signature.)

**Please Note:** Your application will be retained for one year. Once Completed, this form, including all attachments, become public record.

FOR OFFICE USE ONLY:  
Appointed to Seat #: \_\_\_\_\_ Term Expires: \_\_\_\_\_ Date Seat was Vacated: \_\_\_\_\_

Eugene P Porfido

████ Natoma St, # █████  
San Francisco, CA 94103

(415) ██████ smilinpig@██████

**Application: Mental Health Board, Consumer**

This is my fourth overall application for a seat on the San Francisco Mental Health Board since January 2014, including one I withdrew (a Family seat) last fall because I felt other applicants were a better fit. My own ongoing relationship with mental health issues and regular therapy should qualify me without question for the currently open Consumer seat.

It is always my desire to share what I've learned both in school, and in life, in advocating and representing others. There are too many untended mental health problems and people needing assistance especially here in San Francisco. While mental health's consequences are slowly gaining recognition, it has historically taken a back seat to more visible and recognizable problems, like drug and alcohol addiction, diabetes and others. For it *is* a disease, a disease of the mind and soul, one that distorts who we are, how we think, and how we interact with others. Life is a long series of thoughts, actions, and interactions between human beings, and bad choices due to mental illnesses can have a life-long effect.

**Background:** I became permanently disabled in 2003 after more than 35 years as a well-respected musician, recording / live audio engineer, and industry journalist. Losing everything I had spent all those years being a part of, left me an empty shell, a person I had never know existed before. Confusion, anger, anxiety, fear, depression, doubt, anger; these thoughts replaced all the creative and expressive thoughts and ideas I had relied upon til then. Music and creativity were replaced with pain, and failure. The pain of my disability, the constant numbness, headaches and joint stiffness, mixed with the pain of depression, and personal loss, sent me sliding down a path of destruction that nearly ended my life.

I began therapy not long after I was legally deemed 'disabled'. I was shuffled through an inadequate and unorganized mental health system that used my illness a training tool for new therapists. It did NOT help *me*, as an individual. In fact, the constant rotation of young, unexperienced therapists only left me feeling more empty, misunderstood, and hopeless. I came to the conclusion after years of hating my life, myself, and what I had become, that recovery was ultimately in my hands; that through determination and desire, education, and advocacy, I could pick myself up, and restore my life through hard work and extreme dedication. In doing this, I realized my experiences and journey forward could impact others with similar issues in a positive way.

That's what brings me here.

Eugene P Porfido

\_\_\_\_ Natoma St, # \_\_\_\_\_

San Francisco, CA 94103

(415) \_\_\_\_\_ smilinpig@: \_\_\_\_\_

I began volunteering on the Tom Waddell Urban Health Center Community Advisory Board over ten years ago. I was elected Chair of the Community Advisory Board three years consecutive after serving as Secretary and Vice President numerous times. The Board has been instrumental in changing services, policies, and lives at our Clinic and will continue doing so.

Through the Clinic, I attended City College of San Francisco, beginning in 2010, with the Community Mental Health Worker Certificate program. I received my Certificate in September, 2013, thanks to the care and guidance of Program Directors Dr. Sal Nunez and his wife, Edith Guillen-Nunez. I have continued for over ten semesters at City College with a near perfect 3.97 GPA, and continue my education through the Fall 2015 semester. My one 'B'? Second year piano. And I've been playing over 30 years. Still can't figure that one out....

I also serve the Community with the San Francisco Health Plan's Member Advisory Panel, and I was recently asked to represent Tom Waddell on the San Francisco Community Clinic Consortium's Advisory Board, a position I accepted. I attend the Sixth Street Consortium meetings, when school doesn't intervene, in an effort to bring positive change to the neighborhood. I am a member of the Healthcare for the Homeless National Consumer Advisory Board and co-presented a workshop, on Advisory Boards and Clinic Governance, at their Berkeley College National Symposium last fall. And I am trained by NAMI in their 'In Our Own Voice' program. I have regularly attend the Mental Health Board meetings for over a year and a half now.

### **Closing**

It is my intention to continue sharing my knowledge, experiences, ideas, and yes, mistakes, with this City's community, until I've made a *real* difference. The failure of this City's mental health system, the past loss of programs and services to satisfy budget cuts, and the mis-direction that I experienced first hand, all tell me there is a strong need for people like me. Those who are living with mental illnesses and making an educated commitment to help advocate how we care for others. Sharing that commitment, sharing my voice is crucial. There are too many sick, misunderstood, misguided people who experience pain and depression. I have graciously been given just a small voice, the desire to use it... and, the experiences to make it valid. It is my hope that everyone who needs better care, better compassion, and a chance at a better life, will get their voices heard too. Through me.

