

San Francisco Department of Public Health Division of Behavioral Health Services

A Better Way

Contract Amendment – December 31, 2023, through June 30, 2027

SFBOS Budget & Finance Committee
December 6, 2023

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Behavioral Health Services
San Francisco Department of Public Health



San Francisco Health Network
Behavioral Health Services

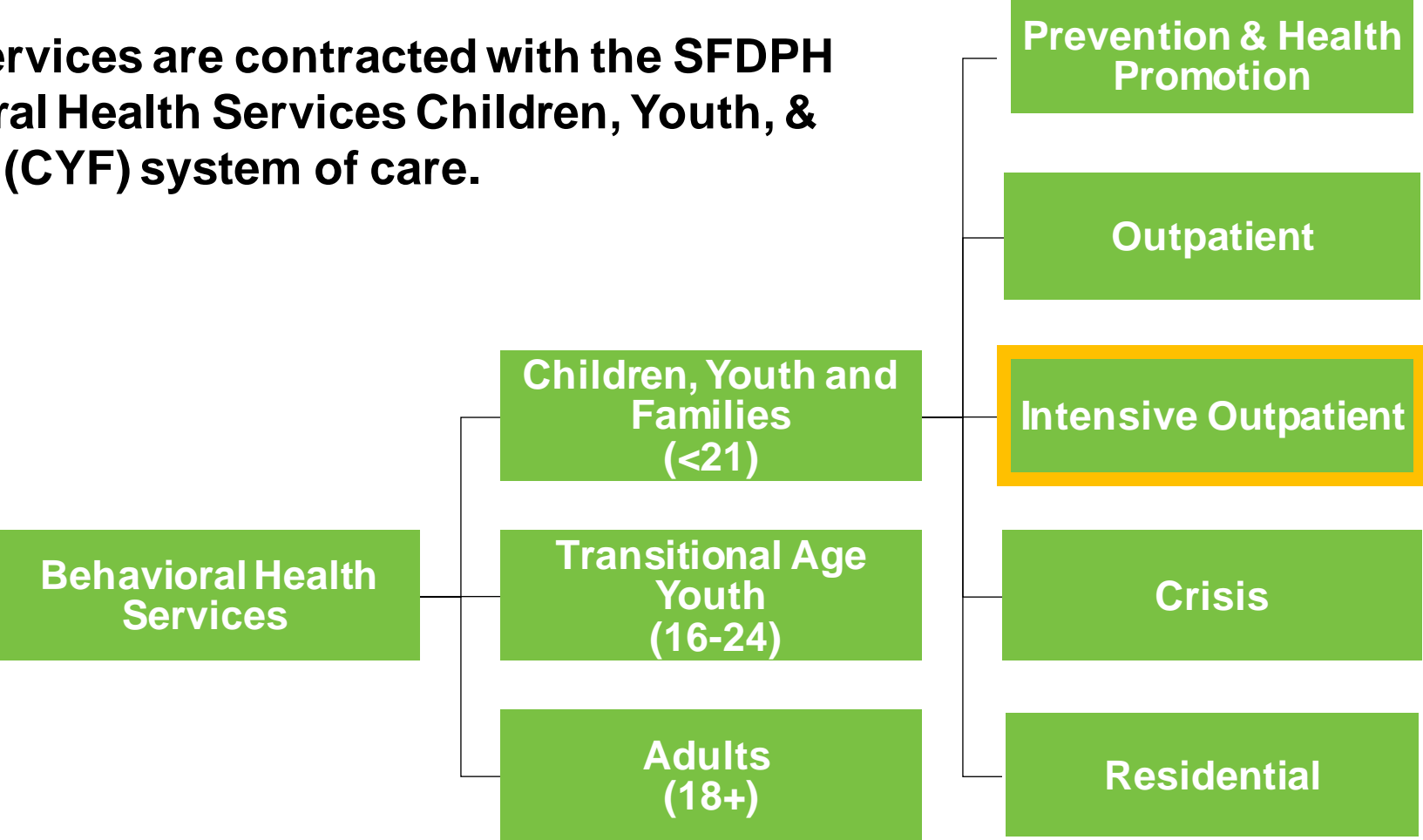
Under the proposed amendment, **A Better Way San Francisco** would continue to provide:

- Intensive outpatient behavioral health services for children and youth (ages 0-21) and their caregivers.
 - **Early Childhood Mental Health Services:** Dyadic/Family Treatment and case management services for up to 24 children (0-5 years old) and their caregivers.
 - **Mental Health Outpatient Services:** Individual/Family therapy and case management services for up to 80 children/youth (6-21 years old) and their caregivers.
- Focus on foster care population, with close collaboration with Human Services Agency-Child Welfare Division.
- Plan is to combine these into one program that serves foster care children/youth ages 0-21 and families, while retaining staff specialized to serve children 0-5.



Services for Children, Youth (<21), and Families

These services are contracted with the SFDPH Behavioral Health Services Children, Youth, & Families (CYF) system of care.



A Better Way Intensive Outpatient Services

- A Better Way is contracted to serve about 11% (104) of all intensive outpatient services for children, youth and families in our system (>940 clients).
- Clients are referred by Foster Care Mental Health.
- Services are culturally responsive and trauma-informed.
- The Intensive Outpatient Program is a higher level of specialty mental health treatment to meet needs of families.
- Services include Intensive Care Coordination and In-Home Behavioral Support aligned with a Child and Family Team process, focused on family-centered care.
- Participants can be referred to other services and levels of care as needed.

Proposed Resolution

- DPH agrees with BLA recommendations
- DPH requests approval of proposed resolution



Thank You



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