File No	140248	Committee Item No	3
		Board Item No.	-

# **COMMITTEE/BOARD OF SUPERVISORS**

AGENDA PACKET CONTENTS LIST

Committee: _	Rules	<b>Date</b> <u>March 20, 2014</u>
Board of Sup	ervisors Meeting	Date
	Motion Resolution Ordinance Legislative Digest Budget and Legislative Analyst Re Youth Commission Report Introduction Form Department/Agency Cover Letter a MOU Grant Information Form	
	Grant Budget Subcontract Budget Contract/Agreement Form 126 – Ethics Commission Award Letter Application Public Correspondence (Use back side if additional space	is needed)
Completed by		ate March 14, 2014

# Application for Boards, Commissions and Committees & Task Forces

Name of Board, Commission, Committee, or Task Force: Mental Health Board Seat # or Category (if applicable): Family Member **16* District: 1
Name: Eugene Porfido Home Address: Market St. Suite #San Francisco, CA Zip: 94103 Home Phone: 415 Occupation: permanent disability  (former professional musician)
Work Phone: X Business Address: X Business Email: X  Employer: X Zip: X Home Email: smilinpig@
Pursuant to Charter Section 4.101 (a)2, Boards and Commissions established by the Charter must consist of electors (registered voters) of the City and County of San Francisco. For certain other bodies, the Board of Supervisors can waive the residency requirement.
Check All That Apply:
Registered voter in San Francisco: Yes X NoIf No, where registered:
Resident of San Francisco: Yes X Nolf No, place of resident:
Pursuant to Charter Section 4.101 (a)1, please state how your qualifications represent the communities of interest, neighborhoods, and the diversity in ethnicity, race, age, sex, sexual orientation, gender identity, types of disabilities, and any other relevant demographic qualities of the City and County of San Francisco:
(For a complete history of my experiences and qualifications, please refer to my cover letter and resume'). I am 55 years old and have been permanently disabled for 10 yrs. I serve on the Tom Waddell Urban Health Center's Community Advisory Board (nine years) and advocate for programs, better healthcare, and services for the Clinic, its clients, and caregivers. Member of the TransGender Task-force, consisting of doctors, nurses and administrators seeking better care and services for the TG community, and Specialty Clinic members (At-Risk Women, and Latino) at TWUHC Certificate: Community Mental Health Worker, City College September 2013 Student @ City College, 4.0 GPA through 7 semesters. Scheduled to receive training from NAMI to represent them with the "In Our Own Voice" Program in March 2014 Numerous family members w/Mental Health issues including Addiction, Depression and

**Civic Activities** 

Dementia

Presiding Chair (3 yrs. consecutive) Tom Waddell Urban Health Center Community Advisory Board. Past Vice President and Secretary. Nine years Advisory Board member. Member of Tom Waddell workgroup addressing Transgender and Specialty group issues at the Clinic Co-Organize and represent Tom Waddell at the Annual Winter Solstice Deceased Homeless Vigil @ the Civic Center (in conjunction w/Night Ministries and other organizations); help organize clothing and food events throughout the year, advocate better treatment, programs and services for the Homeless, TG, At-Risk Women and Latino communities through the CAB Represent the staff and clients of TWUHC at Supervisor, Medical Board and SFDPH meetings Attend Mental Health Board meetings National Association of Mental Illness (NAMI) Member/Advisory Board/community representative @ National Healthcare for the Homeless

Have you attended any meeting appointment? Yes X No	gs of the Board/Commission to which you wish
	of Supervisors, appearance before the RULES perfore any appointment can be made. (Applications must scheduled hearing.)
Date:  2/7/2014 Applicant's Signature: (req	uired
	ion will be retained for one year. Once iding all attachments, become public record.
	_ Term Expires: Date Seat was Vacated:
1/20/12	
	Board of Supervisors City and County of San Francisco 1 Dr. Carlton B. Goodlett Place, Room 244 (415) 554-5184 FAX (415) 554-7714
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Eugene P Porfido
Market St. Suite
San Francisco, CA 94103
(415) smilinpig@

#### Application: Mental Health Board, Family Member

I am graciously applying for the Family Member seat on the San Francisco Mental Health Board. My own ongoing relationship with mental health care and my family's mental health issues, should respectfully qualify me to this appointment.

