

1 [National Wear Red Day]

2 **Resolution declaring February 1, 2008 as National Wear Red Day in San Francisco.**  
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4 WHEREAS, Disease of the heart is the nation’s leading cause of death, and stroke is  
5 the third leading cause of death; and

6 WHEREAS, Cardiovascular diseases (CVD) claim the lives of almost 460,000  
7 American females (about one death per minute) each year; and

8 WHEREAS, Each year, 53% of all cardiovascular disease deaths occur in females as  
9 compared to 47% in men, and about 32,500 more females than males die from a stroke; and

10 WHEREAS, In 2008, the direct and indirect cost of cardiovascular diseases in the U.S.,  
11 including stroke, is estimated to be \$448.5 billion; and

12 WHEREAS, More women die of heart disease, stroke, and all other cardiovascular  
13 diseases than the next five leading causes of death combined, including all cancers; and

14 WHEREAS, Only 21% of women consider cardiovascular disease their greatest health  
15 risk; and

16 WHEREAS, February is designated as American Heart Month; and

17 WHEREAS, Go Red For Women is the American Heart Association’s national call to  
18 increase awareness about heart disease—the leading cause of death for women—and to  
19 inspire women to take charge of their heart health; and

20 WHEREAS, All women should identify their own personal risk for heart disease, using  
21 tools such as the American Heart Association’s Go Red For Women Heart Check-Up, and by  
22 talking to their personal healthcare provider; now, therefore be it  
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RESOLVED, That the San Francisco Board of Supervisors, in recognition of the importance of the ongoing fight against heart disease and stroke, hereby proclaim Friday, February 1, 2008 to be National Wear Red Day in San Francisco; and be it

FURTHER RESOLVED, That the San Francisco Board of Supervisors urges all citizens to show their support for women and the fight against heart disease by commemorating this day by the wearing of the color red to increase awareness and to empower women to reduce their risk for cardiovascular disease.