File No. 150245	Committee Item No	2
	Board Item No. 3	4

COMMITTEE/BOARD OF SUPERVISORS

AGENDA PACKET CONTENTS LIST

Committee:	Land Use & Transportation	Date <u>June 1, 2015</u>
Board of Su	pervisors Meeting	Date JUNE 9, 2015
Cmte Boa	rd	
	Motion Resolution Ordinance Legislative Digest Budget and Legislative Analy Youth Commission Report Introduction Form Department/Agency Cover Le MOU Grant Information Form Grant Budget Subcontract Budget Contract/Agreement Form 126 – Ethics Commission Award Letter Application Public Correspondence	tter and/or Report
OTHER	(Use back side if additional s	pace is needed)
Completed Completed	by: Andrea Ausberry Date	

AMENDED IN COMMITTEE 6/1/15

FILE NO. 150245

NOTE:

ORDINANCE NO.

[Health Code - Sugar-Sweetened Beverage Warning for Advertisements]

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22 23

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Ordinance amending the Health Code to require advertisements for sugar-sweetened beverages to include a warning about the harmful health effects of consuming such beverages and authorizing the Director of Health to impose penalties for noncompliance.

> Unchanged Code text and uncodified text are in plain Arial font. **Additions to Codes** are in *single-underline italics Times New Roman font*. **Deletions to Codes** are in *strikethrough italics Times New Roman font*. Board amendment additions are in double-underlined Arial font. Board amendment deletions are in strikethrough Arial font. Asterisks (* * * *) indicate the omission of unchanged Code

subsections or parts of tables.

Be it ordained by the People of the City and County of San Francisco:

Section 1. The Health Code is hereby amended by adding Article 42, Division I, consisting of Sections 4200 through 4206, to read as follows:

ARTICLE 42: SUGAR-SWEETENED BEVERAGES

DIVISION I: Sugar-Sweetened Beverage Warning Ordinance

SEC. 4200. TITLE.

Division I of this Article 42 shall be known as the "Sugar-Sweetened Beverage Warning" Ordinance."

SEC. 4201. FINDINGS AND PURPOSE.

Human consumption of Sugar-Sweetened Beverages (SSBs) is linked to a myriad of serious health problems including, but not limited to: weight gain, obesity, coronary heart disease, diabetes, tooth decay, and other health problems. Scientific evidence shows that underlying these chronic health problems is metabolic syndrome (MetS). MetS is characterized by changes in a body's normal

biochemistry that can lead to obesity, insulin resistance, hypertension, dyslipidemia (high cholesterol), and visceral fat. SSBs are linked to excess weight and obesity, which are putting more Americans on the path to MetS. Heavy added sugar consumption may itself be a direct cause of MetS by increasing the risk for hypertension, dyslipidemia, and visceral fat. While most people with MetS are obese, normal-weight individuals can acquire the syndrome as well, given poor dietary habits. Heavy consumption of sugary drinks has been linked to MetS through a variety of biological pathways, and is therefore a risk factor in chronic disease.

The consumption of soft drinks, according to the American Dental Association, has displaced nutritious beverages and foods from the diet. According to the American Heart Association, for the American diet, soft drinks and other sugar-sweetened beverages are the primary source of added sugar. According to the first print (February 2015) of the United States Department of Agriculture's Scientific Report of the 2015 Dietary Guidelines Advisory Committee (the "2015 USDA Report"), although added sugars provide calories, they do not provide other nutrients.

Sugar-sweetened sodas, and fruit drinks containing less than 100% juice by volume, are major sources of added sugars in American diets, contributing an average of 10.58 teaspoons of added sugars each day. The American Heart Association recommends that adult women consume no more than six teaspoons of added sugars daily, that adult men consume no more than nine teaspoons daily, and that children ages 4-8 years old consume no more than three teaspoons daily. However, most Americans consume more than 19.6 teaspoons of added sugars per day. Even regular, moderate consumption of sugary drinks (one 12-ounce can a day) increases the risk of cardiovascular disease mortality by nearly one-third.

The American Heart Association reports that about one in three teen or younger children in the

United States are overweight or obese and that childhood obesity is now the number one health

concern among American parents, ahead of drug abuse and smoking. Obese children suffer more often

from sleep apnea, asthma, joint problems, fatty liver disease, gallstones, and acid reflux (heartburn).

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Obese children are more likely to become obese adults, further increasing their risks for higher rates of type 2 diabetes, heart disease, and some cancers later in life. Profound mental health and quality of life impacts are seen in children with severe obesity. Obese children are more prone to low selfesteem, negative body image, and depression. As of 2010, nearly one-third of children and adolescents in San Francisco were either obese or overweight. Among adults, consumption of SSBs is associated with a risk of weight gain and obesity, cardiovascular disease, a significantly higher risk of stroke, high blood pressure, type 2 diabetes, dental erosion, and the risk of pancreatic cancer. The 2015 USDA Report concludes that the consumption of added sugars negatively impacts obesity, type 2 diabetes, cardiovascular diseases and dental caries, and "strong evidence supports reducing added sugar intake to reduce health risks." (See also, USDA, Report of the Dietary Guidelines Advisory Committee on Dietary Guidelines for Americans, 2010.) In 2011-2012, 41.8% of adults in San Francisco were either obese or overweight.

The World Health Organization recommends that not more than 10% of calories be from added sugars, and the Institute of Medicine (U.S.) recommends not more than 25%. Medical research has shown that for over 70% of adults, 10% or more of calories is from added sugars, and for approximately 10% of adults, 25% or more of calories is from added sugars, and that the risk of mortality from cardiovascular disease increased exponentially with an increase in the percentage of calories from added sugars. The 2015 USDA Report concludes that even though an appropriate pattern of consumption of added sugars for most people is 4% to 6% of total calories, the mean intake of total calories from the consumption of added sugars in the U.S. population is 13%, and from 15% to 17% for children 9 years of age and older, adolescents, and young adults, and the evidence shows that when added sugars in foods exceed 3% to 9% of total calories, a healthful food pattern may be difficult to achieve.