It is through this Board, and my voice, I genuinely hope to help support new and innovative programs, promote effective services and therapy, and most importantly, share my knowledge and informed opinion to assure that every opportunity to promote better care is not overlooked or misguided.

**Background:** In 2003 I became permanently disabled after playing and recording music for almost 35 years. When you lose the one thing you love in life, it has a profound negative effect on your very being. I fell into depression, suffered anxiety and panic attacks, and became extremely uncomfortable outside of the safety of my room. I thought a 'normal' life was something I would never see again.

Through my caregivers, I began volunteering on the Tom Waddell Urban Health Center Community Advisory Board over nine years ago, as a way to repay the compassionate care I had received. I've since been re-elected Presiding Chair three consecutive years, and I am proud and grateful to say our efforts have had a measurable and beneficial effect on staff and clients alike; our shared ideas, and opinions, have positively affected nearly every person who relies on that Clinic for their healthcare.

Through the Clinic I was recommended to the Community Mental Health Worker Certificate program at City College, in 2011. Supervised by program creator Dr. Sal Nunez and his wife, Edith, this course is the premiere educational resource that puts people, like myself, back into the Community helping the very people we represent. I received my certificate this past September, 2013, and have continued for over seven semesters at City College with a perfect 4.0 GPA

Unfortunately, this seat is not really about me. My own personal journey opened my eyes to the mental health problems family members were quietly dealing with. And the lack of proper diagnosis and treatment became more and more apparent as I worked through my own recovery.

My Parents both suffered from depression: My Dad suffered serious depression after nearly 5 years of battling bladder cancer, although he never once admitted it. He was given a clean slate after 3 years of extensive chemo, until a tiny spot appeared on a CT Scan. Another year of experimental chemo, and my father just got tired of fighting. Had he been properly diagnosed and received therapy I believe he may have had the will and strength to beat cancer for good.

My Mom, after losing her husband of over 50 years, became withdrawn, lonely, and felt her life no longer had purpose. Denial from family members led to a late diagnosis of depression and dementia, and she was eventually confined to a nursing home where her condition became worse. She passed recently, a week before her 87th birthday.

My sister, 4 years my junior, followed in my footsteps with drug and alcohol addiction. She was utterly opposed to any form of treatment despite the numerous and desperate attempts of my parents, and she died at age 42 of pancreatitis from overexposure to alcohol. And my second youngest sister went through years of postpartum depression after her first child was born.

#### Closing

When I look back at all the knock down personal battles I've had, they somehow seem small, inconsequential, and unimportant compared to the desire I feel for every one of my family to have lived healthy, happy lives. If some had accepted their illness, as I have, and gotten proper treatment, perhaps the sorrow and remorse I routinely feel would not be so overwhelming. It is with their hearts and thoughts in mind, that I strive to assure no one feels the sense of loss and uselessness I often feel when thinking of my Family. I hope that with their memories I can take this opportunity, as member of the Mental Health Board, and make a difference. I hope I can bring a sense of worth, value and responsibility to those in our communities that need it.

Thank You for your consideration.

Eugene P.Porfido

# Gene Porfido Market St., Suite \_\_\_, San Francisco, Ca. 94103 (415) \_\_\_\_\_ smilinpig@ \_\_\_\_\_

**Summary of Qualifications** 

- Nine years experience as a Community Advisory Board member for the homeless.
- Advocate for mental health and medical services for San Francisco homeless / at risk.
- Extensive technical writing and product review skills for music industry magazines.
- Excellent people skills; experience interfacing with people from diverse cultures.
- Computer skills: Mac/PC, music production, photography, and recording software.