I hope I can bring a sense of worth, value and responsibility to those in our communities that need it. Thank You for your consideration.

---

Eugene P Porfido

5/4/2015



## Health Education Department

50 Phelan Avenue • MUB 353 • SAN FRANCISCO, CA 94112 • (415) 239-3220 • FAX (415) 452-5162

September 24, 2014

Helene Brooke  
San Francisco Mental Health Board

**RE: Recommendation for Mr. Eugene Porfido for appointment to the San Francisco Mental Health Board, Consumer Seat, District 7**

I am writing to recommend Mr. Eugene Porfido for appointment to the San Francisco Mental Health Board, Consumer Seat, District 7.

I have known Mr. Porfido since Fall 2011 as a student in the Community Mental Health Worker Certificate Program, a program within the Health Education Department in City College of San Francisco. He received his Community Mental Health Worker Certificate in Fall 2013, and worked diligently to maintain a 4.0 GPA.

Mr. Porfido is engaged and committed, not only to his education but his community as well. Mr. Porfido has the ability to reflect on personal life experiences and utilize them to continue growing and engaging in the healing processes of communities. His lived experience, academic training and volunteerism evidence his commitment to the mental health field and community advocacy.

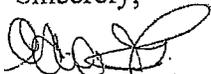
Mr. Porfido has been volunteering in the Healthcare Community in San Francisco for over nine years, and was recently re-elected for a third consecutive year as Chairman of the Tom Waddell Urban Health Center's Community Advisory Board. He is a member of the San Francisco Health Plan Advisory Panel and member of Sixth Street Consortium. He has been part of Healthcare for the Homeless National Consumer Advisory Board for four years. Mr. Porfido has received training in the NAMI "In Our Own Voice" Arts Anti-stigma program. Additionally, Mr. Porfido attends monthly

Mental Health Board meetings and was a member of Laura's Law Subcommittee.

Mr. Porfido's work within the mental health community, academic achievements excellence in school, and perseverance overcoming his challenges, make him an ideal candidate for the San Francisco Mental Health Board.

Please contact me if you need any further information or have any questions.

Sincerely,



Edith Guillen-Nunez, JD, LMFT  
Associate Director, Instructor  
Community Mental Health Certificate Program  
Health Education Department  
City College of San Francisco  
50 Phelan Avenue, MUB 353  
San Francisco, CA 94112  
eguillen@ccsf.edu  
415-452-7477



## Health Education Department

50 Phelan Avenue MUB 353 · SAN FRANCISCO, CA 94112 · 415.239.3220 · FAX 415.452.5162

September 30, 2014

Supervisor Norman Yee  
c/o City Hall  
1 Dr. Carlton B. Goodlett Place, Room 244  
San Francisco, Ca 94102-4689  
norman.yee@sfgov.org

Honorable Supervisor Yee,

Please accept this letter of recommendation for Mr. Eugene Porfido application for appointment to the San Francisco Mental Health Board, Consumer Seat, District 7.

I have known Mr. Porfido for approximately five years. He graduated from the Community Mental Health Worker Certification program at City College of San Francisco last September, and is currently pursuing his educational goals at CCSF. In addition to his academic accomplishments, Mr. Porfido has been diligently serving as a community advocate in San Francisco for approximately ten years.

Mr. Porfido regularly attends the City's Mental Health Board meetings, and engages in extensive advocacy through a number of national, city, and neighborhood Advisory Boards and organizations. His lived experience and life expertise paired with his education place him in a unique position of insight regarding local issues in the field of healthcare trends, service delivery, innovations, and systems of care transformation. Mr. Porfido believes he can make positive contributions that will assist in guiding transformation in the systems of care in San Francisco; and thereby impacting consumers of mental health service, family members and program development.

Mr. Porfido's passionate work in the community, his academic accomplishments, and personal perseverance make him a worthy candidate for the San Francisco Mental Health Board. Thank you for your consideration and attention.

Please feel free to contact me should the need arise.