Low-income families are more likely to be affected by obesity and diabetes. For example, the Bayview-Hunters Point neighborhood had more per capita emergency room visits due to diabetes

between 2009 and 2011 than any other neighborhood in San Francisco. Eighteen percent of three-to four-year-olds enrolled in San Francisco Head Start were obese, with an additional 13% being overweight. Head Start serves children of low-income families.

According to the American Dental Association, a steady diet of sugary foods and drinks, including juice and sports drinks, can damage teeth. Cavity-causing bacteria in the mouth feed on sugar and produce acids that attack tooth enamel for up to 20 minutes after eating or drinking. In extreme cases, softer enamel combined with improper brushing, grinding of the teeth, or other conditions can lead to tooth loss.

The annual cost of being overweight and obese to California families, employers, the health care industry, and the government is estimated to be \$21 billion. The San Francisco Budget and Legislative Analyst estimates that up to \$61.8 million in costs incurred by San Franciscans with obesity and diabetes are attributable to sugary beverage consumption. The total national cost of diabetes in 2007 was \$174 billion.

For adults in San Francisco, approximately 29% of Caucasians, 50% of Latinos, 29% of Asians, and 43% of African Americans consume one or more sodas each day. Of 9th graders in San Francisco, approximately 31% of Caucasians, 48% of Latinos, 31% of Asians, and 58% of African Americans consume one or more sodas each day. On average, children consumed 11.96 teaspoons of added sugars from sodas and fruit drinks per day — 47% of their total intake of added sugars. A single 12-ounce can of soda contains eight to ten teaspoons of sugar, and typical container sizes of popular sugary drinks marketed to children far exceed the American Heart Association's recommended daily amounts.

Research shows that lifestyle interventions are more cost-effective than medications in preventing or delaying type 2 diabetes. The American Heart Association reports that U.S. food labels do not distinguish between sugars that naturally occur in foods and added sugars, making it difficult for consumers to know the amount of added sugars that are in food or beverages. And food producers

and distributors do not typically communicate this information to consumers, in advertisements or otherwise. Yet sugar-sweetened beverages are aggressively marketed, without providing such basic information to consumers, be they children, adolescents, young adults, or others. According to the 2015 USDA Report, young adults are among the largest consumers of sugar-sweetened beverages and are the direct targets of marketing for sugar-sweetened beverages.

The City's purpose in requiring warnings for SSBs is to inform the public of the presence of added sugars and thus promote informed consumer choice that may result in reduced caloric intake and improved diet and health, thereby reducing illnesses to which SSBs contribute and associated economic burdens. Posting warnings that beverages are sugar-sweetened will inform the public before purchases, which will help ensure that San Franciscans make a more informed choice about the consumption of drinks that are a primary source of added dietary sugar.

SEC. 4202. DEFINITIONS.

"Advertiser" means any Person who is any of the following: (a) in the business of manufacturing, distributing, or selling sugar-sweetened beverages, including without limitation, a Retailer; (b) is in the business of placing or installing advertisements, or who provides space for the display of adverstisements; or (c) is an agent or contractor of a Person described in (a) or (b) assisting such Person with the manufacture, distribution or sale of sugar-sweetened beverage, the placement or installation of advertisements, or the provision of space for advertisements. The term "Advertiser" shall not include the employees of a Person, including, without limitation, employees of agent or contractors, except that it shall include individuals acting as sole proprietors.

"Base Product" means the same as Powder.

"Beverage Dispensing Machine" means an automated device that mixes Concentrate with one or more other ingredients and dispenses the resulting mixture into an open container as a ready-to-drink beverage.

	"Caloric Substance	" means	a substance	e that add	s calories	to the	diet d	of a	person	who
consun	nes that substance.									

"Caloric Sweetener" means any Caloric Substance suitable for human consumption that humans perceive as sweet and includes, but is not limited to, sucrose, fructose, high fructose corn sugar, glucose, and other sugars.

"City" means the City and County of San Francisco.

"Concentrate" means a Syrup, Powder, or Base Product that is used for mixing, compounding, or making Sugar-Sweetened Beverages in a Beverage Dispensing Machine. Notwithstanding the foregoing sentence, "Concentrate" does not include the following:

- (a) Any product that is designed to be used primarily to prepare coffee or tea.
- (b) Any product that is sold and is intended to be used for the purpose of an individual consumer mixing, compounding, or making a Sugar-Sweetened Beverage.
- (c) Any product sold for consumption by infants, which is commonly referred to as "infant formula," or any product whose purpose is infant rehydration.
 - (d) Medical Food.
- (e) Any product designed as supplemental, meal replacement, or sole-source nutrition that includes proteins, carbohydrates, and multiple vitamins and minerals.

"Director" means the Director of Health, or his or her designated agents or representatives.

"Medical Food" means medical food as defined in Section 109971 of the California Health and Safety Code, including amendments to that Section.

"Milk" means natural liquid milk, natural milk concentrate or dehydrated natural milk (whether or not reconstituted), regardless of animal source or butterfat content. For purposes of this definition, "Milk" includes flavored milk containing no more than 40 grams of total sugar (naturally-occurring and from added Caloric Sweetener) per 12 ounces.

"Natural Fruit Juice" means the original liquid resulting from the pressing of fruit, the liquid resulting from the complete reconstitution of natural fruit juice concentrate, or the liquid resulting from the complete restoration of water to dehydrated natural fruit juice.

"Natural Vegetable Juice" means the original liquid resulting from the pressing of vegetables, the liquid resulting from the complete reconstitution of natural vegetable juice concentrate, or the liquid resulting from the complete restoration of water to dehydrated natural vegetable juice.

"Nonalcoholic Beverage" means any beverage that is not subject to tax under Part 14

(commencing with Section 32001) of the California Revenue and Taxation Code.

"Person" shall mean the City, an individual, firm, partnership, joint venture, association, corporation, estate, trust, business trust, receiver, trustee, syndicate, or any other group or combination acting as a unit.

