[Resolution supporting the right of women to breastfeed in public]

## Resolution supporting the right of women to breastfeed in public.

WHEREAS, Long-term breastfeeding has been proven to significantly decrease the incidence and severity of a vast array of infectious diseases, reduce the rates of sudden infant death syndrome in the first year of life, and has been associated with slightly enhanced performance on tests of cognitive ability; and

WHEREAS, Breastfeeding has also been proven to have significant benefits for mothers, such as earlier return to pre-pregnancy weight, decreased risk of breast cancer, decreased risk of ovarian cancer, and possibly decreased risk of hip fractures and osteoporosis; and,

WHEREAS, The American Academy of Pediatrics recommends that women feed their babies only breast milk for the first six months and continue breastfeeding for at least another six months; and,

WHEREAS, If general recommendations of length of time to breastfeed were followed, there are estimates that Americans would save \$3.6 billion in annual health care costs because breast-fed babies often require less medical care; and

WHEREAS, California Civil Code 43.3 states that "Notwithstanding any other provision of law a mother may breastfeed her child in any location, public or private, except the private home or residence of another, where the mother and the child are otherwise authorized to be present"; and

WHEREAS, A negative statement in regards to breastfeeding in public expressed by Barbara Walters influenced activists to strengthen protests and launch more nation-wide "nurse-ins" at various establishments; and

WHEREAS, Less than one third of women are nursing after six months, which some doctors accredit to embarrassment and the difficulties of finding spaces where nursing seems acceptable; and

WHEREAS, Creating a negative or embarrassing image of breastfeeding discourages women from breastfeeding and thus reduces the positive externalities resulting from longer term breastfeeding; and

WHEREAS, Research from the FDA shows that the degree of embarrassment a mother feels about breast-feeding plays a bigger role in determining whether she is likely to do so than household income, length of maternity leave or employment status; now, therefore, be it

RESOLVED, That the San Francisco Board of Supervisors supports the right of women to breastfeed in public.



## City and County of San Francisco Tails

City Hall 1 Dr. Carlton B. Goodlett Place San Francisco, CA 94102-4689

## Resolution

File Number:	051161	Date Passed:
Resolution supporting the right of women to breastfeed in public.		
June 21, 2005	Ayes: 7 - Aliot	rvisors — ADOPTED o-Pier, Ammiano, Dufty, Elsbernd, Mirkarimi, Peskin, Sandoval ly, Ma, McGoldrick faxwell
•	File No. 051161	I hereby certify that the foregoing Resolution was ADOPTED on June 21, 2005 by the Board of Supervisors of the City and County of San Francisco.
	UN 2 3 2008 -	Gloria L. Young Clerk of the Board

Date Approved