

# San Francisco Sexual Assault Services

Medical and Mental Health Management of Sexual Assault and Abuse

Catherine Classen, PhD, Director, Division of Trauma Recovery Services, Psychiatry Kathy Ballou, RN, MS, Nursing Director, Psychiatry

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San Francisco Department of Public Health

#### **Our Mission**

To provide sensitive and respectful medical care following sexual assault and abuse

To provide medical and psychological aftercare to assist in recovery

To collect forensic evidence for prosecution if the client desires

4/24/2018

Zuckerberg San Francisco General Hospital and Trauma Center

#### **Our Services**

- Medical examination and treatment
- STD, HIV and pregnancy prophylaxis
- Forensic evidence collection and forensic interviewing if indicated
- Trauma-focused mental health & case management
- Link to primary care, legal assistance & other social and support services

## **Pathway to Services**

Client arrives at ZSFG & reports sexual assault

Client registered as ED patient, triaged by ED RN, assigned room and bedside RN, toxicology collected

Client meets with sexual assault medical/forensic provider During business hours M-F a mental health provider is available for adult clients to provide support & advocacy Sexual assault services are described, jurisdiction established and police involvement determined

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## **Pathway to Services**

Sexual Assault Services are Provided Clients are discharged to home or safe location (shelter) Adult clients are invited to the Trauma Recovery Center for follow up 3-10 days post ED visit Connect interested adult clients with advocacy, psychotherapy and case management

#### **Feedback Process**

- ZSFG document on "Consumer grievance and complaint procedure" is provided
- Division of Trauma Recovery Services has a policy and procedure specific to our services
  - All complaints are addressed promptly
- Survey of SA survivors seeking their feedback
- Recent improvements
  - Samples for toxicology screen taken within 30 minutes
  - Area used in ED for SA survivors was moved to a guieter, more private area

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### **Program Summary**

- 5634 sexual assault survivors served from 2001-2017
- In 2016/2017, served 401 survivors (21% more than 15/16)
  - 72% female
  - 15% African American, 14% Latino, 7% Asian/Pacific Island, 35% White, 9% Other, 22% declined to state
  - 200 received mental health services (16% more than 15/16)
  - Our data shows a significant decrease in PTSD and depression and an increase in quality of life following mental health treatment
- Systematic data collection to evaluate services and track productivity since 2001