"Powder" means a solid or liquid mixture of ingredients with added Caloric Sweetener used in making, mixing, or compounding Sugar-Sweetened Beverages by mixing the Powder with any one or more other ingredients, including, without limitation, water, ice, Syrup, Simple Syrup, fruits, vegetables, fruit juice, vegetable juice, or carbonation or other gas.

"Retailer" means any Person who sells Sugar-Sweetened Beverages to the ultimate consumer (retail sales), including, without limitation, a Person who operates a facility where Sugar-Sweetened Beverages may be purchased from vending machines.

"Simple Syrup" means a mixture of sugar and water.

"SSB Ad" means any advertisement, including, without limitation, any logo, that identifies, promotes, or markets a Sugar-Sweetened Beverage for sale or use that is any of the following: (a) on paper, poster, or a billboard; (b) in or on a stadium, arena, transit shelter, or any other structure; (c) in or on a bus, car, train, pedicab, or any other vehicle; or (d) on a wall, or any other surface or material. Notwithstanding the foregoing sentence, "SSB Ad"does not include the following:

- (a) any advertisement that is in any newspaper, magazine, periodical, advertisement circular or other publication, or on television, the internet, or other electronic media;
 - (b) containers or packages for Sugar-Sweetened Beverages;
- (c) any menus or handwritten listings or representations of foods and/or beverages that may be served or ordered for consumption in a Retailer's establishment;
- (d) any display or representation of, or other information about, a sugar-sweetened beverage, including, without limitation, any logo, on a vehicle, if the vehicle is being used by any Person who is in the business of manufacturing, distributing or selling the sugar-sweetened beverage in the performance of such business;—Of
- (e) any logo that occupies an area that is less than 36 square inches and is unaccompanied by any display, representation, or other information identifying, promoting, or marketing a sugar-sweetened beverage=; or
- (f) any shelf tag or shelf label that states the retail price, order code, description, or size of a product for sale.
- "Sugar-Sweetened Beverage" means any Nonalcoholic Beverage sold for human consumption, including, without limitation, beverages produced from Concentrate, that has one or more added Caloric Sweeteners and contains more than 25 calories per 12 ounces of beverage. Notwithstanding the foregoing sentence, "Sugar-Sweetened Beverage" does not include any of the following:
 - (a) Milk.
- (b) Milk alternatives, including but not limited to non-dairy creamers or beverages primarily consisting of plant-based ingredients (e.g., soy, rice, or almond milk products), regardless of sugar content.
- (c) Any beverage that contains solely 100% Natural Fruit Juice, Natural Vegetable Juice, or combined Natural Fruit Juice and Natural Vegetable Juice.

of the area of each SSB Ad and the text shall be printed in a size and manner so as to be clearly legible to the intended viewers of the SSB Ad. The text of the Warning shall be positioned such that the Warning and the other information on the SSB Ad have the same orientation, such that text in the SSB Ad and the Warning are read in the same direction (for example, left to right, or bottom to top). The Warning shall be indelibly printed on or permanently affixed to each SSB Ad.

(c) The Director may by regulation, following a publicly noticed hearing, modify the Warning in any of the following ways: (1) change the text of the Warning based on available medical or scientific information regarding the health impact of Sugar-Sweetened Beverages; (2) set, and later modify, in the Director's discretion, the size of the text of the Warning within the 20% area specified in subsection 4203(b) to ensure the Warning is clear, legible, and conspicuous; or (3) modify the minimum area of SSB Ads that the Warning must occupy to improve or ensure the effectiveness of the Warning. Any such regulations adopted by the Director shall not be effective before one year after the date of the adoption of the regulation. In addition, the Director may, after a publicly noticed hearing, adopt other rules and regulations for the implementation of this Division I. The Director may also issue guidelines pertaining to implementation.

(d) This Division I does not apply to any action by an Advertiser regarding (1) any sign, excluding any general advertising sign unless it satisfies (2) below, permitted by the City before the Operative Date; (2) any general advertising sign permitted by the City before the Operative Date that includes an SSB Ad, if the SSB Ad has not been substantially changed for a period of 50 or more years before the Operative Date and the Advertiser provides the Director, on the Director's request, records or other information that substantiates the SSB Ad has not been substantially changed over the 50-year period; or (3) any SSB Ad, other than those excepted from the application of this Division in (1) and (2) above, including any reproduction, that was created before December 31, 1985 for which the Advertiser provides to the Director, on the Director's request, records or other information that substantiates the date

that the SSB Ad was created was before December 31, 1985. For purposes of this Division I, "general advertising sign" shall have the meaning provided in Section 602.7 of the Planning Code (General Advertising Sign), as amended or renumbered from time to time, and "sign" shall have the meaning provided in Section 602.19 of the Planning Code (Sign), as amended or renumbered from time to time. SSB Ad posted anywhere before the Operative Date.

SEC. 4204. PENALTIES AND ENFORCEMENT.

(a) The Director may assess and collect administrative penalties for the violation of Section

4203 in accordance with Administrative Code Chapter 100, "Procedures Governing the Imposition of

Administrative Fines," as may be amended from time to time. Chapter 100, which is incorporated

herein in its entirety, shall govern the amount of fees and the procedures for imposition, enforcement,

collection, and administrative review of administrative citations; provided that, for each placement of

an SSB Ad, each day a violation is committed or permitted to continue shall constitute a separate

violation of Section 4203 and each Advertiser that posted or caused the SSB Ad to be posted is a

separate violator of Section 4203 subject to penalties under this Section.

(b) A Retailer shall not be deemed in violation of Section 4203 unless the Retailer continues to allow an SSB Ad to be posted in or on the Retailer's establishment 30 days after the Retailer received a written notice from the Director that the SSB Ad is in violation of Section 4203.

(c) City departments shall cooperate with the Director in the enforcement of this Division I.

SEC. 4205. SEVERABILITY.

If any section, subsection, sentence, clause, phrase, or word of this Division I, or any application thereof to any person or circumstance, is held to be invalid or unconstitutional by a decision of a court of competent jurisdiction, such decision shall not affect the validity of the remaining portions or applications of the Division. The Board of Supervisors hereby declares that it would have passed this Division and each and every section, subsection, sentence, clause, phrase, and word not

declared invalid or unconstitutional without regard to whether any other portion of this Division would be subsequently declared invalid or unconstitutional.

