

1 [Establishing Task Force]

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Resolution establishing a multi-disciplinary task force on childhood nutrition and physical activity.

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7 WHEREAS, The problem of overweight and unfit children has become a national epidemic and a health crisis with profound and devastating medical implications; and

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10 WHEREAS, The Board of Supervisors has heard testimony from the San Francisco Department of Public Health, the San Francisco Unified School District, the San Francisco Medical Society and others that San Francisco's children are increasingly suffering from type II diabetes, high-blood pressure, heart problems, breathing problems, bone and joint difficulties, low self esteem, depression, and stress as a result of being overweight and unfit, and that Latino, African-American and Pacific Islander children are at highest risk; and

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16 WHEREAS, The crisis is deeply rooted in many facets of the lives of our children, from poor nutrition, to dependence on fast foods, to limited physical activity and to increasing time spent in sedentary activities, including watching TV, playing video games, and using computers; and

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20 WHEREAS, The opportunities for a healthy childhood are limited by cultural and environmental conditions and obstacles including the lack of access to healthy food options in neighborhoods and schools, the lack of safe and secure physical environments conducive to social interaction and physical activity, and the marketing practices of the food industry; and

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24 WHEREAS, This problem will require a multi-pronged approach from many sectors of the City, including the Department of Public Health, the public schools, the Recreation and

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1 Park Department, the food industry and agricultural sector, the medical community,
2 community-based organizations, as well as parents and their children; and,

3 WHEREAS, San Francisco is well positioned to develop a model for the country in
4 addressing and preventing the problem of overweight and unfit children because of its
5 leadership already being demonstrated by many of its health professionals, its rich array of
6 community organizations, the commercial-free policies of its public schools, and its strong
7 record of coordination among children's agencies; now, therefore, be it

8 RESOLVED, That the Board of Supervisors of the City and County of San Francisco
9 does hereby establish a Task Force on Childhood Nutrition and Physical Activity to develop
10 and monitor the implementation of a comprehensive plan to address and prevent this serious
11 problem; and, be it

12 FURTHER RESOLVED, That the Task Force shall address the many elements of the
13 problem, including nutritional and fitness knowledge for parents, children, and communities,
14 the promotion of fast food as well as the lack of access to affordable and nutritious
15 alternatives in all San Francisco neighborhoods, and safe, culturally appropriate opportunities
16 for physical activities among children and youth, as well as methods to generate revenue to
17 support model interventions and best practices; and, be it

18 FURTHER RESOLVED, That the Task Force shall be chaired and convened by the
19 Director of the Department of Public Health (or his designee), and be comprised of 24 other
20 members, thirteen to be appointed by the top administrative officer of the following agencies
21 and organizations:

- 22 • Department of Children, Youth and Families
- 23 • Department of Public Health (in addition to the Task Force chair)
- 24 • San Francisco Unified School District
- 25 • Recreation and Park Department

Supervisor Leno, Maxwell

BOARD OF SUPERVISORS

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- 1 • Small Business Commission
- 2 • Hotel and Restaurant Workers Union, Local
- 3 • San Francisco Youth Commission
- 4 • San Francisco Unified School District Student Advisory Council
- 5 • San Francisco Medical Society
- 6 • YMCA of San Francisco
- 7 • American Academy of Pediatrics, Western Region, Chapter 1, District 9
- 8 • A foundation or community-based organization with expertise in childhood fitness
- 9 • An association of regional farmers and food producers involved in sustainable
- 10 agriculture;

11 And one appointee by each member of the Board of Supervisors, to be a parent, young
12 person age 23 or under, child advocate, health professional, fitness expert, or nutrition expert
13 concerned and knowledgeable about this issue; and, be it

14 FURTHER RESOLVED, That the Task Force members shall be appointed for a one
15 year term and that this Task Force shall meet on a regular and consistent basis beginning
16 June 2, 2003 and sunseting June 2, 2004; and, be it

17 FURTHER RESOLVED, That the lead agency for this Task Force shall be the
18 Department of Public Health; and, be it

19 FURTHER RESOLVED, That the Task Force shall coordinate its efforts with the San
20 Francisco Unified School District task force on the same issue and shall coordinate and
21 support existing programs; and, be it

22 FURTHER RESOLVED, That the Task Force acknowledges and supports San
23 Francisco's non-discrimination policy regarding height and weight and shall ensure that its
24 work is conducted with respect for all children; and, be it

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1 FURTHER RESOLVED, That this Task Force shall submit a progress report within six
2 months of the establishment of this Task Force and shall submit a final report at its sunset
3 detailing its findings, concerns, and recommendations to the Board of Supervisors.
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