

1 [Establishing Task Force]

2

3

4 **Resolution establishing a multi-disciplinary task force on childhood nutrition and**
5 **physical activity.**

6

7

8 WHEREAS, Lifelong habits related to nutrition and fitness are established during
9 childhood and adolescence, with lifelong consequences for health and well-being; and

10

11

12 WHEREAS, The widespread lack of healthy lifestyles for children has become a
13 national epidemic and a health crisis with profound medical implications; and

14

15

16

17 WHEREAS, The Board of Supervisors has heard testimony from the San Francisco
18 Department of Public Health, the San Francisco Unified School District, the San Francisco
19 Medical Society and others that increasing numbers of children are experiencing type II
20 diabetes, high blood pressure, heart problems, breathing problems, bone and joint difficulties,
21 low self esteem, depression, and stress as a result of being unfit, and that Latino, African
22 American and Pacific Islander children are at highest risk for these health problems; and

23

24

25

26 WHEREAS, The crisis is deeply rooted in many facets of the lives of our children, from
27 poor nutrition, to dependence on unhealthy foods, to limited physical activity and to increasing
28 time spent in sedentary activities; and

29

30

31

32 WHEREAS, The opportunities for a healthy childhood are limited by cultural and
33 environmental conditions and obstacles including the lack of access to healthy food options in
34 neighborhoods and schools, poor information concerning nutrition; the lack of safe and
35 secure physical environments conducive to social interaction and physical activity, and the
36 marketing practices of some sections of the food industry; and

37

38

39

1 WHEREAS, This problem will require a multi-pronged approach from many sectors of
2 the City, including the Department of Public Health, the public schools, the Recreation and
3 Park Department, the food industry and agricultural sector, the medical community, civil rights
4 organizations, community-based organizations, as well as families and their children; and,

5 WHEREAS, It is important that a health-centered solution is implemented that does not
6 lead to the stigmatization or harassment of young people; now, therefore, be it,

7 RESOLVED, That the Board of Supervisors of the City and County of San Francisco
8 does hereby establish a Task Force on Childhood Nutrition and Physical Activity to develop a
9 comprehensive plan to address and prevent this serious problem; and, be it

10 FURTHER RESOLVED, That the Task Force shall address the many elements of the
11 problem, including the need for nutritional and physical activities knowledge for families,
12 children, and communities, the need for access to affordable and nutritious alternatives to
13 unhealthy foods in all San Francisco neighborhoods, and the need for safe, culturally
14 appropriate opportunities for physical activities among children and youth, as well as the need
15 to find ways to generate revenue to support model interventions and best practices; and, be it

16 FURTHER RESOLVED, That the Task Force shall be chaired and convened by the
17 Director of the Department of Public Health (or his designee) who shall not be a voting
18 member of the Task Force, and be comprised of the following 19 members of which 16 shall
19 be voting members appointed by and serving at the pleasure of the Board:

- 20 • one (1) member to include the director of the Department of Children, Youth and
21 Families or his/her appointed representative who shall not be a voting member of
22 the Task Force
- 23 • one (1) member to include the Superintendent of the San Francisco Unified School
24 District or his/her appointed representative who shall not be a voting member of the
25 Task Force

- 1 • one (1) member to include the director of the Recreation and Park Department or
2 his/her appointed representative who shall not be a voting member of the Task
3 Force
- 4 • one (1) member from the Small Business Commission
- 5 • one (1) member from the Hotel and Restaurant Workers Union, Local
- 6 • one (1) member from the San Francisco Youth Commission
- 7 • one (1) member who is a young person age 23 or under
- 8 • one (1) member who is a parent or guardian
- 9 • one (1) member who is a child advocate
- 10 • one (1) member from the San Francisco Unified School District Student Advisory
11 Council
- 12 • one (1) member from a civil rights organization ~~on size issues~~ addressing weight
13 size discrimination
- 14 • one (1) member from ~~a medical accessibility organization~~ an organization
15 specializing in weight-related medical care access issues
- 16 • one (1) member who is a pediatrician
- 17 • one (1) member who is a child psychologist with expertise in eating disorders
- 18 • one (1) member from a research organization with expertise in childhood nutrition
19 and physical fitness
- 20 • one (1) member who is a public policy professional with an expertise in health and
21 legislation
- 22 • one (1) member from a foundation or philanthropic organization with an interest in
23 physical activity and healthy eating
- 24 • one (1) member from an association of regional farmers and food producers
25 involved in sustainable agriculture

- 1 • one (1) member from an organization that implements size-neutral youth physical
2 activity programs

3 and, be it

4 FURTHER RESOLVED, That the Task Force members shall be appointed for a one
5 year term and that this Task Force shall meet on a regular and consistent basis of at least
6 once a month beginning from the date that the appointment of a quorum of the voting
7 membership of the Task Force becomes effective; and, be it

8 FURTHER RESOLVED, That the lead agency for this Task Force shall be the
9 Department of Public Health; and, be it

10 FURTHER RESOLVED, That the Task Force shall coordinate its efforts with the San
11 Francisco Unified School District Nutrition and Physical Fitness Advisory Committee and shall
12 coordinate and support existing programs; and, be it

13 FURTHER RESOLVED, That the Task Force acknowledges and supports San
14 Francisco's non-discrimination policy regarding height and weight and shall ensure that its
15 work is conducted with respect for all children; and, be it

16 FURTHER RESOLVED, That this Task Force shall submit a progress report within six
17 months of the establishment of this Task Force and shall submit a final report at its sunset
18 detailing its findings, concerns, and recommendations to the Board of Supervisors; and, be it

19 FURTHER RESOLVED, That the Task Force shall sunset one year from the date that
20 the appointment of a quorum of the voting membership of the Task Force becomes effective
21 unless extended by the Board of Supervisors.

22

23

24

25