SEC. 4206. NO CONFLICT WITH FEDERAL OR STATE LAW.

Nothing in this Division I shall be interpreted or applied so as to create any requirement, power, or duty in conflict with any federal or state law.

<u>Section 2</u>. Effective Date. This ordinance shall become effective 30 days after enactment. Enactment occurs when the Mayor signs the ordinance, the Mayor returns the ordinance unsigned or does not sign the ordinance within ten days of receiving it, or the Board of Supervisors overrides the Mayor's veto of the ordinance.

APPROVED AS TO FORM:

DENNIS J. HERRERA, City Attorney

By:

Robert A. Bryan Deputy City Attorney

Deputy Oily Attorney

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<u>LEGISLATIVE DIGEST</u> (6/1/15 - Amended in Committee)

[Health Code - Sugar-Sweetened Beverage Warning for Advertisements]

Ordinance amending the Health Code to require advertisements for sugar-sweetened beverages to include a warning about the harmful health effects of consuming such beverages and authorizing the Director of Health to impose penalties for noncompliance.

Existing Law

The Health Code includes legislation on matters of public health.

Amendments to Current Law

This ordinance amends the Health Code by adding Article 42 (Sugar-Sweetened Beverages), Division I (Sugar-Sweetened Beverage Warning Ordinance) which requires an "Advertiser" who posts, or causes to be posted in San Francisco an advertisement that identifies, promotes, or markets a sugar-sweetened beverage for sale or use to include on the advertisement the following warning: "WARNING: Drinking beverages with added sugar(s) contributes to obesity, diabetes, and tooth decay. This is a message from the City and County of San Francisco." The term "sugar-sweetened beverage" includes, with some specific exceptions, non-alcoholic beverages that have one or more caloric sweeteners and contains more than 25 calories per 12 ounces of beverage. The warning must occupy at least 20% of the area of the advertisement. The purpose of the warning is to inform the public of health impacts before purchases are made, thereby assisting the public to make a more informed choice about the consumption of the advertised beverage.

The warning must be placed on advertisements that are on paper, poster, billboards, in or on stadiums, transit shelters, arenas or any other structures, buses, cars, trains, pedicabs, or any other vehicles, or on walls or any other surface or materials. However, the preceding sentence notwithstanding, the ordinance does not apply to the following: (1) advertisements that are in newspapers, periodicals, magazines, advertisement circulars, or other publications, or on television, the internet, or other electronic media; (2) containers and packages; (3) menus or handwritten listings or representations of foods or beverages that may be served or ordered for consumption in a Retailer's establishment; (4) any display or representation of, or other information about a sugar-sweetened beverage, including, without limitation, any logo, on a vehicle, if the vehicle is being used by any Person who is in the business of manufacturing, distributing, or selling the sugar-sweetened beverage in the performance of such business; (5) any logo that occupies an area that is less than 36 square inches and is unaccompanied by any display, representation, or other information identifying, promoting, or marketing a sugar-sweetened beverage; or any shelf tag or shelf label that states the retail

price, order code, description, or size of a product for sale. The terms "Retailer" and "Person" are defined in the ordinance. The ordinance applies to advertisements posted on or after the Operative Date of the ordinance, which is one year after the effective date of the ordinance. It does not apply to any action taken for (1) any sign, excluding any general advertising sign unless it satisfies (2) below, or any structure, or other part of a building permitted by the City before the Operative Date; (2) any general advertising sign permitted by the City before the Operative Date that includes an SSB Ad, if the SSB Ad has not been substantially changed for a period of 50 years or more before the Operative Date; or (3) any other SSB Ads created before December 31, 1985. For example, an Advertiser may remove and relocate such an advertisment without adding the warning. For each of the exceptions from application in (1) and (2), the Advertiser must, on the request of the Director of Health, provide to the Director information substantiating that the condition required by the subsection is satisfied.

An "Advertiser" is any individual or entity that is in the business of manufacturing, distributing, or selling sugar-sweetened beverages, placing or installing advertisements, or providing space for advertisements, or its agents or contractors who assist in such business. However, "Advertiser" does not include employees of such individual or entity, but includes individuals acting as sole proprietors.

The Director of Health may by regulation, following a publicly noticed hearing, modify the text of the warning based on medical and scientific information on health impacts, or set or modify the size of the text of the warning to ensure the warning is clear, legible and conspicuous, or modify the minimum area of advertisements that the warning must occupy. Any of these regulations will not be effective before one year after the date of adoption. The Director of Health also may, after a publicly noticed hearing, adopt rules or regulations for the implementation of the ordinance. The operative date of these rules or regulations are not required to be delayed by one year.

The Director of Health may assess administrative penalties against any Advertiser in violation of the ordinance. However, before the Director of Health may assess penalties against a Retailer of sugar-sweetened beverages for posting an advertisment in or on the Retailer's establishment in violation of the Division, the Director of Health must give the Retailer a written notice of the noncompliance. If the Retailer fails to correct the noncompliance within 30 days of receipt of the notice, the Director of Health may then assess penalties. City departments must cooperate with the Director of Health in the enforcement of the ordinance.

Background Information

This legislative digest reflects amendments to the ordinance made on June 1, 2015.

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1415-RBM-15

(415) 554-6446 (415) 554-6140 FAX www.sfgov.org/youth_commission

Youth Commission City Hall ~ Room 345 1 Dr. Carlton B. Goodlett Place San Francisco, CA 94102-4532



YOUTH COMMISSION MEMORANDUM

TO:

Derek Evans, Public Safety and Neighborhood Services Committee Clerk

FROM:

Youth Commission

DATE:

Wednesday April 7, 2015

RE:

Referral response to BOS Files Numbers: 150241, 150243, 150245, 150252

At our regular meeting of **Monday**, **April 6**, **2015** the Youth Commission voted unanimously to support the following four motions:

To support BOS File No. 150241 – Administrative Code - Prohibiting Advertisements for Sugar-Sweetened Beverages on City Property

To support BOS File No. 150243 – Administrative Code - Barring City Departments from Purchasing and City Contractors from Selling or Distributing Sugar-Sweetened Beverages

To support BOS File No. 150245 – Health Code - Sugar-Sweetened Beverage Warning for Advertisements

To support BOS File No. 150252 – Resolution Supporting California Senate Bill 203 (Monning) - Sugar-Sweetened Beverage Safety Warning Act

Youth commissioners support for these pieces of legislation follows on their previous support of efforts to curb sugary drink consumption to improve public health outcomes for young people, including their 2014 support of the proposed soda tax legislation and their participation in the Open Truth social media campaign.

