BOARD of SUPERVISORS



City Hall
1 Dr. Carlton B. Goodlett Place, Room 244
San Francisco 94102-4689
Tel. No. 554-5184
Fax No. 554-5163
TDD/TTY No. 554-5227

MEMORANDUM

TO: Karen L. Fletcher, Chief Adult Probation Officer

Dr. Grant Colfax, Director, Department of Public Health

FROM: John Carroll, Assistant Clerk,

Public Safety and Neighborhood Services Committee

DATE: November 4, 2020

SUBJECT: HEARING MATTER INTRODUCED

The San Francisco Board of Supervisors' Public Safety and Neighborhood Services Committee has received the following hearing request, introduced by Supervisor Stefani on October 27, 2020:

File No. 201232

Hearing on the San Francisco Recovery Summit Working Group report and findings; and requesting the Adult Probation Department and Department of Public Health to report.

If you have any comments or reports to be included with the file, please forward them to me at the Board of Supervisors, City Hall, Room 244, 1 Dr. Carlton B. Goodlett Place, San Francisco, CA 94102.

C:

Office of Chair Mandelman
Office of Supervisor Stefani
LaShaun Williams, Adult Probation
Dr. Naveena Bobba, Department of Public Health
Greg Wagner, Department of Public Health
Sneha Patil, Department of Public Health
Steve Adami, San Francisco Recovery Summit Working Group



San Francisco Recovery Summit

Working Group

Presentation & Recommendations 10/22/2020

Those who were once the problem have become the solution....



The Gravity of SF's Drug Problem

- 11/2014 10/2017: SF County Jail
 - 84.5% of 49,096 booking events were for individuals with a history of substance use or with a combined history of substance use and SMI
- 24,500 IV Drug Users in San Francisco
- Distribute 4.5 million Syringes Annually
- 2018 Total Overdose Deaths: 259
- ✓ 2019 Total Overdose Reversals: 2,610
- 2019 Total Overdose Deaths: 441
- 2020 Overdose Deaths in 8 months: 470
- Avg. # DPH open treatment beds per day: 44.85
- People Use and Sell Drugs Openly



CELEBRATE RECOVERY 2018!

RECOVERY SUMMIT



Change is PossibleKeynote Speaker: Dr. Teri Delane Ph.D

MAY 23, 2018

9am-1pm KORET AUDITORIUM SF PUBLIC LIBRARY 100 Larkin Street

A panel of experts will debate the impacts of

Harm Reduction vs Abstinence Based Treatment



Cedric Akbar

2018 Shirley Lamar Award



Cregg Johnson
2019 Shirley Lamar Award



HEALING

THROUGH FORGIVENESS

2019 RECOVERY SUMMIT

This event will explore the resiliency of loved ones impacted by addiction, and celebrate successes of individuals in recovery. As a community, let's *Inspire Change!*



Featuring keynote speaker,

MATT BERKEY

Author of "Forgiving the Forgotten: Memories of an Addict"

Panel Discussion, Awards, & More!