Sincerely,

Sal Núñez, PhD, LMFT  
Licensed Psychologist  
Director, Community Mental Health Certificate  
Health Education Department  
City College of San Francisco  
50 Phelan Avenue, MU 353  
San Francisco, CA 94112  
[snunez@ccsf.edu](mailto:snunez@ccsf.edu)  
415-453-7387

### BOARD OF TRUSTEES

JOHN RIZZO, PRESIDENT · DR. ANITA GRIER, VICE PRESIDENT  
DR. NATALIE BERG · RAFAEL MANDELMAN · STEVE NGO · LAWRENCE WONG, ESQ.  
SHANNELL WILLIAMS, STUDENT TRUSTEE · DR. ROBERT AGRELLA, SPECIAL TRUSTEE  
DR. ARTHUR TYLER, CHANCELLOR



SF HEALTH NETWORK  
SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH

TOM WADDELL URBAN HEALTH  
230 GOLDEN GATE AVENUE / 50 LECH WALESIA STREET  
SAN FRANCISCO, CA 94102  
415-355-7400 (VOICE) 415-674-6380 (FAX)

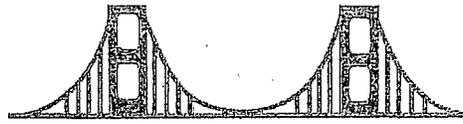
September 29, 2014

Dear Mental Health Board Members and To Whom It May Concern:

I hope that it is not too late to write this letter of recommendation for Gene Porfido, who is seeking to join the Mental Health Board of San Francisco. I have served as the staff representative on the Tom Waddell Urban Health Clinic's Community Advisory Board over the past year and, as a result, have had the great pleasure of working closely with Gene, who serves as the CAB's Chair (which he has done for three consecutive years – with nine years of service w/ the CAB in total!). As a result of Gene's tireless efforts and skilled leadership, the CAB, which had lost many members and, to some degree, its sense of purpose and momentum, has again flourished and profoundly aided the Tom Waddell community during this very challenging year.

In July of 2013, the primary care and behavioral health programs of the Tom Waddell Clinic, formerly located at 50 Ivy St., and the Housing and Urban Health Clinic, formerly located at 234 Eddy St., merged and moved into a new site at 230 Golden Gate. For obvious reasons, this transition posed many challenges, for patients and staff, and, simply put, has been enormously stressful. In great part due to Gene's leadership, the CAB has helped us to address many important and varied issues and concerns, ranging from how to best help patients through the registration process, how to abate noise in the waiting room, how to assure that patients were not lost during the transition to the new site, how to design and implement a patient satisfaction survey, and, perhaps most important, how to address staff morale issues. Gene has acted as the main driver (and inspiration) in each of these endeavors, and, additionally, he has modeled a tone and style for the rest of us that is greatly needed/appreciated (good humor, reliability, positivity, and flexibility).

Gene has a wealth of experience in the community advocacy realm. He has served on the San Francisco Health Plan Advisory Panel, as a member of the Sixth Street Consortium, as a member of the Healthcare for the Homeless National Consumer Advisory Board (4 years), and as a member of the SF Mental Health Board's Laura's Law Subcommittee (among others!). He is well-acquainted with general group process and has developed a facilitation style that is inclusive, efficient, and effective. Most importantly, Gene seems to enjoy his work and is committed to improving the communities of which he is a member or for which he is concerned.



**SF HEALTH NETWORK**  
SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH

**TOM WADDELL URBAN HEALTH**  
230 GOLDEN GATE AVENUE / 50 LECH WALESIA STREET  
SAN FRANCISCO, CA 94102  
415-355-7400 (VOICE) 415-674-6380 (FAX)

Again, Gene has been a central presence on the Tom Waddell CAB for nearly a decade. His commitment and consistency, in terms of reliability and personal style, has been unwavering. Simply, it is nice to be in Gene's company. He is universally well-loved and appreciated within the Tom Waddell community. It is with no reservations that I encourage you to consider Gene as a prospective member of the Mental Health Board – and if you need more information, please do not hesitate to call.

Sincerely,

Jason Blantz, NP, CNS

(415) 353-5081



September 24, 2014

[Norman.Yee@sfgov.org](mailto:Norman.Yee@sfgov.org)  
[hbrooke@mhbsf.org](mailto:hbrooke@mhbsf.org)

Dear Norman Yee and H. Brooke:

Please accept this letter in strong support of Gene Porfido's application to serve as a representative on the Mental Health Board (consumer seat). To my mind, he would provide a unique and useful perspective to your deliberations.

I know Gene in his role as Chair of Tom Waddell Urban Health's Community Advisory Board (CAB), of which he has been a member for 9 years and Chair for the last 3 years. Under his leadership, our CAB has grown in size and diversity, and he has facilitated the group's consideration of many important issues facing our patients, ranging from neighborhood safety to confidentiality protections to access to care services.