Youth Commissioners thank the Board of Supervisors for their attention to this issue. If you have any questions about these recommendations, please do not hesitate to contact our office at (415) 554-6446, or your Youth Commissioner.

Chair, Michel Li

Adopted on April 6, 2015

2014-2015 San Francisco Youth Commission

BOARD of SUPERVISORS



City Hall 1 Dr. Carlton B. Goodlett Place, Room 244 San Francisco 94102-4689 Tel. No. 554-5184 Fax No. 554-5163 TDD/TTY No. 554-5227

MEMORANDUM

TO:

Youth Commission

FROM:

Derek Evans, Assistant Clerk

DATE:

April 3, 2015

SUBJECT: REFERRAL FROM BOARD OF SUPERVISORS

The Board of Supervisors has received the following legislation. At the request of the Youth Commission, this item is being referred as per Charter Section 4.124 for comment and recommendation. The Commission may provide any response it deems appropriate within 12 days from the date of this referral.

File No. 150245

Ordinance amending the Health Code to require advertisements for sugarsweetened beverages to include a warning about the harmful health effects of consuming such beverages; and authorizing the Director of Health to impose penalties for noncompliance.

Clerk, Public Safety & Neighborhood Services Committee. RESPONSE FROM YOUTH COMMISSION Date: No Comment **Recommendation Attached** Chairperson, Youth Commission

Please return this cover sheet with the Commission's response to Derek Evans.

BOARD of SUPERVISORS



City Hall
1 Dr. Carlton B. Goodlett Place, Rm. 244
San Francisco 94102-4689
Tel. No. 554-5184
Fax No. 554-5163
TDD/TTY No. 554-5227

MEMORANDUM

TO:

Barbara A. Garcia, Department of Public Health

Regina Dick-Endrizzi, Small Business Commission

Nicole Wheaton, Office of the Mayor

FROM:

Derek Evans, Assistant Committee Clerk

DATE:

March 16, 2015

SUBJECT:

LEGISLATION INTRODUCED

The Board of Supervisors Public Safety and Neighborhood Services Committee has received the following legislation, which is being referred to your department.

File No. 150245

Ordinance amending the Health Code to require advertisements for sugar-sweetened beverages to include a warning about the harmful health effects of consuming such beverages; and authorizing the Director of Health to impose penalties for noncompliance.

If you wish to submit any comments or reports, please forward those to the Board of Supervisors, City Hall, Room 244, 1 Dr. Carlton B. Goodlett Place, San Francisco, CA 94102.

cc: Greg Wagner, Department of Public Health Colleen Chawla, Department of Public Health



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Greater Bay Area Division

426 17th St, Ste. 300, Oakland, CA 94612 Phone (510) 903-4050 Fax (510) 903-4049

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ocutive Director DiGiacomo May 29, 2015

London Breed
President, San Francisco Board of Supervisors
San Francisco City Hall
1 Dr. Carlton B. Goodlett Place
Room 244

Re: Sugar-Sweetened Beverage Advertising and Purchasing Legislation

Dear Board President Breed and the San Francisco Board of Supervisors:

The American Heart Association_is proud to support the legislation put forth by San Francisco Supervisors Malia Cohen, Eric Mar and Scott Wiener to: ban sugar-sweetened beverage advertisements on public property; require health warnings on all posted sugar-sweetened beverage advertisements; and ban city spending on sugar-sweetened beverages. Reducing consumption of sugar-sweetened beverages is an important way to improve health.

Soda and other sugar-sweetened beverages are the number one source of added sugar in the American diet, and are linked to increased risk of diabetes and other serious diseases such as heart and liver disease, obesity and tooth decay. Definitive scientific studies have concluded that a major cause of the dramatic increase in diabetes and the equally significant increase in California's obesity rate is that most people consume nearly 300 more calories per day than 30 years ago and 43 percent of that caloric increase comes from the consumption of sugar-sweetened beverages.

The American Heart Association recommends that adults consume no more than five to nine teaspoons of added sugar per day, and that children consume even less. A 20-ounce bottle of soda contains the equivalent of approximately 17 teaspoons of sugar.

Added sugars are associated with many of the major risk factors for heart disease including overweight and obesity, dyslipidemia including elevated triglycerides, chronic inflammation and hypertension.

The AHA has an aggressive goal of improving the cardiovascular health of U.S. population by 20% by 2020, and we are measuring our achievement of that goal through seven heart health factors, including blood pressure,

glucose, cholesterol, physical activity, tobacco use, body weight, and healthy diet. An important component of the AHA healthy diet metrics is to limit sugar-sweetened beverages to 36 ounces or 450 calories a week, based on a 2000-calorie diet, scaled accordingly for other levels of caloric intake. Policies such as the three being considered in San Francisco are steps in the right direction, providing public education and changing the environment to support health-promoting beverage choices.

Supervisors Cohen, Mar, and Wiener have put together a package of legislation that will educate communities on the danger of overconsumption of sugar- sweetened beverages. We support their efforts because it is sensible public policy. The adverse health effects of the overconsumption of sugar-sweetened beverages are harming our communities. For these reasons, we are proud to support them and urge you to join them in their efforts to improve the health of San Francisco by voting to support these important measures.

