

# UCSF Psychiatric Emergency Services

June 28, 2022

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## UCSF's 150-year Partnership with the City

- SF General and Toland Medical School co-located on Telegraph Hill in 1860's.
- Today all ZSFG physicians are UCSF faculty
- Regular collaboration between UCSF Psychiatry and SFDPH Behavioral Health
- SFDPH Director Dr. Grant Colfax is former UCSF faculty
- ZSFG Exec. Director Dr. Susan Ehrlich graduated from UCSF School of Medicine



Left Toland Medical School, Right County Hospital



Dr. Susan Ehrlich



**Dr. Grant Colfax** 



## **UCSF** Psychiatric Care

#### **UCSF Medical Center**

Parnassus Heights



## **Langley Porter Psychiatric Hospital**

Parnassus Heights



## **Zuckerberg San Francisco General Hospital**





# **UCSF** Psychiatry Beds Are Growing

#### **New Hospital at Parnassus Heights**

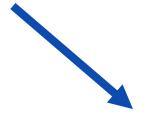
- Total Emergency Department Rooms: 43 71
- Behavioral Health Treatment Rooms: 4 > 8



#### **Langley Porter Psychiatric Hospital and Clinics**

- 22 inpatient beds
- 436 inpatient visits / year
- Demolition begins fall 2023





#### **UCSF Mt. Zion Hospital**

- Adding 8 inpatient beds for total of 30
- Opens May 2023



#### **UCSF Pritzker Psychiatry Building**

- Outpatient clinics opened June 2022
- Located in Dogpatch
- 56,678 visits / year





### **UCSF** Behavioral Health Patients

Q1 2022

### 485 behavioral health patients in the E.D.

- 5150 Hold
- Emergency Department Hold
- Average length of stay: 25.7 hours.

### 221 (45.5%) admitted or transferred

- Co-existing medical issues (e.g. an overdose that requires monitoring)
- ED length of stay is too long (72 hours or more)
  and there is nowhere else we can send them.
- Average length of stay if admitted: 14 days
- 264 (54.5%): Discharged from E.D.









# Behavioral Health Staffing

### **Emergency Department Staffing**

- 1 nurse / 4 patients
- 1 security/ every 4 patients on 5150 hold
- Part time psychiatric nurse practitioner
- Dedicated psychiatric social worker



### **Inpatient Staffing**

- 1 nurse / 6 patients

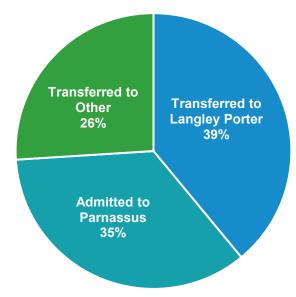




# Placement in Long-term Treatment

### 221 E.D patients required inpatient admission in Q1

- 86 (39%) transferred to UCSF Langley Porter
- 77 (35%) admitted to Parnassus
  - nowhere else to place them
  - no one else would accept them
  - co-occurring medical conditions
- 58 (26%) transferred to other inpatient facilities.



### Patients are difficult to place if they have:

- Medi-Cal or are uninsured, because fewer placement options.
- Serious behavioral issues or serious medical problems.



## **UCSF** is Working To...

- Better align discharge options with SFDPH
- Increase E.D. psychiatry staffing
  - Treat patients earlier
  - Discharge more individuals







# **Questions?**

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