WEDNESDAY JUNE 26

9am-1pm KORET AUDITORIUM SF PUBLIC LIBRARY 100 Larkin Street



Recovery Summit Working Group

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Ceyante P.
    Elizabeth F.
                                Lisa W.
                                           Frik D.
                                                     Allen H.
              Alexandria K. Mike H. Richard B.
                                                   Jabari J.
    Philip J.
             Adrian M. Cregg J. Cedric A. Patrick O. Mike H.
Sheenia B.
                            Senior Ex-Offender Program
          UCSF/Citywide
  Jeris W.
                                            Tom W.
               APD Reentry Division
                                                       Britt R.
                                              Daniel F.
 Alisea C.
          Lauren B.
                      Deborah T.
                                   Traci W.
                                                       Alex W.
                                            Maggie R.
    Rico H.
             Victoria W.
                        Geoffrea M.
                                       Arturo C. Da'Vonna S.
                                            Destiny P. Paul I.
    Johnny R.
               Kimberly T.
                              Kimberly C.
       Andres S.
                     Rexanne B.
                                   Aaron B.
                                              Ernest K.
```

- ✓ Began meeting in June 2018
- ✓ Created a platform to improve recovery efforts in SF
 - Expand Treatment Options
 - Extend Treatment Stays
 - Create Specialized Treatment Programs for TAYA
 - Expand Paid Peer Specialist Opportunities for People Exiting Treatment
 - Increase Awareness About Available Drug Treatment Services
- ✓ Launched a survey on August 27, 2019



Survey: Recovery/Addiction

- ✓ Launched Two Surveys on August 27,2019
 - ☐ 1. Current or Former Drug Users
 - 2. Family Member/Loved Ones Impacted by Drug Use
- ✓ Administered on Two Mediums
 - On Line Survey (Survey Monkey)
 - Paper-Based Survey
 - English, Spanish, and Cantonese
- ✓ Survey for Current or Former Drug Users
 - □ N=422
 - Survey Monkey = 144