Sincerely,

Patricia Sprincin, Chair

Yerem Yeghiazarians, MD, FACC, FAHA, FSCAI, President

American Heart Association, San Francisco-San Mateo County

CC:

Malia Cohen, Member, San Francisco Board of Supervisors Eric Mar, Member, San Francisco Board of Supervisors Scott Wiener, Member, San Francisco Board of Supervisors Angela Calvillo, Clerk, San Francisco Board of Supervisors From: Elliot Haspel [mailto:ehaspel@gmail.com]

Sent: Thursday, May 28, 2015 11:23 AM **To:** Breed, London (BOS); BreedStaff, (BOS)

Cc: Calvillo, Angela (BOS); Mar, Eric (BOS); Cohen, Malia (BOS); Wiener, Scott **Subject:** Re: Sugar-Sweetened Beverage Advertising and Purchasing Legislation

Dear Board President Breed and the San Francisco Board of Supervisors:

I am writing to support the legislation put forth by San Francisco Supervisors Malia Cohen, Eric Mar and Scott Wiener to address the epidemic of type two diabetes, obesity and other diseases related to the consumption of sugar-sweetened beverages. Their legislation will ban sugar-sweetened beverage advertisements on public property, require health warnings on all posted sugar-sweetened beverage advertisements, and ban city spending on sugar-sweetened beverages. These important policies will send a clear message that San Francisco understands the impact the consumption of these beverages has on its residents, will improve the health of people living in San Francisco, and will serve as a model for the rest of the country to follow.

I am an active resident of District 5, a former public school teacher, and the father of a 4-month-old. I want my daughter to grow up in a San Francisco that prioritizes health and its children over the interests of big corporations.

The facts related to the consumption of sugar-sweetened beverages are clear. One-third of today's youth—and one-half of African-American and Hispanic youth—will become diabetic if actions aren't taken. Drinking just one 12 ounce can of soda a day can increase your chance of getting type 2 diabetes by 25%. This is a public health crisis, and local policy leaders must take the lead to put forth innovative solutions to address the consumption of these drinks.

Please join supervisors Cohen, Mar and Wiener in their efforts to improve the health of San Francisco by voting to support these important measures. These are vital policies to the future health of San Francisco and the rest of the country.

Sincerely, Elliot Haspel

862 Haight St., #4 San Francisco, CA 94117

CC/

Malia Cohen, Member, San Francisco Board of Supervisors Eric Mar, Member, San Francisco Board of Supervisors Scott Wiener, Member, San Francisco Board of Supervisors Angela Calvillo, Clerk, San Francisco Board of Supervisors

Out-of-Home Alcohol Advertising



The Problem

Everyone, regardless of age, is exposed to out-of-home alcohol advertisements, almost as soon as they walk out the door. The connection between youth exposure to alcohol ads and underage drinking is well documented. The more ads kids see, the more likely they are to drink,¹ start drinking at an earlier age, drink more,² and experience alcohol-related problems.³

Out-of-home ads are not only traditional billboards and signs located outside. Out-of-home advertising includes various types of promotions located both outdoors (such as bus benches, kiosks, and vehicles such as buses and trucks), as well as inside (including video networks in subways and grocery stores, commercials before movies, and digital ads in airports, mails, and bars).

- In 2012, advertisers spent \$6.7 billion on out-of-home advertising, a 22% growth over the last decade.4
- Historically, the alcohol industry has been one of the largest purchasers of outdoor advertising.⁵
- Advertisers have increasingly recognized that outdoor advertisements deliver a mass audience and reach consumers who are not exposed to newspapers or television news.⁶
- Transit advertising is a particularly attractive medium. Research from New York City describes transit passengers as a captive audience; ads takes advantage of the proximity to other riders:

Participants in focus groups in New York City said they welcome advertising in subway cars because the advertisements help them avoid uncomfortable eye contact with other riders and provide something to look at during trips.⁶

A study that examined out-of-home alcohol advertisements in ten U.S. cities found that alcohol ads in inner-city neighborhoods, were most prevalent on billboards, often featured beer products, and marketed the quality of the products.⁷

- One study in Central Harlem, New York, found many ads near schools, churches, and playgrounds. The authors concluded "predominantly Black neighborhoods continue to face high exposure to outdoor alcohol advertising, including around sites at which youth congregate." 8
- Researchers found that 25% of outdoor advertising in Central Harlem was dedicated to promoting alcohol. Exposure to this advertising increased black women's chances of being a problem drinker by 13%.9
- In Boston, researchers found that alcohol ads reached the equivalent of every adult in the Greater Boston region, and every 5th- to 12th-grade public school student, each day. More alcohol ads were displayed in public transit stations in neighborhoods with high poverty rates than in stations in neighborhoods with low poverty rates.¹⁰
- A study of alcohol ads near Chicago schools found that "exposure to outdoor alcohol advertising around schools is associated with subsequent youth intentions to use alcohol" even among sixth-grade nonusers of alcohol.¹¹

Most major U.S. transit authorities currently ban alcohol advertising on public transit, yet city-controlled transit furniture (bus benches, kiosks, etc.) are often not included in those bans.¹²

Though many metropolitan transit agencies have policies banning alcohol advertisements, some agencies have backtracked on their commitment to public health and safety. Yet the public money spent by any urban center to mitigate alcohol-related harm (e.g. medical, hospital, and emergency services; law enforcement; legal services; rehabilitation, treatment, and prevention services), far sutyeighs any potential revenue from alcohol advertising.

Local and state governments can enact laws and policies to reduce youth exposure to alcohol advertising on bill-boards and other out-of-home media. Advertising restrictions are associated with decreased consumption: After five years, a full ban on billboard advertising was associated with an estimated 3.8% lower spirit consumption.¹³

Bottom Line

Out-of-home alcohol advertising may be high-tech, but it's not inevitable or acceptable. Communities can hold the alcohol industry accountable and enact, strengthen, and enforce policies that prevent youth overexposure to alcohol advertising.