I hope that you will seriously consider his candidacy, and wish you well in your search for Board members.

Yours Truly,

Mark Alstead  
Administrator, Clinical Operations  
Tom Waddell Urban Health

CLINICAL EDUCATION AND TRAINING CENTER - MISSION HEALTH CENTER - CHILDREN'S HEALTH CENTER AT SFO  
COMMUNITY HEALTH SERVICES - COMMUNITY HEALTH PROGRAMS FOR ADULTS - CLINICAL CENTER - SAN FRANCISCO CENTER AT SFO  
VETERANS AFFAIRS CLINIC AT SFO - SAN FRANCISCO GENERAL AND SPECIALTY TOWER - MARIE HULL HEALTH CENTER  
SAN FRANCISCO HEALTH CENTER - SAN FRANCISCO HEALTH DEPARTMENT CLINIC - SAN FRANCISCO HEALTH CENTER - SAN FRANCISCO  
HEALTH CENTER - SAN FRANCISCO HEALTH CENTER - SAN FRANCISCO HEALTH CENTER - SAN FRANCISCO HEALTH CENTER  
MENTAL PROGRAMS - SAN FRANCISCO CLINIC ON TOWN STREET - SAN FRANCISCO CLINIC ON TOWN STREET

**TEDDY ADELSTEIN, PH.D., P.C.**

*Clinical Counseling - Personality and Neuropsychological Assessment*

150 Morning Sun Avenue, Mill Valley, CA 94941-3507

Telephone 415.381.2209 FAX 415.381.2249

PSY 12543

Marin - San Francisco

DATE: May 4, 2015

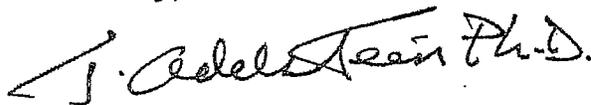
RE: Mr. Gene Porfido Recommendation

TO The Mental Health Board and the San Francisco Board of Supervisors

Mr. Gene Porfido has provided a "Release of Confidential Information" for submission of this recommendation. Mr. Gene Porfido has been a Psychotherapy client of mine since March 25, 2009. He was referred through the Mental Health Access Team, formerly part of "Healthy San Francisco". For the past ten years he has been devoted to advocacy work. He is a member of the Client Advisory Board of the Tom Waddell Health Center. He now serves as Vice-president and Treasurer on the Board.

He is committed to serving homeless mental health clients, himself trying to survive at a "subsistence" economic level, actually below subsistence. He is also a talented musician, and a truly kind person who seeks meaning in his life by helping others. Since the beginning of our work together he has earned a Community Mental Health Certificate while maintaining an exceptional 3.97 GPA. He is a member of the San Francisco Community Clinic Consortium Advisory Board and is a member San Francisco Health Plan Advisory Panel. He will continue his service to those in need within our community, in a productive manner and would be an excellent candidate for the position.

Sincerely,



Teddy Adelstein, Ph.D.

BOARD of SUPERVISORS



City Hall  
1 Dr. Carlton B. Goodlett Place, Room 244  
San Francisco 94102-4689  
Tel. No. 554-5184  
Fax No. 554-5163  
TDD/TTY No. 544-5227

## VACANCY NOTICE

### MENTAL HEALTH BOARD

Replaces All Previous Notices

NOTICE IS HEREBY GIVEN of the following vacancy:

Vacant seat 12, succeeding Errol Wishom, term expiring on January 31, 2015, must be a consumer, for a three-year term ending January 31, 2018.

**Additional Requirements:** At least nine members must be consumers or the parents, spouses, siblings or adult children of consumers; of these nine members, at least four must be consumers and at least four should be family of consumers. Additionally, one member must be a child advocate (a family member or consumer advocate for minors who use mental health services), one member must be an older adult advocate (a family member or consumer advocate for persons 60 years of age or older who use mental health services), and two members must be from the following professions: psychiatry, psychology, mental health social work, nursing with a specialty in mental health, marriage and family counseling, psychiatric technology or administrator of a hospital providing mental health services or of a community mental health facility. All other seats may be filled by persons with experience and knowledge of the mental health system representing the public interest.

**"Consumer"** is a person who has received mental health services in San Francisco from any program operated or funded by the City and County, from a State hospital, or from any public or private nonprofit mental health agency.

**Exclusions:** No member or his/her spouse shall be a full-time or part-time County employee of a County mental health service, an employee of the State Department of Mental Health, or an employee of, or a paid member of the governing body of, a Bronzan-McCorquodale contract agency.