 - Paper-Based = 278
 - Community, In custody, Residential Treatment



Survey: Demographics

✓ Age:

- **□** 18-24: 7%
- **25-34**: 23%
- **35-44: 26%**
- **45-54**: 23%
- **□** 55+: 21%

Race:

- ☐ White: 30%
- ☐ African American: 29%
- ☐ Latino: 19%
- ☐ Asian: 5%
- ☐ American Indian/Alaskan Native: 5%
- ☐ Multi-Racial: 4%
- ☐ Pacific Islander: 3%
- Other: 3%
- ☐ Decline to Answer: 2%

Gender:

- ☐ 76% Male
- ☐ 21% Female
- ☐ 2% Trans
- ☐ 1% Gender Nonconforming



Survey: Summary Data

Respondents' Drug of Choice

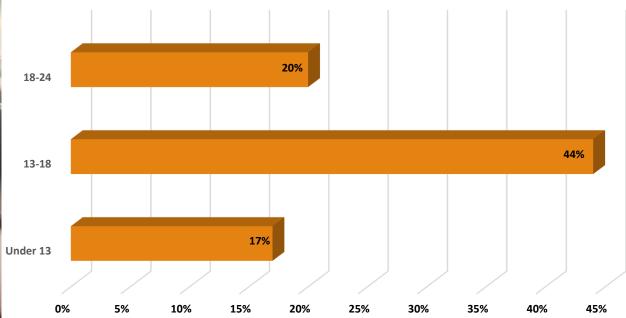
Marijuana Fentanyl Alcohol

Cocaine Methamphetamine

Heroin

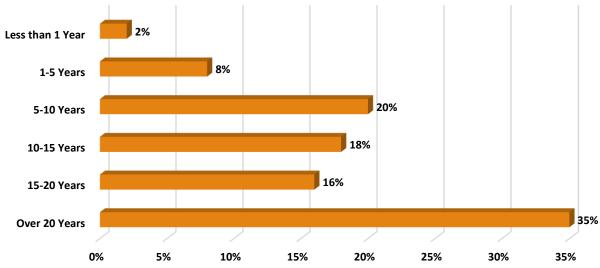
Prescription Pain Meds

Age Respondents Began Struggling with Drugs and Alcohol

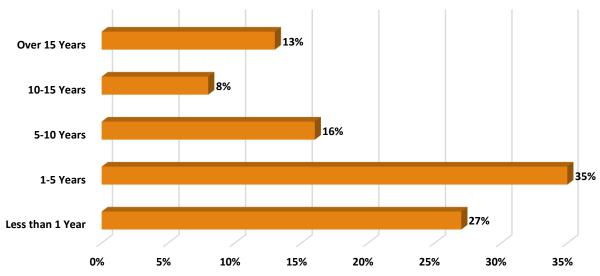


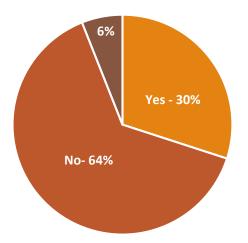


Total Years Respondents Struggled With Addiction

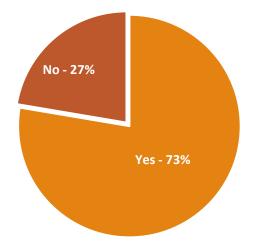


Respondents' Longest Period Clean/Sober

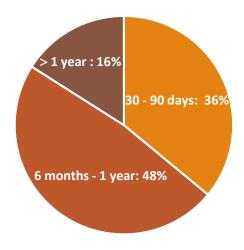




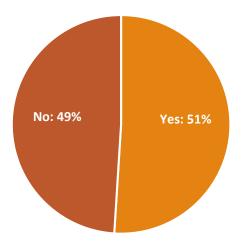
% of Respondents Who Used Harm Reduction Strategies



% of Respondents Who Attended Residential Treatment



Length of Residential Treatment Stay



% of Respondents Who Attended Outpatient Treatment



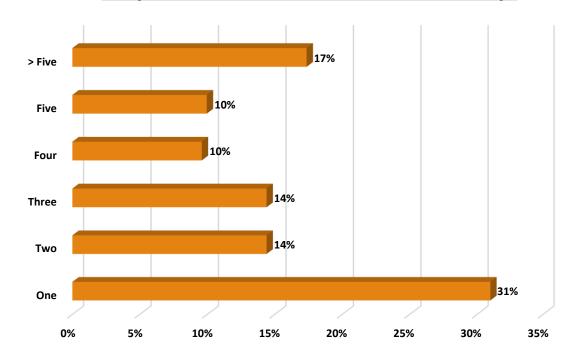
Types of Residential Treatment Programs Attended

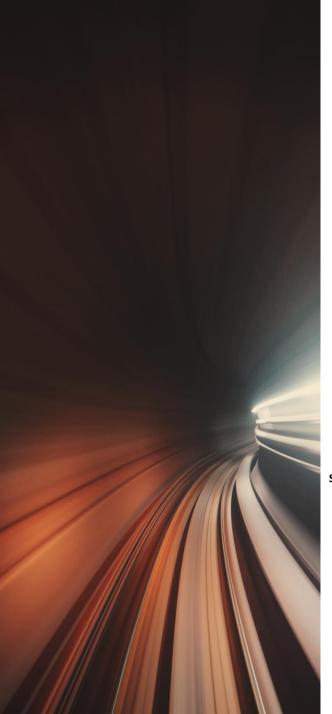
12-Step Program

Behavioral Modification Social Model/TC

In-Custody Faith-Based

Respondents' Residential Treatment Stays





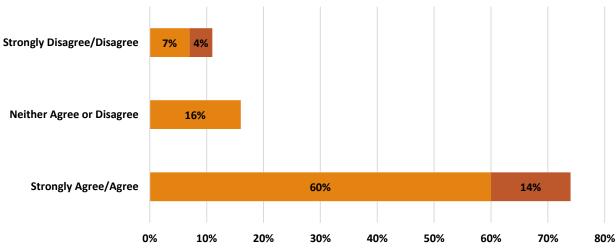
<u>Treatment Service Most Helpful To Respondents</u>

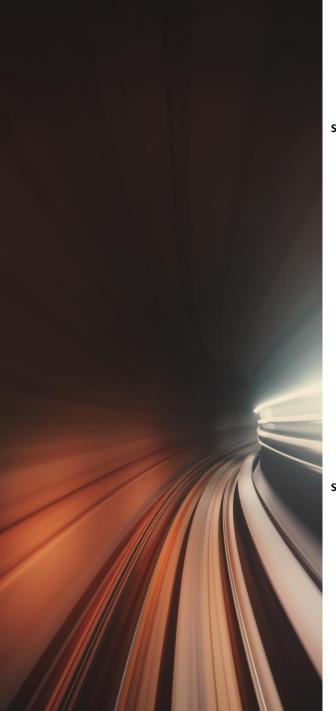
Residential Treatment

12-Step Meetings Criminal Justice Sytem

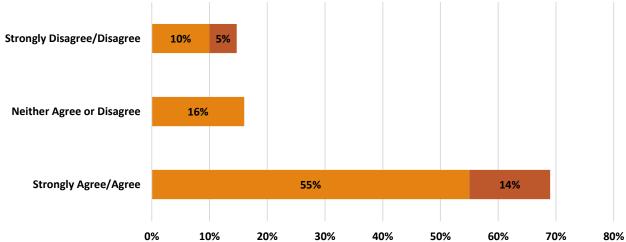
Support Groups Therapy

There is a need for more drug and alcohol treatment options in SF (Abstinence Based, Social Model, Faith Based treatment Programs; Harm Reduction Programs, Safe Injection Sites; Mental Health Programs).

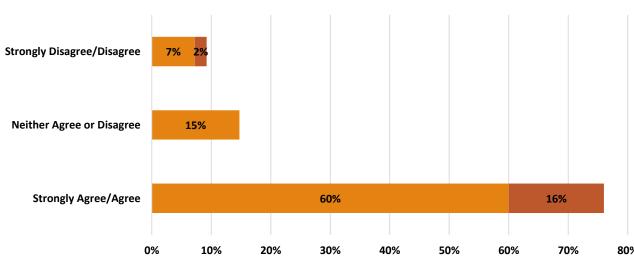




There is a need for longer residential treatment programs ranging from 90 days to 1 year and longer based on individual treatment needs.

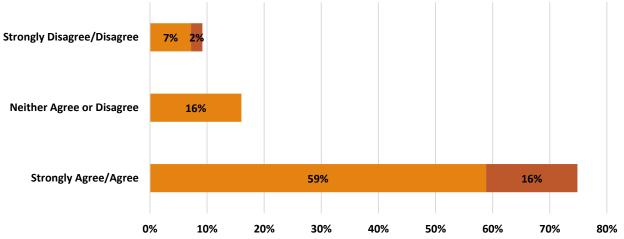