## **Related Work Experience**

**Advocacy and Support** 

- Elected 2 consecutive terms Presiding Chair of the Community Advisory Board, Tom Waddell Urban Health Center. Past Vice-President and Secretary of the Board.
- Representative for TWUHC CAB at Department of Public Health, Board of Supervisors, and Medical Board meetings.
- Advocate for homeless, TG, and Womens issues, concerning their health and safety.
- Assist in organizing yearly vigils for deceased homeless in San Francisco.
- Work with community agencies and non-profits in providing resource information, food, and clothing to clientele.
- Support staff and volunteers in planning holiday and annual events for the community.

# **Other Work Experience**

As a Live and Studio Engineer/Producer

- Audio Lead; directed audio department for award-winning game developer.
- Sound design and voice effects for major online services and computer developers.
- Designed and operated sound systems for major live venues in the U.S. and overseas.
- Represented world-renowned musicians on national and world tours.
- Interfaced with sound and tour production companies, supervised tour personnel.

As a Writer and Researcher for the Music Industry

- Researched and reviewed audio products for respected music industry publications.
- Authored technical and instructive articles for aspiring engineers and musicians.
- · Wrote opinion pieces on current issues facing musicians and the music business.

**Work History** 

Sound Design and Voice Characterizations, AOL/Viewpoint Datalabs 2001-2003 Sound Systems Design/Market Research, Digidesign/AVID, Palo Alto, Ca. 2001-2002 Senior Sound Designer/Composer, ImaginEngine, San Francisco, Ca. 1995-2002 Chief Engineer/Producer, Boulevard Studios and Beatnik Records, N.J. 1988-1999 Live Sound Engineer and Musician, multiple acts and venues, U.S. 1976-2002

#### **Education**

Community Mental Health Worker Certificate, City College of San Francisco, 2013. H.S. Diploma, Morris Knolls High School, Denville, N.J.



# Board of Supervisors City and County of San Francisco 1 Dr. Carlton B. Goodlett Place, Room 244 (415) 554-5184 FAX (415) 554-7714

# Application for Boards, Commissions and Committees & Task Forces

Name of Board, Commission, Committee, or Task Force: SF Mental Health Board
Seat # or Category (if applicable): Family Seat District: 1
Name: Vanae Tran
Home Address: O'Farrell Street Unit # San Francisco Zip: 94109
Home Phone: (408) Occupation:Marriage Family Therapist Intern
Work Phone: (408) 406-2010 Employer:Self
Business Address: _Work from Home Zlp: 94109
Business Email: vanaetran@qmail.com Home Email: same
Pursuant to Charter Section 4.101 (a)2, Boards and Commissions established by the Charter must consist of electors (registered voters) of the City and County of San Francisco. For certain other bodies, the Board of Supervisors can waive the residency requirement.
Check All That Apply:
Registered voter in San Francisco: Yes No If No, where registered:
Registered voter in San Francisco: Yes No If No, where registered:

I am trained in Marriage and Family Therapy and have provided mental health services to individual and ethnic families for the past 2 years. I also had a brother who was diagnosed with Bi-polar Disorder and passed away in 2004. My experience in community organizing and mental health has led me to my passion of advocating and working with Asian American families and underserved populations.

#### Business and/or Professional experience:

I have conducted therapy with at-risk youth and their families, in the Asian American and Latino communities for the past 2 years. Since 2006, I founded and managed a grass-roots non-profit organization, Rock Your Awareness, that bridges the gap between health community services and youth through music. I worked closely with health organizations such as Planned Parenthood, The HealthTrust, AACI and SF AIDS Foundation, etc. I also work with mental health providers on expanding their marketing reach to clients.

#### Civic Activities:

Through Rock Your Awareness, I organized monthly youth volunteer events and partnerships. I also volunteer with charity events such as Rebuilding Together, Thanksgiving dinner for the homeless, mental health conferences, Silicon Valley AIDS Walk, SF AIDS Walk and more.

Have you attended any meetings of the Board/Commission to which you wish appointment? (Yes) No

For appointments by the Board of Supervisors, appearance before the RULES COMMITTEE is a requirement before any appointment can be made. (Applications must be received 10 days before the scheduled hearing.)