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A nonpartisan, nonprofit janization established by the worthern and Southern California Public Health Associations



Because health doesn't just happen

Fax 530,297-6200 www.PublicHealthAdvocacy.org

Post Office Box 2309

Davis, California 95617

Telephone 530,297,6000

May 28, 2015

Jane Kim
San Francisco Board of Supervisors
San Francisco City Hall
1 Dr. Carlton B. Goodlett Place
Room 244

Re: Sugar-Sweetened Beverage Advertising and Purchasing Legislation

Dear Supervisor Jane Kim:

The California Center for Public Health Advocacy (CCPHA) supports the legislation put forth by San Francisco Supervisors Malia Cohen, Eric Mar and Scott Wiener to address the epidemic of type two diabetes, obesity and other diseases related to the consumption of sugar-sweetened beverages. Their legislation will ban sugar-sweetened beverage advertisements on public property, require health warnings on all posted sugar-sweetened beverage advertisements, and ban city spending on sugar-sweetened beverages. These important policies will send a clear message that San Francisco understands the impact the consumption of these beverages has on its residents, will improve the health of people living in San Francisco, and will serve as a model for the rest of the country to follow.

CCPHA is a nonpartisan, nonprofit organization that tackles the underlying factors that perpetuate childhood obesity and diabetes. We advocate for policy change simultaneously at state and local levels, we network local efforts together for statewide impact, and we support our work with grassroots organizing, strategic research, media advocacy, and direct lobbying. We successfully helped establish nutrition standards for foods in schools and helped California become the first state to require menu labeling. We also have a history of working toward requiring health warning labels on sugar-sweetened beverages at the state level.

The facts related to the consumption of sugar-sweetened beverages are clear. One-third of today's youth—and one-half of African-American and Hispanic youth—will become diabetic if actions aren't taken. Drinking just one 12 ounce can of soda a day can increase your chance of getting type 2 diabetes by 25%. This is a public health crisis, and local policy leaders must take the lead to put forth innovative solutions to address the consumption of these drinks.

Please join supervisors Cohen, Mar and Wiener in their efforts to improve the health of San Francisco by voting to support these important measures. These are vital policies to the future health of San Francisco and the rest of the country.

Sincerely,

Harold Goldstein Executive Director

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California Center for Public Health Advocacy

A nonpartisan, nonprofit organization established by the Northern and Southern California Public Health Associations



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Because health doesn't just happen

May 28, 2015

Norman Yee San Francisco Board of Supervisors San Francisco City Hall 1 Dr. Carlton B. Goodlett Place Room 244

Re: Sugar-Sweetened Beverage Advertising and Purchasing Legislation

Dear Supervisor Norman Yee:

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Executive Director

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May 28, 2015

John Avalos San Francisco Board of Supervisors San Francisco City Hall 1 Dr. Carlton B. Goodlett Place Room 244

Re: Sugar-Sweetened Beverage Advertising and Purchasing Legislation

Dear Supervisor John Avalos:

The California Center for Public Health Advocacy (CCPHA) supports the legislation put forth by San Francisco Supervisors Malia Cohen, Eric Mar and Scott Wiener to address the epidemic of type two diabetes, obesity and other diseases related to the consumption of sugar-sweetened beverages. Their legislation will ban sugar-sweetened beverage advertisements on public property, require health warnings on all posted sugar-sweetened beverage advertisements, and ban city spending on sugar-sweetened beverages. These important policies will send a clear message that San Francisco understands the impact the consumption of these beverages has on its residents, will improve the health of people living in San Francisco, and will serve as a model for the rest of the country to follow.

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Sincerely,

Harold Goldstein
Executive Director

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California Center for Public Health Advocacy

From: Calvillo, Angela (BOS)

Sent: Tuesday, May 26, 2015 3:42 PM

To: Somera, Alisa (BOS)

Subject: FW: Please Support Sugary Drinks Purchasing and Advertising Legislation

For the sugary drink file please. Thank you Angela

From: Sheffield Hale [mailto:sheffieldhale@gmail.com]

Sent: Monday, May 25, 2015 10:43 AM To: Breed, London (BOS); BreedStaff, (BOS)

Cc: Calvillo, Angela (BOS); Mar, Eric (BOS); Cohen, Malia (BOS); Wiener, Scott Subject: Please Support Sugary Drinks Purchasing and Advertising Legislation

Dear Board President Breed and the San Francisco Board of Supervisors:

I, Sheffield Hale, support the legislation put forth by San Francisco Supervisors Malia Cohen, Eric Mar and Scott Wiener to address the epidemic of type two diabetes, obesity and other diseases related to the consumption of sugar-sweetened beverages.

The proposed legislation will ban sugar-sweetened beverage advertisements on public property, require health warnings on all posted sugar-sweetened beverage advertisements, and ban city spending on sugar-sweetened beverages. These important policies will send a clear message that San Francisco understands the impact the consumption of these beverages has on its residents and will improve the health of people living in San Francisco. The message will extend beyond San Francisco to the rest of the nation. These policies will serve as models for the rest of the country to follow.

The facts related to the consumption of sugar-sweetened beverages are clear. One-third of today's youth—and one-half of African-American and Hispanic youth—will become diabetic if actions aren't taken. Drinking just one 12 ounce can of soda a day can increase your chance of getting type 2 diabetes by 25%.

Sugar sweetened beverages are the largest single source of added sugars in the American diet, are less satiating than solid food, and contain little or no nutritional value. Numerous studies in adults and youth link the consumption of sugar-sweetened beverages with weight gain, obesity, type 2 diabetes, and heart disease. In fact, sugar sweetened beverages are the only beverage or food that has been directly linked to obesity.

Despite recent declines, consumption of sugar-sweetened beverages remains excessively high. In 2010, the average American adult consumed 151 calories per day from sugar-sweetened beverages. Certain populations derive a much larger proportion of calories from sugar-sweetened beverages than others. For instance, adolescent males (ages 12-17) consume, on average, nearly 300 calories a day, or 15% of their recommended daily calorie allowance, from sugarsweetened beverages. Soda, energy and sports drinks, sweetened water, fruit drinks, and sweetened coffee—all drinks that would be subject to the fee—are the largest source of daily calories for adolescents in the US. In addition, sugar-sweetened beverage consumption is highest among groups that have the highest risk of type 2 diabetes and obesity — low income people, Latinos and African Americans.