There is a need for specialized residential and outpatient treatment programs for youth and young people ages 16-25.

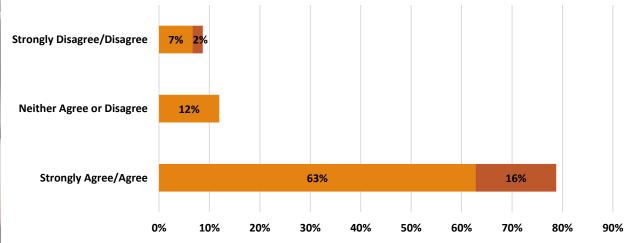




There is a need to expand paid peer specialist opportunities to train and connect people in recovery with those working toward recovery.



There is a need to increase education and information about available drug treatment services in San Francisco.



APD's Recovery Pathways Initiative

WE BELIEVE IN YOU



"I spent many years running from my problems and staying in my addiction. I finally decided to make a change. Life changes are hard, but now I'm living in my purpose. When I go to sleep, I'm at peace. You know how good that feels?"

- Craig

TALK ABOUT IT

You have agency in your life.

Ask questions.

Learn about your options.

For more information, contact your **Deputy Probation Officer** (DPO):

> HOJ: 415-553-1706 CASC: 415-241-4260

For general information regarding SFAPD supported treatment and transitional housing services, please contact:

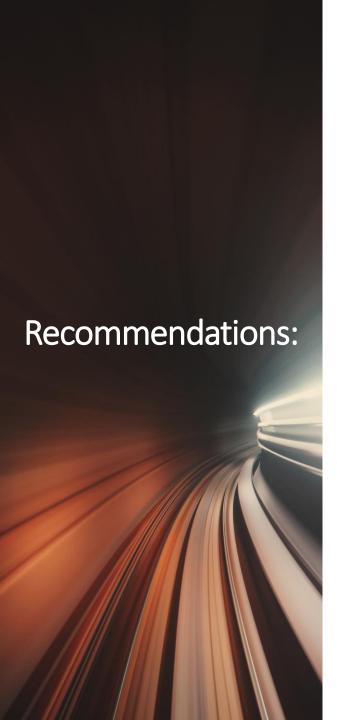
Victoria Westbrook SFAPD/Reentry Division victoria.westbrook@sfgov.org 415-489-7301



RECOVERY PATHWAYS



A QUICK GUIDE TO TREATMENT AND TRANSITIONAL HOUSING SERVICES OFFERED BY SAN FRANCISCO ADULT PROBATION





Expand Drug and Alcohol Treatment Options:

Include Residential Abstinence Based Treatment Programs, Social Model/TC Treatment Programs, Faith Based and 12 Step Treatment Programs, Harm Reduction Strategies, Safe Consumption Sites.



Extend Drug and Alcohol Treatment Stays:

Treatment should not be bound by Drug Medi-Cal. San Franciscans should have access to drug and alcohol treatment programs ranging from 90 days to 1 year or more, based on the needs of the individual.



Fund a Black led Abstinence Based Treatment Program in the

Bayview: To meet the culturally sensitive treatment needs of black people and people of color who live in the Bayview - provide treatment which is abstinence based in its approach to working with addicted and justice populations in SF.



Specialized Residential Drug Treatment Programs for TAYA:

Young people have different needs than adults. Drug treatment should be specialized to meet the needs of those ages 16-25.



Include the Voice of People in Recovery:

