### San Francisco – Behavioral Health Services Act

FY24-25 Annual Update

November 14, 2024





### Behavioral Health Services (BHS)

BHS offers a full range of specialty behavioral health services provided by a culturally diverse network of community behavioral health programs and private psychiatrists, psychologists and therapists.

Mental Health and Substance Use Services include outpatient treatment, inpatient treatment, medication management, linkage services and a large array of more specialized treatment services.

Services are available to residents of San Francisco who receive Medi-Cal benefits, San Francisco Health Plan benefits and to residents with limited resources.



### Behavioral Health Services Act Overview



BHSA enacted into law in 2005





1% tax on personal income over \$1 million



In March 2024, voters passed Prop 1



The new law includes the Behavioral Health Services Act (BHSA) and a \$6.4 billion Behavioral Health Bond for community infrastructure and housing with services

## FY24-25 Annual Update



Each year BHS/BHSA is required to collect community and stakeholder input and integrate this feedback into all areas of BHSA programming. A Three-Year Integrative Plan or Annual Update is required each year.

The FY24-25 BHSA Annual Update is a report that provides an update to the BOS approved FY23-26 MHSA Three-Year Integrative Plan. The Annual Update includes community program planning input, program outcomes/highlights from FY22-23 and plans for FY24-25.

Per new BHSA regulations that were passed as a result of Proposition 1 in March 2023, counties are required to finish the FY24-25 and FY25-26 MHSA Annual Updates before starting the new FY26-29 BHSA Three-Year Integrated Plan. Therefore, you will see "MHSA" referenced throughout our report.

### BHSA's 5 Funding Components: San Francisco's 7 Service Categories, funding 85 programs



Community Services & Supports (CSS)



Innovation (INN)



Prevention and Early Intervention (PEI)



Workforce Education and Training (WET)



Capital Facilities and Technology Needs (CF/TN)

- 1. Recovery-Oriented Treatment
- 2. Mental Health Promotion
- 3. Peer-to-Peer Support Services
- 4. Vocational Services
- 5. Housing for FSP Clients
- 6. Workforce Development
- 7. Capital Facilities and Information Technology

# Community Program Planning Process

- ✓ In 2023, County staff hosted **5 community engagement meetings** across the City.
- ✓ Over 105 individuals participated in these Community Program Planning meetings.
- Community member feedback helped shape existing and future programming, and the FY24-25 Annual Update.





We increased our outreach efforts to include more involvement with certain stakeholder groups:

- Local veterans
- Transition Age Youth
- Vocational program participants
- Older Adult community
- LGBTQ+ community
- Primary care and medical staff
- Employees of municipal agencies
- Law enforcement
- Maternal health providers
- SFDPH Department of Equity
- Black/African American and Latinx Communities

# FY22-23 Selected Highlights



These outcomes are a small sample of the outcomes we achieved. Please see our full annual update for all reported outcomes.

- Sustaining funding for current programs and services with demonstrated impact;
- Providing additional funding to strengthen population-focused Mental Health Promotion and Early Intervention Programs;
  - Improving Maternal Mental Health for Black/African American Birthing People
  - Homeless Children's Network MA'AT Program
  - Kummba Peer Fellowship Program
  - FUERTE
  - Wellness in the Streets
  - Culturally Responsive Practices for the Black/African American communities
- Sustaining a project to bring culturally affirming patient navigation support to the City's Chinatown North Beach Clinic;
- Providing support to various clients within our population-focused programming

## FY22-23 Program Outcomes

#### Full-Service Partnership (FSP) Programs

- √ 79% decrease in arrests for adults.
- ✓ 88% decrease in mental health & substance use disorder emergencies for adults.
- ✓ 96% decrease in arrests for youth.



#### Mental Health Promotion and Early Intervention Programs

- ✓ 53% of clients within a school-based program reported improvements in their relationships with friends and/or family.
- √ 85% of Support and Wellness clients reported feeling less isolated.

#### **Vocational Services**

✓ 100% of graduates from the Janitorial Services Vocational Program reported improved coping abilities and in creased readiness for employment or additional activities related to vocational services.

#### Peer-to-Peer Support Services

✓ 95% of Peer-to-Peer, Family-to-Family clients reported an increased understanding of their mental health needs and were better able to understand behavioral health signs.

## FY24-25 Annual Update

The FY24-25 Annual Update includes the following:

- Sustaining funding for the current 85 programs and services that have demonstrated to have a significant positive impact on San Francisco communities;
- Continuing to implement, support and evaluate the newly funded programs:
  - o Improving Maternal Mental Health for Black/African American Birthing People
  - Homeless Children's Network MA'AT Program
  - Kummba Peer Fellowship Program
  - o FUERTE
  - Wellness in the Streets
  - Culturally Responsive Practices for the Black/African American communities;
- Continuing to grow Full-Service Partnerships (FSPs) by expanding treatment slots;
- Continuing to work with the state to implement new BHSA regulations, per the passing of Prop 1.



# Spotlight on SF's Changing Needs

San Francisco faces severe crises of mental illness, overdose, homelessness, and housing insecurity—each factor exacerbated by the high cost of living and the compounding effects of trauma and systematic racism.

We are committed to being a part of San Francisco's mental health system transformation that provides mental health care to all San Franciscans who lack insurance or who are experiencing homelessness.

- At least 51% of funding addresses serious mental health and co-occurring substance use challenges through our Full-Service Partnership programs.
- Comprehensive housing programs work to better meet the needs of unhoused individuals.
- Population-focused programs address racism and equity issues.
- The Wellness in the Streets program primarily works with individuals directly on the street and provides peer services, support and interventions in the community.

### **Emphasis on Evaluation**

We place a strong emphasis on program evaluation. Over the past years, we worked hard to enhance our monitoring and evaluation activities to effectively meet the objectives of our programs.



- ✓ Improved tracking efforts of ICM to Outpatient referrals and outcomes
- ✓ Increased evaluation efforts of Innovation Projects
- ✓ Improved SMART objectives for contracts
- ✓ Improved evaluation frameworks for new Request for Qualifications (RFQs)
- ✓ Increased evaluation efforts with Gender Health SF
- ✓ Improved the monitoring of PEI evaluation activities

### **Prop 1 (March 2024)**

- Next Three-Year Plan (FY 26/27-FY 28/29) will reflect adjusted programming in alignment with the redesigned program categories under Prop 1, and will appear under the new program name, the Behavioral Health Services Act (BHSA)
- According to State guidelines, the implementation timeline is until July 1, 2026, to meet Prop 1 requirements.
- Current MHSA spending is not fully in alignment with the BHSA. DPH will be
  planning to bring our programming into alignment as the State releases
  additional guidance.
- State guidance on the next three-year plan will be released throughout 2025.

## **DHCS Initial BH Transformation Milestones**

Below outlines high-level timeframes for several milestones that will inform requirements and resources. Additional updates on timelines and policy will follow throughout the project.

Starting Spring 2024

**Beginning Summer 2024** 

**Beginning Early 2025** 

Summer 2026

#### Stakeholder **Engagement**

Stakeholder Engagement including public listening **sessions** will be utilized through all milestones to inform policy creation.



**Bond Funding Availability Begins** 

**Requests for application** for bond funding will leverage the BHCIP and HomeKey models.



**Integrated Plan Guidance and Policy** 

Policy and guidance will be released in phases beginning with policy and guidance for Integrated Plans.



#### **Integrated Plan**

New Integrated Plans, fiscal transparency, and data reporting requirements go-live in July 2026 (for next threeyear cycle)











## Thank you for your time



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