These high levels of consumption are driven by the extensive and aggressive industry marketing tactics. Moreover, this advertising targets the most vulnerable. For example, Latino and African American children see significantly more ads for sugar drinks and dollars spent on targeted marketing to Latinos and African Americans has increased sharply in recent years. While awareness of the adverse health effects of sugary sodas in increasing, many fewer people are aware that consuming sugary sports drinks and fruit drinks is no different from drinking sodas.

Thus the three measures are perfectly on target by addressing aggressive advertising of a product harmful to health and increasing awareness of the range of sugar-sweetened beverages and their health impacts.

This is a public health crisis, and local policy leaders must take the lead to put forth innovative solutions to address the consumption of these drinks.

Please join supervisors Cohen, Mar and Wiener in their efforts to improve the health of San Francisco by voting to support these important measures. These are vital policies to the future health of San Francisco and the rest of the country.

Sincerely, Sheffield Hale

340 Church St, SF, CA

Action for Healthy Food

1218 Third Ave, Suite 505 Seattle, WA 98101 May 13, 2015

London Breed
President, San Francisco Board of Supervisors
San Francisco City Hall
1 Dr. Carlton B. Goodlett Place
Room 244

Re: Sugar-Sweetened Beverage Advertising and Purchasing Legislation

Dear Board President Breed and the San Francisco Board of Supervisors:

Action for Healthy Food (AFHF) supports the legislation put forth by San Francisco Supervisors Malia Cohen, Eric Mar, and Scott Wiener to address the epidemic of type 2 diabetes, obesity, and other diseases related to the consumption of sugar-sweetened beverages.

The proposed legislation will ban sugar-sweetened beverage advertisements on public property, require health warnings on all posted sugar-sweetened beverage advertisements, and ban city spending on sugar-sweetened beverages. These important policies will send a clear message that San Francisco understands the impact the consumption of these beverages has on its residents and will improve the health of people living in San Francisco. The message will extend beyond San Francisco to the rest of the nation. These policies will serve as models for the rest of the country to follow.

AFHF is a national organization that promotes healthy food policy as a means towards increasing consumption and availability of healthy foods and beverages while decreasing consumption of unhealthy ones. The three proposed policies are innovative and necessary. We will follow closely the progress made in San Francisco and share it with our partners across the country, including local and state governments, foundations, health advocacy organizations, public health agencies, and others.

The facts related to the consumption of sugar-sweetened beverages are clear. One-third of today's youth—and one-half of African American and Hispanic youth—will become diabetic if actions aren't taken. Drinking just one 12 ounce can of soda a day can increase your chance of getting type 2 diabetes by 25%. Sugar-sweetened beverages are the largest single source of added sugars in the American diet, are less satiating than solid food, and contain little or no nutritional value. Numerous studies in adults and youth link the consumption of sugar-sweetened beverages with weight gain, obesity, type 2 diabetes, and heart disease. In fact, sugar sweetened beverages are the only beverage or food that has been directly linked to obesity.

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Please join supervisors Cohen, Mar, and Wiener in their efforts to improve the health of San Franciscans by voting to support these important measures. These are vital policies to the future health of San Francisco and the rest of the country.

Sincerely,

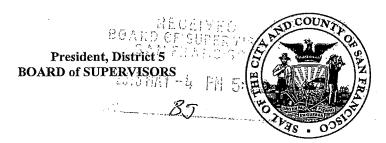
James Krieger, MD, MPH

Action for Healthy Food

Executive Director

CC/

Malia Cohen, Member, San Francisco Board of Supervisors Eric Mar, Member, San Francisco Board of Supervisors Scott Wiener, Member, San Francisco Board of Supervisors Angela Calvillo, Clerk, San Francisco Board of Supervisors



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City Hall

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San Francisco 94102-4689

Tel. No. 554-7630 Fax No. 554-7634 TDD/TTY No. 544-5227

London Breed

	PRESIDENTIAL	ACTION		
Date:	5/4/2015			÷
То:	Angela Calvillo, Clerk of the Boar	ed of Supervisors		
Madam Clo	erk,			
Pursuant to	Board Rules, I am hereby:			
	Waiving 30-Day Rule (Board Rule No	. 3.23)		
	File No.			
		(Primary Sponsor)	·	
	Title.		<u>-</u> :	
\boxtimes	Transferring (Board Rule No. 3.3)			
	File No. 150245	Wiener	·	
	C C 1.D	(Primary Sponsor)		
	Title. Sugar-Sweetened Bevera	ge warning for Adver	1	•
	From: Public Safety & Neighb	orhood Services	Committee	
	To: Land Use & Transports	ation	_Committee	
	Assigning Temporary Committee	Appointment (Board Ru	le No. 3.1)	
	Supervisor			
	Replacing Supervisor			•
	For:			_Meeting
	(Date)	(Committee)		
		0		

London Breed, President 3352 Board of Supervisors Print Form

Introduction Form

By a Member of the Board of Supervisors or the Mayor

I hereby submit the following item for introduction (select only one):

REUP IN BOARD 5-19

Time stamp or meeting date

	1. For reference to Committee. (An Ordinance, Resolution, Motion, or Charter Amendmen	nt)
	2. Request for next printed agenda Without Reference to Committee.	
:	3. Request for hearing on a subject matter at Committee.	
	4. Request for letter beginning "Supervisor	inquires"
	5. City Attorney request.	
	6. Call File No. from Committee.	
	7. Budget Analyst request (attach written motion).	· .
\boxtimes	8. Substitute Legislation File No. 150245	
	9. Reactivate File No.	
	10. Question(s) submitted for Mayoral Appearance before the BOS on	·
Note: Spons	Planning Commission Building Inspection Commission For the Imperative Agenda (a resolution not on the printed agenda), use a Imperative or(s):	
Super	visors Wiener; Mar, Cohen	
Subje	et:	
Healt	n Code - Sugar-Sweetened Beverage Warning for Advertisements	
The t	ext is listed below or attached:	
about	ance amending the Health Code to require advertisements for sugar-sweetened beverages to the harmful health effects of consuming such beverages and authorizing the Director of Healties for noncompliance.	0
	Signature of Sponsoring Supervisor:	
<u>r (</u>	Clerk's Use Only:	·····