Ensure individuals in Recovery are at the table when the City is making policy decisions regarding Addiction, Recovery, and Treatment.



Expand Paid Peer Specialists Opportunities:

Train and Connect those in recovery with people working toward recovery. People who successfully complete treatment should have access to paid positions helping others struggling with addiction.



Increase Awareness About Available Drug Treatment Services:

Ensure individuals suffering from addiction can access real time information about treatment options.



Questions?

Contact Information

Steve Adami

Interim Director, Reentry Division

San Francisco Perovery Summit Working (

San Francisco Recovery Summit Working Group

Email: steve.adami@sfgov.org

Phone: 415-489-7308

Print Form

Introduction Form

By a Member of the Board of Supervisors or Mayor

Time stamp or meeting date

I hereby submit the following item for introduction (select only one):	eting date
- 1 10100) buoma ma 1010 mmg 1011 mmaaaaaa (201001 0m) 0110).	
1. For reference to Committee. (An Ordinance, Resolution, Motion or Charter Amendment).	
2. Request for next printed agenda Without Reference to Committee.	
✓ 3. Request for hearing on a subject matter at Committee.	
4. Request for letter beginning: "Supervisor	inquiries"
5. City Attorney Request.	_
6. Call File No. from Committee.	
7. Budget Analyst request (attached written motion).	
8. Substitute Legislation File No.	
9. Reactivate File No.	
10. Topic submitted for Mayoral Appearance before the BOS on	
Please check the appropriate boxes. The proposed legislation should be forwarded to the following:	
☐ Small Business Commission ☐ Youth Commission ☐ Ethics Commis	sion
Planning Commission Building Inspection Commission	
Note: For the Imperative Agenda (a resolution not on the printed agenda), use the Imperative Form.	
Sponsor(s):	
Stefani	-
Subject:	·
Findings of the San Francisco Recovery Summit Working Group	
The text is listed:	
Hearing on the San Francisco Recovery Summit Working Group report and findings, and asking the Adult Probation	
Department and the Department of Public Health to report.	
Signature of Sponsoring Supervisor: /s/ Catherine Stefani	

For Clerk's Use Only