

# Homeless Prenatal Program



**PATH & Jelani House:**  
Helping Families Start Healthy

HPP is a **Family Resource Center** that empowers low-income and homeless families, particularly mothers motivated by pregnancy and parenthood, to find within themselves the strength and confidence they need to transform their lives.



# HPP Clients

3500 families **served annually**

95% are **families of color**

59% are **homeless or unstably-housed**

25% are **pregnant**

All clients report incomes far below **the poverty line** (with the majority with incomes under \$20,000)



# PATH Program

## Emergency hotel housing for pregnant, homeless individuals with newborns

- Partnership with the Hotel Tropica
- Current capacity of 12
- Case Managers are well-trained in pre- and postnatal support – especially for those with at-risk pregnancies due to homelessness, substance abuse, mental health issues and other health challenges
- One-on-one assistance with housing search, application and move-in



# Jelani House



In partnership with the City of San Francisco, HPP launched a **transitional housing shelter** for pregnant women in the Bayview District.

A former convent, this site will be able to **shelter 17 pregnant and post-partum women**, providing 24-hour support, as well as assistance with permanent housing.

Since opening in 2020, Jelani House has had 56 residents, 42 of whom exited the program to permanent housing.



# Jelani House Programming

Case Management

1:1 Therapy

Substance Use Support

Centering Pregnancy

Breastfeeding Consultation

Parenting Support

Mama Baby Groups

Family Planning Support

CHW Pre-Apprenticeship

Housing Search

# Referral

The **Coordinated Entry System (CES)** is the City's main infrastructure for homeless services within the City of San Francisco, run by the Department of Homelessness and Supportive Housing (HSH).

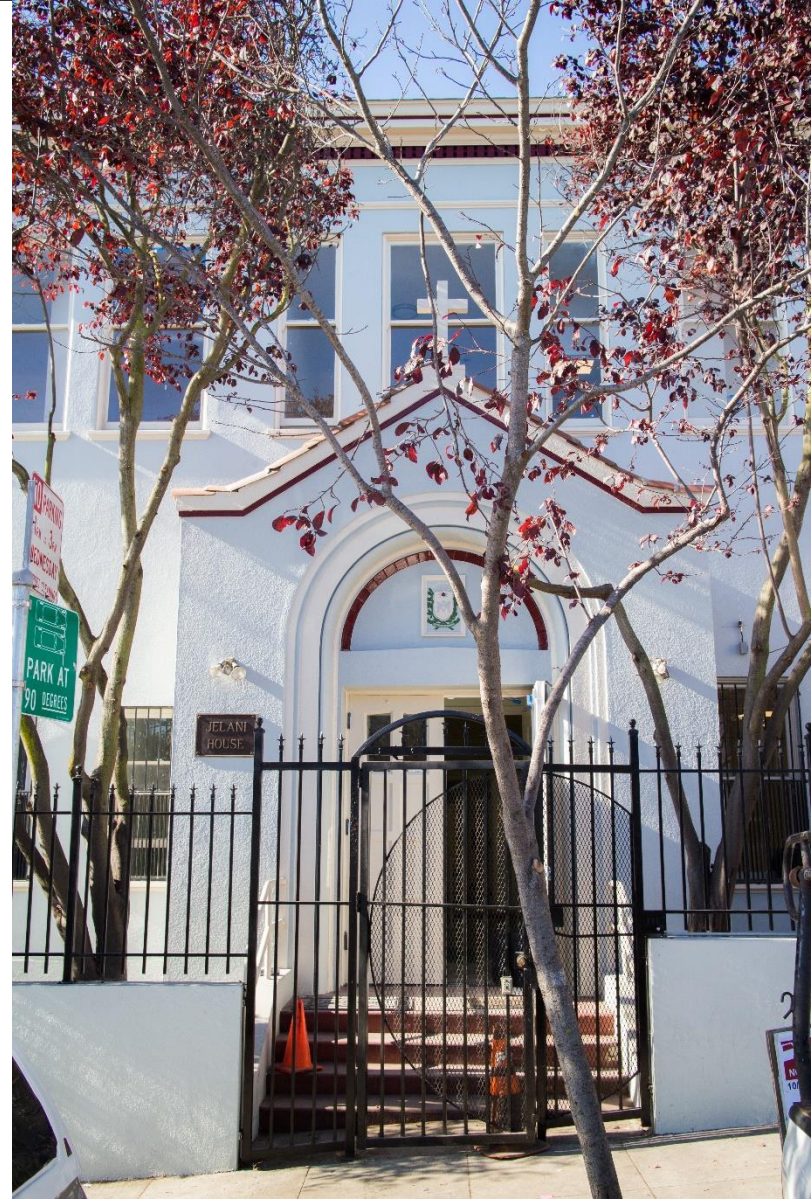


**Clients need to be referred to PATH and Jelani by CES.** HPP finds this system limiting, as women seeking support sometimes come to Jelani House seeking shelter.

Unfortunately, they are referred back to the CES system.

# Access Point

HPP would like to make Jelani House an **Access Point** for pregnant, homeless women, so that staff is able to provide immediate, client-centered assistance that ensures their health and safety.







# Homeless and low-income pregnant women are at increased risk for health complications:

- Pre-existing health challenges that can affect pregnancy
- Decreased likelihood to receive prenatal care
- Increased incidence of mental health challenge, often worsened by the homelessness experience

# Black Women & Prenatal Care



Compared to white women, Black women (regardless of economic factors):

- Have increased risk for maternal mortality (3-4x) in pregnancy and childbirth
- Have increased incidence of maternal complications
- Report feeling dismissed and undervalued by health care professionals

Racism has been shown to have a negative effect on health outcomes and is linked to persistent maternal health disparities.

# Community Support



In addition to prenatal care and housing, pregnant women and new families need **community**. While poverty alone can be isolating, many clients are further isolated by immigration, language, family dynamics and other social factors.

Jelani House (and PATH via HPP's Wellness Center) not only helps women grow into motherhood, but it helps new mothers grow a sisterhood.

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