Date: 7-9-13	Applicant's Signature: (	required)
Please Note: Your form, including all	application will be retained attachments, become publ	for one year. Once completed, this ic record.
FOR OFFICE USE OF Appointed to Seat #:	NLY:Term Expires:	Date Seat was Vacated:

#### Vanae Tran

O'Farrell Street #——
San Francisco, CA 94109

Phone: 408. E-Mail: vangetran@



#### Skills

- Language spoken: Vietnamese, English
- · Over 2 years of conducting therapy with youth and families in multi-cultural communities
- Over 10 years of community organizing, advocacy and work with non-profit sector
- Technologically savvy and social media savvy

#### Experience

#### Marriage Family Therapist Trainee – Alba School

#### August 2012- May 2013

- Provided over 200 hours of individual therapy to at-risk middle school and high school students.
- Conducted over 150 hours of family therapy hours (with student, parents and caregivers)
- Co-facilitated weekly substance abuse group and anger management group.
- Experience with CSP reporting, Anasazi, and collaborated with client's network to strengthen progress (parents, teachers, school counselors, school psychologist)

#### Mental Health Educator - UPAC

#### Feb. 2011 - Sept. 2011

- Facilitated 12-week Vietnamese educational course in mental health for Vietnamese families to support loved ones with mental disorders.
- Provide mental health support for family groups and connected community resources.
- Translation of material in Vietnamese.

### Marriage Family Therapist Trainee – Hoover High School Sept. 2010 – May 2011

- Provided over 50 hours of individual therapy to at-risk high school students.
- Collaborated with teachers, mental health staff and supervisors to ensure client's progress



#### June 2007 - Present

- Successfully coached over 100 individuals on personal growth, relationships and spirituality.
- Developed and conducted workshops on personal development, intimacy, interpersonal relationships, confidence and personal development.
- Web-show host of #1 YouTube show on dating with over 13 million views.

## Director of Volunteers - Lytton Gardens Senior Community Feb 2006 – Sept 2008

- Managed an award-winning volunteer program of a non-profit low-income senior community of over 550 residents and over 1.400 volunteers.
- Establish all marketing, reporting and activities programs
- Planned community events in collaboration of agencies with the attendance of Mayor of Palo Alto and other city officials

#### Founder/Executive Director - Rock Your Awareness

#### June 2004 - present

- Developed non-profit organization as the only independent organization that conducts health outreach to young adults in SF Bay Area via music events
- Grew the organization from 1 person to a team of 10 coordinators and over 300 volunteers to organize over 14 successful programs and campaigns
- Successfully host and coordinate local Rock for AIDS Awareness programs reaching over 6,000 attendees to date
- Established as the only independent agency in the SF Bay Area that conducts health outreach to youth
- Develop all workshops, marketing, finance, community partnerships and program strategies

#### Education

M.S. in Counseling (MFT emphasis)

Aug. 2010 - May 2013

San Diego State University

B.A. in Communication, minor Psychology

Sept. 2001 – May 2005

San Jose State University

Supervisor Mar 1 Dr Carlton B Goodlett Pl San Francisco, CA 94102

Re: Family Seat, District 1, SF Mental Health Board

Dear Supervisor Mar:

I am thrilled to apply for the Family Seat, under your district, on the SF Mental Health Board. As a sibling who lost her young brother to Bi-Polar Disorder in 2004, I am passionate about mental health services and reducing the stigma around mental health. I can offer my personal experience as a family member affected by mental illnesses and share advocacy for mental health services in Asian American and diverse communities. For the past 10 years, I have been involved in community organizing and volunteering in San Francisco and the Bay Area in the health area. In 2006, I started a grassroots non-profit organization, Rock Your Awareness, to bridge the gap between youth and health services in the Bay Area. I am also trained as a Marriage and Family Therapist, conducted mental health services with at-risk youth and families for over 2 years.

I would be nonored to join the SF Mental Health Board and work with you closely to bring even more multi-culturalism, diversity, and presence for services in the Asian American and multicultural communities. I believe my fresh perspective, community organizing experience and mental health service training will be valuable to the board.

