

San Francisco Department of Public Health Division of Behavioral Health Services

A Better Way

Contract Amendment – December 31, 2023, through June 30, 2027

SFBOS Budget & Finance Committee
December 6, 2023

Farahnaz Farahmand, Ph.D.

Director, Children, Youth and Families System of Care
Behavioral Health Services
San Francisco Department of Public Health



San Francisco Health Network
Behavioral Health Services

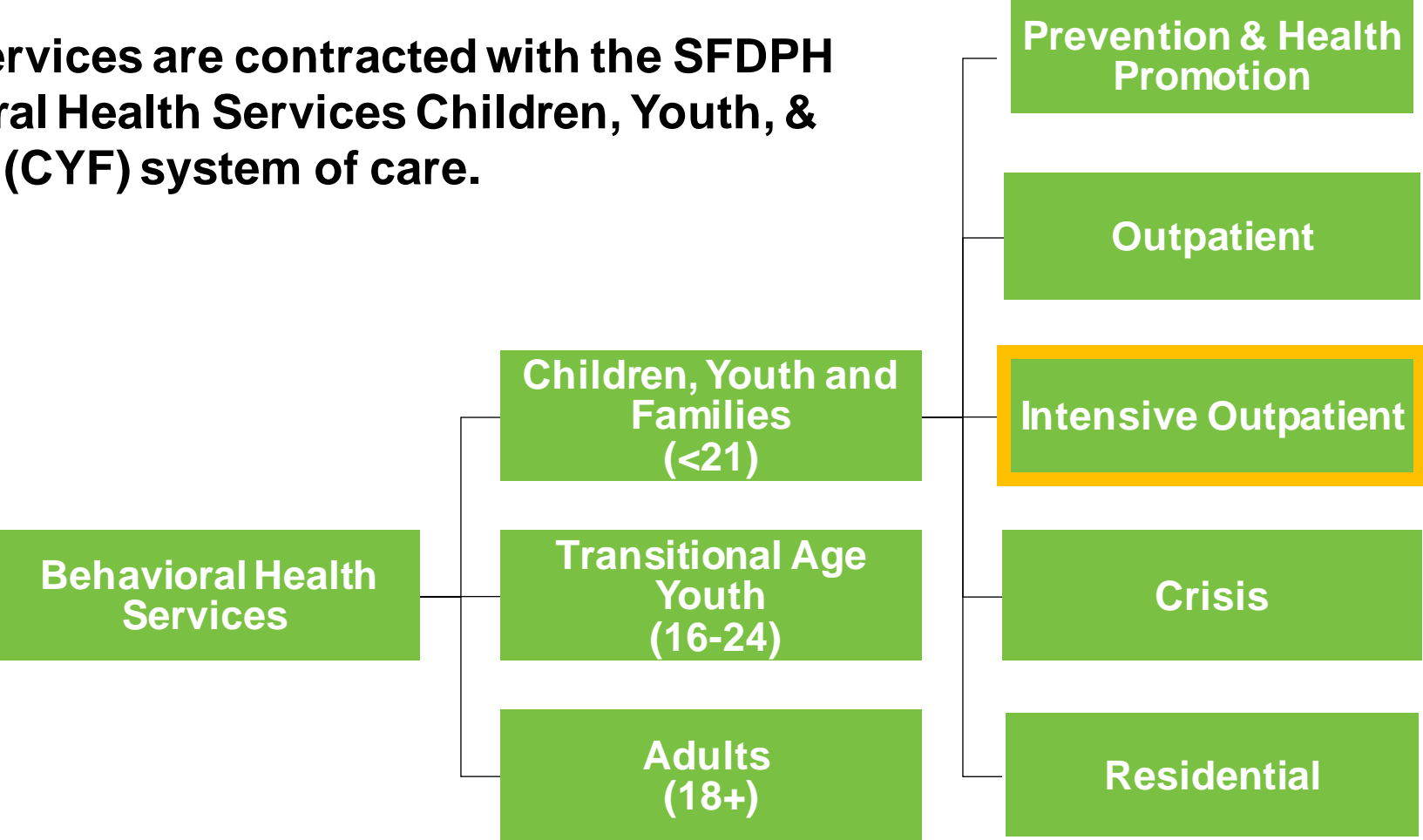
Under the proposed amendment, **A Better Way San Francisco** would continue to provide:

- Intensive outpatient behavioral health services for children and youth (ages 0-21) and their caregivers.
 - **Early Childhood Mental Health Services:** Dyadic/Family Treatment and case management services for up to 24 children (0-5 years old) and their caregivers.
 - **Mental Health Outpatient Services:** Individual/Family therapy and case management services for up to 80 children/youth (6-21 years old) and their caregivers.
- Focus on foster care population, with close collaboration with Human Services Agency-Child Welfare Division.
- Plan is to combine these into one program that serves foster care children/youth ages 0-21 and families, while retaining staff specialized to serve children 0-5.



Services for Children, Youth (<21), and Families

These services are contracted with the SFDPH Behavioral Health Services Children, Youth, & Families (CYF) system of care.



A Better Way Intensive Outpatient Services

- A Better Way is contracted to serve about 11% (104) of all intensive outpatient services for children, youth and families in our system (>940 clients).
- Clients are referred by Foster Care Mental Health.
- Services are culturally responsive and trauma-informed.
- The Intensive Outpatient Program is a higher level of specialty mental health treatment to meet needs of families.
- Services include Intensive Care Coordination and In-Home Behavioral Support aligned with a Child and Family Team process, focused on family-centered care.
- Participants can be referred to other services and levels of care as needed.

Proposed Resolution

- DPH agrees with BLA recommendations
- DPH requests approval of proposed resolution

Thank You



San Francisco Health Network
Behavioral Health Services