

San Francisco – Mental Health Services Act

FY2022-2023 Annual Update

November 10, 2022



San Francisco Health Network
Behavioral Health Services



MHSA - State Funds Overview



MHSA Enacted into state law in 2005



1% tax on personal income over \$1 million, distribution and administration by the state of California



Designed to support the transformation of the mental health system to address unmet needs



Based on a set of core principles including:
Cultural Competence; Community Collaboration; Client, Consumer, and Family Involvement; Integrated Service Delivery; and Wellness and Recovery

Behavioral Health Services (BHS)

In San Francisco, MHSAs state revenues fund services and activities provided by Behavioral Health Services.

BHS offers a full range of specialty behavioral health services provided by a culturally diverse network of community behavioral health programs and private psychiatrists, psychologists and therapists.

Mental Health and Substance Use Services include outpatient treatment, inpatient treatment, medication management, linkage services and a large array of more specialized treatment services.

Services are available to residents of San Francisco who receive Medi-Cal benefits, San Francisco Health Plan benefits and to residents with limited resources.

MHSA guidelines restrict spending on substance use disorder.



FY22/23 MHSA Annual Update



- Each year BHS/MHSA is required by the State to present annual update to local legislative bodies.
- The FY22/23 Annual Update is a report that includes community program planning input, program outcomes/highlights from FY20/21 and plans for FY22/23.
- **It is important to note that the State determines funding categories and administers funds to all CA counties, including San Francisco.**
- **CA counties are required to plan for local needs in collaboration with community members and stakeholders and submit to State for approval.**

MHSA's State Required 5 Funding Components

Community Services
& Supports (CSS)



Workforce Education
and Training (WET)



Prevention and Early
Intervention (PEI)



Innovation (INN)



Capital Facilities



San Francisco's 7 Service Categories based on the State's Funding Components

1. Recovery-Oriented Treatment
2. Mental Health Promotion
3. Peer-to-Peer Support Services
4. Vocational Services
5. Housing for Full Service Partnership Clients
6. Workforce Development
7. Capital Facilities and Information Technology

San Francisco MHSA Programs

The state approved SF MHSA to fund **83 programs** in FY20-21, which served **46,355 unduplicated individuals**.

Highlights include:

15 Population-focused Programs

12 Full-Service Partnership Programs

7 Peer Programs

8 Behavioral Health Workforce Development Programs

9 Vocational Programs

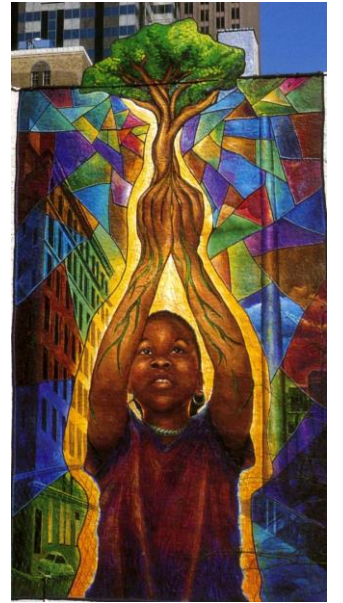
6 Recovery-Oriented Treatment Programs

14 Mental Health Promotion & Early Intervention Programs

4 Supporting Housing Programs (~200 units)

4 Capital Facilities & Information Technology Programs

4 Innovation Programs



MHSA State Approved Innovative Projects

Technology-Based Mental Health Solutions

- **24/7 Peer Chat** with a trained peer specialist, connection to local resources, and peer-led outreach and engagement activities.
- Priority population for this project includes transitional age youth (TAY) and socially isolated transgender adults.

Family Unification and Emotional Resiliency Training (FUERTE)

- **Curriculum** built on theory and evidence-based practices.
- Target: Newcomer **Latinx immigrant youth** (12 to 18) in the SF Unified School District.
- Designed **to address trauma, violence, feelings of inadequacy** and acculturation.

The Intensive Case Management/Full-Service Partnership programs to Outpatient Transition Support Project

- An autonomous **peer linkage team** that provides both **wraparound services and a warm hand off** from intensive case management to outpatient programs.
- **Engage clients in the mental health system** to avoid and minimize any disruption in services.

Online Learning Management System

- **Training tool** to increase access to staff training activities.
- Professional development and continuing education credits **for an array of topics.**



New Innovation Project

We are pleased to announce the State approved **a new innovation project for five-years, with a total budget of \$5,400,000 to increase culturally congruent practices for the Black/African American communities.**

This project launched in January 2022 and utilizes innovative and culturally congruent interventions that have not previously been offered to San Francisco's Black/African American communities. This project includes four (4) primary learning goals.

- 1. Implement and evaluate new outreach and engagement practices for Black/African American clients including those who are currently underserved by the County mental health plan.**
- 2. Implement and evaluate culturally adaptive interventions and practices that increase consumer satisfaction, efficacy and retention.**
- 3. Implement and evaluate the efficacy of using peers with lived experience who represent the Black/African American communities and have specialized expertise working with this population.**
- 4. Develop a wellness-oriented manualized curriculum that emphasizes elements of the Sankofa framework.**

Peer Specialists are Critical to MHSA

- **MHSA emphasizes the importance of consumer participation in the mental health workforce.**
 - Peer Certification programs were created in collaboration with Richmond-Area Multi-Services, San Francisco State, and City College of San Francisco.
 - MHSA programs are encouraged to hire peers as members of program staff.
 - **SF-MHSA funded 323 peers in FY20/21** throughout our behavioral health system.
 - Consumers can be found working in almost all levels and types of positions, including: peer counselors, health promoters, community advocates, workgroup leaders, teaching assistants, and in management.

Emphasis on Evaluation

We place a strong emphasis on program evaluation across the MHSAs components. Over the past years, we worked hard to enhance our monitoring and evaluation activities in order to effectively meet the objectives of our MHSAs-funded programs.



- ✓ Increased the integration of MHSAs principles into the larger BHS system
- ✓ Improved tracking efforts of intensive case management to outpatient referrals and outcomes
- ✓ Increased evaluation efforts of innovation projects
- ✓ Improved SMART objectives for MHSAs contracts
- ✓ Improved evaluation frameworks for new Request for Qualifications (RFQs)
- ✓ Increased evaluation efforts with Gender Health SF
- ✓ Improved the monitoring of Prevention/Early Intervention evaluation activities

FY20/21 Performance Highlights



Full-Service Partnership Programs

- ✓ **The proportion of justice-involved adult clients decreased over two-fold**; resulting in **6462 fewer days spent in criminal justice settings**.

Population-Focused Programming

- ✓ **A total of 19,140 clients were served through our population-focused services** that emphasize equity and address racial discrimination.

Stigma Reduction Programming

- ✓ **95%** of participants reported an **increased understanding in mental health recovery**.

i-Ability Vocational IT Program

- ✓ **100%** of graduates reported an **improvement in development of work readiness** skills.

Peer-to-Peer Support Services

- ✓ **A total of 5,764 clients were served by peer specialists** throughout BHS.

Thank You



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