Thank you for your consideration and I look forward to connecting with you.

Sincerely,

Vanae Tran



# Board of Supervisors City and County of San Francisco 1 Dr. Carlton B. Goodlett Place, Room 244 San Francisco, California 94102-4689 (415) 554-5184 FAX (415) 554-7714

Application For Boards, Commissions and Committees
Application for Appointment to: San Francisco MENIAL HEALTH BOARD  Name of Board, Commission, Committee, or Task Force
Seat # or Category (If Applicable): Commission - Consumer
Print Name: Ital Wilson
Home Address: Ply mouth Auc Zip 94/12
Home Phone: 4/5) TBA Occupation: Part + 2me For NAMT Work Phone: 4/5) 424-3420 Employer:
Business Address: Zip: Zip: Fax#:
E-Mail Address. Tacil to Tron 2003 C.
Are you a United States citizen? Yes No (Citizenship is a mandatory requirement for all appointments)  Have you ever been convicted of a felony in this state, or convicted of any offense which, if committed in this state, would be a felony?  Yes No. (If yes, please attach a statement describing the offense(s) for which you have been convicted, the date of those conviction(s), and the court(s) that convicted you.)
Education: San Francisco CPty College
Business and/or professional experience: Santrancisco State University  Peer Specialit Mental Health Certificate, WEAP.  Civic Activities: Santrancisco Mayor's Disability Council
Other Personal Information: (optional) = have Lord In San Francisco all My Lil-Eand WOTK
Ethnicity: (optional) Sex: (optional) M
Have you attended any meetings of the Board/Commission to which you wish appointment?   Would you be able to attend night meetings?   Day meetings?   Either   Please state your qualifications (attach supplemental sheet if necessary)
The state of Companies and State of the DITLES COMMITTEE is a requirement
For appointments by the Board of Supervisors, appearance before the RULES COMMITTEE is a requirement before any appointment can be made. (Applications must be received 10 days per tree scheduled hearing.)
Date: 3/10/2014 Applicant's Signature: (required) ————————————————————————————————————
FOR OFFICE USE ONLY:
Appointed to Seat #: Term Expires: Date Seat was Vacated:

# Idell Wilson Facts and Information 2013

P.O. Box 347507 San Francisco Ca 94134-7507

E-mail: idellwilson2003@

NAMI In Our Own Voice (IOOV) Presenter, Peer To Peer Mentor and Trainer National Alliance on Mental Illness San Francisco

Sharing Our Lives, Voices, and Experiences (SOLVE) Speaker Mental Health Association of San Francisco Speakers Bureau Reducing Stigma associated with mental illness

"STIGMA 22" Director, Writer, Producer

Documentary Film 22 minutes about real Life "Stigma before I was Born"

Voices That Heal Documentary C0-Director Stories of People overcoming Mental illness Some SOLVE Speakers

San Francisco Mayor's Disability Council (Council Member)
We advise the Mayor of San Francisco on disability issues and provide public forum
To discuss disability issues.

Community Activist; Culture, Illiteracy, Diabetics, Drugs, Mental illness, Church whipped

Skills: Mentor, Video Photo Journalist/ Scholarships, and Outreach Specialist, Author, Producer, Director, Host, Writer, Camera, Editor, Floor director, Speaker, Presenter, Breathless Photos

Black Diva Media TV Talk Show Live (Happy 3 Birthday June 2012 and 72 shows)
SF Live Cable 76 1, 3Friday @ 5:30-5:52 Pm www.bavc.org Public access Live Stream TV 76
Ghetto TV 07-09 SF and Oakland 28/Bedside with Ralph Jacobson RIP 9/2012 St Luke Hospital;
Producer, Director, Host, Writer, Camera, Editor, Floor director

City College of San Francisco Alumni Class of 2003 Keynote Speaker Twice a Year Community Health Worker/ Scholarship winner of "22"
San Francisco State University
Peer Specialist Mental Health Certificate: WRAP,
Parent Advisory Council Support Group (PACSG)
Member 2009-10/ Facilitator 2010-12, New PAC Board Member 2012
San Francisco Human Services Parent Partners Child Welfare Laws