**Reports:** An annual report on the needs and performance of the City and County's mental health system shall be submitted to the Board of Supervisors.

**Sunset Date:** None.

Additional information relating to the Mental Health Board may be obtained by reviewing Administrative Code, Section 15.12, available at <http://www.sfbos.org/sfmunicodes> or by visiting the Mental Health Board website at [www.sfgov.org/mental\\_health](http://www.sfgov.org/mental_health).

Interested persons may obtain an application from the Board of Supervisors website at [http://www.sfbos.org/vacancy\\_application](http://www.sfbos.org/vacancy_application) or from the Rules Committee Clerk, 1 Dr. Carlton

B. Goodlett Place, Room 244, San Francisco, CA 94102-4689. Completed applications should be submitted to the Clerk of the Board. All applicants must be residents of San Francisco, unless otherwise stated.

**Next Steps:** Applicants who are applying for seats 1 through 11 will be contacted by the staff of the Mental Health Board if they are appointed by the District Supervisor. Applicants applying for seats 12 through 16 and who meet minimum qualifications will be contacted by the Rules Committee Clerk once the Rules Committee Chair determines the date of the hearing. Members of the Rules Committee will consider the appointment at the hearing and applicants may be asked to state their qualifications. The appointment of the individual who is recommended by the Rules Committee will be forwarded to the Board of Supervisors for final approval.

*Please Note: Depending upon the posting date, these vacancies may have already been filled. To determine if vacancies for this Board are still available, or if you require additional information, please call the Rules Committee Clerk at (415) 554-4447.*

  
for Angela Calvillo  
Clerk of the Board

DATED/POSTED: December 30, 2014

San Francisco  
BOARD OF SUPERVISORS

Date Printed: February 6, 2015

Date Established: November 13, 1968

Active

---

**MENTAL HEALTH BOARD**

---

**Contact and Address:**

Helynna Brooke Executive Director  
Mental Health Board  
1380 Howard St, Suite 510  
San Francisco, CA 94103

Phone: (415) 255-3474

Fax: (415) 255-3760

Email: hbrooke@mhbsf.org

**Authority:**

---

California Welfare and Institutions Code, Section 5604 et seq.; and Administrative Code, Section 15.12 et seq. (Ordinance Nos. 15-80, 452-85, 98-93, and 337-99)

---

**Board Qualifications:**

---

California Welfare and Institutions Code, Section 5604 et seq.; and Administrative Code, Section 15.12 et seq. (Ordinance Nos. 15-80, 452-85, 98-93, and 337-99)

The Mental Health Board consists of seventeen (17) members:

- > Eleven (11) members: one (1) appointed by each of the District Supervisors; and
- > Six (6) members are appointed by the full Board of Supervisors; one (1) of whom shall be a member of the Board of Supervisors.

The California Welfare and Institutions Code, Section 5604, requires:

- > At least nine (9) members shall be Consumers or the parents, spouses, siblings or adult children of Consumers;
- > At least four (4) members shall be Consumers;
- > At least four (4) members shall be family of Consumers.
- > One (1) member shall be a child advocate (a family member or Consumer advocate for minors who use mental health services);
- > One (1) member shall be an older adult advocate (a family member or Consumer advocate for persons 60 years of age or older who use mental health services); and
- > Two (2) members shall be from the following professions: psychiatry, psychology, mental health social work, nursing with a specialty in mental health, marriage and family counseling,

"R Board Description" (Screen Print)

San Francisco  
BOARD OF SUPERVISORS

psychiatric technology, or administrator of a hospital providing mental health services or of a community mental health facility.

NOTE: A "Consumer" is a person who has received mental health services in San Francisco from any program operated or funded by the City and County, from a State hospital, or from any public or private nonprofit mental health agency. The Board of Supervisors member position shall not count in determining whether the Consumer and family of Consumer requirements of this section are met.

Any positions not allocated to specific types of members may be filled by persons with experience and knowledge of the mental health system representing the public interest.

Except for the Board of Supervisors member, the term of each member shall be for three years. No member shall serve more than two consecutive terms. The term of office of a member appointed by an individual Board of Supervisors member is not affected by the Board of Supervisors member no longer continuing in that office.

The Mental Health Board shall review and evaluate the City and County's mental health needs, services, facilities and special problems and other duties as stated in Administrative Code, Section 15.14.

Reports: An Annual Report shall be submitted to the Board of Supervisors on the needs and performance of the City and County's mental health system.

Sunset Date: None referenced.