

1 [Community-Based Doula Week - March 29 through April 5, 2026]

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3 **Resolution recognizing the week of March 29 through April 5, 2026, as Community-**
4 **Based Doula Week in the City and County of San Francisco.**

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6 WHEREAS, Community-based doulas provide continuous support to a birthing
7 individual during labor and delivery by helping them cope with the physical and mental
8 demands of giving birth and making the birthing experience better; and

9 WHEREAS, A doula is a trained companion who supports another individual through a
10 significant health-related experience, such as childbirth, miscarriage, induced abortion, or
11 stillbirth; and

12 WHEREAS, Doulas provide birth and postpartum support for new families through the
13 life-changing experience of having a baby; and

14 WHEREAS, Drawing on their specialized training and lived experiences to guide
15 birthing persons through labor and deliver, community-based doulas provide emotional
16 support and physical comfort that enhance the childbirth experience for the entire family; and

17 WHEREAS, Community-based doulas have at least one commonality with the birthing
18 person, which improves outcomes for underserved communities; and

19 WHEREAS, Community-based doulas remove barriers by meeting families prenatally
20 and postpartum in the home; and

21 WHEREAS, Community-based doulas address maternal health disparities; and

22 WHEREAS, Doulas across San Francisco help create positive childbirth experience
23 and work towards improved birth and infant health outcomes; and

24 WHEREAS, The San Francisco Board of Supervisors declared the first-ever
25 Community-Based Doula Week in 2022 with Resolution No. 142-22; now, therefore, be it

1 RESOLVED, That the San Francisco Board of Supervisors hereby recognizes the
2 week of March 29 through April 5, 2026 as Community-Based Doula Week in the City and
3 County of San Francisco.

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