#### Volunteer Work;

S.F.P. Schools, Baycat, TALK LINE, Mentor for Support For Families Of Children With Disabilities, San Francisco Mental Heath Board, Homeless Prenatal Program, Compass Family Center, Bavc, AmericorVista Volunteer, KTUV Channel 2, Prop 63 Task Force, Yahoo, Dr. George Davies Seniors Center, Coleman Advocates for Youth, Aids Walk, Walk / Run for Health, 20÷ Scholarships, South East Health Center, Parent Advisory Council, Walk& Roll, SOLVE, IOOV, PTP, WOFC, VOPC, NLMC, San Francisco City Hall, Public Access TV 29,76,

Idell Wilson
Plymouth Ave
San Francisco Ca
94112
(415) 424-3420

January 2, 2013

San Francisco Mental Health board 1380 Howard street Suite 226 San Francisco Ca 94103

To The Board In San Francisco

I am a native of San Francisco and ready to help people living here with metal heath. I am in school at SFSU for metal heath class and look forward to helping. I do have time.

I appreciate your time look forward to hearing from you.

Idell Wilson

3:30

#### San Francisco **BOARD OF SUPERVISORS**

Date Printed: March 13, 2014

Date Established:

November 13, 1968

Active

#### MENTAL HEALTH BOARD

#### **Contact and Address:**

Helynna Brooke Executive Director Mental Health Board 1380 Howard St, Suite 510 San Francisco, CA 94103

Phone: (415) 255-3474 Fax: (415) 255-3760 Email: hbrooke@mhbsf.org

#### **Authority:**

California Welfare and Institutions Code, Section 5604 et seq.; and Administrative Code, Section 15.12 et seq. (Ordinance Nos. 15-80, 452-85, 98-93, and 337-99)

#### **Board Qualifications:**

California Welfare and Institutions Code, Section 5604 et seq.; and Administrative Code. Section 15.12 et seq. (Ordinance Nos. 15-80, 452-85, 98-93, and 337-99)

The Mental Health Board consists of seventeen (17) members:

- > Eleven (11) members: one (1) appointed by each of the District Supervisors; and
- > Six (6) members are appointed by the full Board of Supervisors; one (1) of whom shall be a member of the Board of Supervisors.

The California Welfare and Institutions Code, Section 5604, requires:

- > At least nine (9) members shall be Consumers or the parents, spouses, siblings or adult children of Consumers:
- > At least four (4) members shall be Consumers;
- > At least four (4) members shall be family of Consumers.
- > One (1) member shall be a child advocate (a family member or Consumer advocate for minors who use mental health services);
- > One (1) member shall be an older adult advocate (a family member or Consumer advocate for persons 60 years of age or older who use mental health services); and
- > Two (2) members shall be from the following professions: psychiatry, psychology, mental health social work, nursing with a specialty in mental health, marriage and family counseling,

#### San Francisco BOARD OF SUPERVISORS

psychiatric technology, or administrator of a hospital providing mental health services or of a community mental health facility.

NOTE: A "Consumer" is a person who has received mental health services in San Francisco from any program operated or funded by the City and County, from a State hospital, or from any public or private nonprofit mental health agency. The Board of Supervisors member position shall not count in determining whether the Consumer and family of Consumer requirements of this section are met.

Any positions not allocated to specific types of members may be filled by persons with experience and knowledge of the mental health system representing the public interest.

Except for the Board of Supervisors member, the term of each member shall be for three years. No member shall serve more than two consecutive terms. The term of office of a member appointed by an individual Board of Supervisors member is not affected by the Board of Supervisors member no longer continuing in that office.

The Mental Health Board shall review and evaluate the City and County's mental health needs, services, facilities and special problems and other duties as stated in Administrative Code, Section 15.14.

Reports: An Annual Report shall be submitted to the Board of Supervisors on the needs and performance of the City and County's mental health system.

Sunset Date: None referenced.