

Hearing - Closing of the Skilled Nursing and Sub-Acute Units in St. Luke's Hospital



San Francisco Department of Public Health
Office of Policy & Planning

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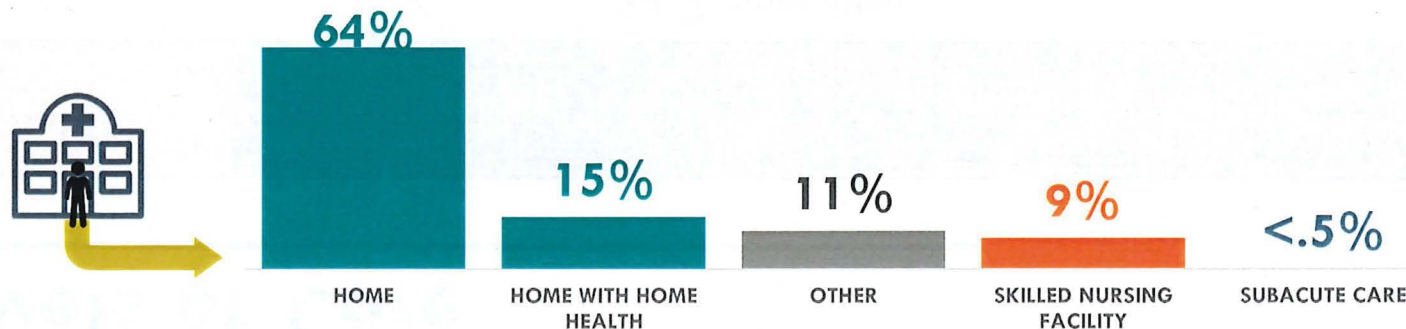
Overview

Given changing demographics, health care financing trends, and high cost of doing business, San Francisco faces several post-acute care challenges:

- Growing vulnerable populations
- Closures of skilled nursing facilities and residential care facilities
- Limited options for low-middle income residents who need long-term care and/or who have behavioral health challenges

Overview (Continued)

- **Optimally, post-acute care is provided in home- and community-based settings whenever possible.**
 - National, state, and local policies recognize the importance of aging in place to maximize independence and provide care in the least restrictive setting.
 - The vast majority of patients are discharged home after a hospital stay.
- **Some patients who cannot be safely discharged home rely on skilled nursing facilities (SNFs) to receive post-acute care.**



Levels of Care

SKILLED NURSING FACILITY (SNF)	SUBACUTE*	TYPES OF SERVICES PROVIDED
✓	✓	24/7 supervision
✓	✓	Physical therapy, occupational therapy, speech therapy
✓	✓	Wound care, intravenous therapy, injections, monitoring of vital signs
✓	✓	Assistance with bathing, eating, dressing, feeding, transferring, toilet hygiene
	✓	Ventilator care, complex wound management, intravenous tube feeding

**Subacute patients are medically fragile and require more intensive care*

Skilled Nursing Beds in San Francisco

Facility	Licensed Beds
Zuckerberg San Francisco General	30
CPMC Davies	38*
Jewish Home	379
Laguna Honda Hospital	769
16 Freestanding Facilities	1,223
TOTAL	2,439

**17 beds will be used for St. Luke's subacute patients*

Key Stakeholder Meetings

Meetings with post-acute care advocates, labor representatives, SNF residents, and family members

THEMES

- The **availability and accessibility** of San Francisco post-acute care options is challenging, especially for **Medi-Cal patients and low-income residents**.
- Patients, families, and caretakers often experience **difficulties navigating the post-acute care system**
- **Staff connections and support** are important for SNF residents' well-being

Explore Unused Space

1) Explore Unused Health Care Facility Space that May Provide Opportunities for New Skilled Nursing and Residential Care Facilities

Short-Term Strategies

- a. Collaborate with St. Mary's Medical Center to discuss possibility of developing a skilled nursing and subacute unit
- b. Collaborate with Chinese Hospital to assist in bringing 23 skilled nursing/subacute beds online
- c. Initiate conversations with Freestanding SNF providers about possibilities to develop subacute skilled nursing beds

Explore Unused Space (Continued)

Long-Term Strategies

- a. Explore the expansion of DPH's Behavioral Health Center residential care facility for the elderly
- b. Explore development of post-acute and senior living housing and support services on the Jewish Home campus

Additional Strategies

2) Incentivize Residential Care Facilities for the Elderly and Skilled Nursing Facility Providers to Preserve and Create Beds

3) Improve Acute Care Hospital Discharge Planning to Support Patient Placement in the Right Levels of Care at the Right Time

4) Prioritize Aging in Place to Maximize Independence and Support Care in the Least Restrictive Setting