1	[Accept-Expend Federal Grant Funds.]
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3	Resolution authorizing the San Francisco Fire Department to retroactively accept and
4	expend a grant in the amount of \$1,173,212 from the Federal Emergency Management
5	Agency (FEMA) to develop and implement a Wellness and Fitness Program.
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7	WHEREAS, Fire Department uniformed employees must maintain a high level of health
8	and fitness so they are well prepared to respond to the over 100,000 calls for service that the
9	Department receives annually; and
10	WHEREAS, City analysts found that Fire Department uniformed employees have a
11	significant number of disability and workers compensation claims that may be due to stressful
12	and unpredictable working conditions; strenuous lifting of heavy equipment and
13	patients/victims; and sedentary periods followed by situations that require exertion; and,
14	WHEREAS, The Department offers certain health programs to its uniformed
15	employees, including medical examinations, immunizations, infectious disease screening,
16	audiograms, and behavioral health programs; and,
17	WHEREAS, Many Department Fire Stations have exercise equipment that does not
18	meet current standards for maintaining physical fitness; and,
19	WHEREAS, A Wellness and Fitness Program would help mitigate the number of work-
20	related injuries and lost work hours, reduce cardiovascular disease and the effects of aging
21	among Fire Department uniformed employees, and support the Mayor's Executive Directive
22	05-11; and,
23	WHEREAS, The FEMA grant gives the City funding to increase the number of physical
24	medical examinations provided to employees annually, to provide new fitness assessments

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1	for uniformed employees, to train field employees as peer fitness trainers, and to purchase		
2	new exercise equipment for Fire Department facilities; and,		
3	WHEREAS, The Fire Commission recommended approval of this grant at its meeting		
4	on March 13, 2008; and,		
5	WHEREAS, The grant does not require an ASO amendment; and,		
6	WHEREAS, The grant requires the City to provide matching funds worth 20 percent of		
7	the total award, or \$293,303; and,		
8	WHEREAS, The Fire Department proposes to maximize the use of the grant funds on		
9	program expenditures by not including indirect costs in the grant budget; now, therefore, be it		
10	RESOLVED, That the Board of Supervisors authorizes the Fire Department to accept		
11	and expend grant funds in the amount of \$1,173,212 from the Federal Emergency		
12	Management Agency; and, be it		
13	FURTHER RESOLVED, That the Board of Supervisors hereby waives inclusion of		
14	indirect costs in the grant budget; and, be it		
15	FURTHER RESOLVED, That the Chief of the Fire Department is hereby authorized		
16	and empowered to execute, deliver, and perform, in the name of the City and County of San		
17	Francisco, all applications, contracts, agreements, amendments, and payment requests		
18	necessary for the purpose of securing the FEMA grant funds and to implement and carry out		
19	the purposes specified in the applicable grant application.		
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21	Recommended:	Approved:	
22	Towns M. Harris M. P.	Fig. O. and in the	
23	Joanne M. Hayes-White Chief of Department	Fire Commission Andy Zanoff, Acting Commission Secretary	
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2	Mayor Gavin Newsom
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4	Controller Edward Harrington
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