

File No. 210953

Committee Item No. \_\_\_\_\_

Board Item No. 29

## COMMITTEE/BOARD OF SUPERVISORS

### AGENDA PACKET CONTENTS LIST

Committee: \_\_\_\_\_

Date: \_\_\_\_\_

Board of Supervisors Meeting

Date: September 14, 2021

#### Cmte Board

- |                          |                                     |  |
|--------------------------|-------------------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/>            | Motion                                       |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | Resolution                                   |
| <input type="checkbox"/> | <input type="checkbox"/>            | Ordinance                                    |
| <input type="checkbox"/> | <input type="checkbox"/>            | Legislative Digest                           |
| <input type="checkbox"/> | <input type="checkbox"/>            | Budget and Legislative Analyst Report        |
| <input type="checkbox"/> | <input type="checkbox"/>            | Youth Commission Report                      |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | Introduction Form                            |
| <input type="checkbox"/> | <input type="checkbox"/>            | Department/Agency Cover Letter and/or Report |
| <input type="checkbox"/> | <input type="checkbox"/>            | MOU  |
| <input type="checkbox"/> | <input type="checkbox"/>            | Grant Information Form                       |
| <input type="checkbox"/> | <input type="checkbox"/>            | Grant Budget                                 |
| <input type="checkbox"/> | <input type="checkbox"/>            | Subcontract Budget                           |
| <input type="checkbox"/> | <input type="checkbox"/>            | Contract/Agreement                           |
| <input type="checkbox"/> | <input type="checkbox"/>            | Form 126 – Ethics Commission                 |
| <input type="checkbox"/> | <input type="checkbox"/>            | Award Letter                                 |
| <input type="checkbox"/> | <input type="checkbox"/>            | Application                                  |
| <input type="checkbox"/> | <input type="checkbox"/>            | Public Correspondence                        |

#### OTHER

<input type="checkbox"/>	<input type="checkbox"/>	_____
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Prepared by: Lisa Lew

Date: September 10, 2021

Prepared by: \_\_\_\_\_

Date: \_\_\_\_\_

[FemTruth Young Womxn's Health Awareness Month - September 2021]

**Resolution recognizing September 2021 as FemTruth Young Womxn's Health Awareness Month.**

WHEREAS, Common womxn's health diseases such as endometriosis, adenomyosis, polycystic ovary syndrome (PCOS), premenstrual dysphoric disorder, interstitial cystitis, and uterine fibroids have traumatic, life-altering symptoms; and

WHEREAS, These diseases are rated among the 20 most painful according to the United Kingdom's National Health Service and American Academy of Pain Medicine; and

WHEREAS, The "x" in "womxn's health" represents inclusivity of transgender and nonbinary individuals; and

WHEREAS, Womxn's health diseases impact all races, cultures, and religions; and

WHEREAS, Womxn's health diseases have historically been subject to bias, myths, and misinformation; and

WHEREAS, Symptoms of womxn's health diseases can include, but are not limited to, pelvic pain, organ pain, brain fog, migraines, gastrointestinal symptoms, and fatigue; and

WHEREAS, Youth who experience these symptoms are particularly in distress, and are often dismissed, subjected to "medical gaslighting," or told that they are dramatic, attention-seeking, exaggerating, or hypochondriacs; and

WHEREAS, Youth who suffer from these diseases are often incorrectly diagnosed and common womxn's health diseases have a delay in diagnosis of an average of 10 years; and

WHEREAS, On average, endometriosis, adenomyosis, polycystic ovary syndrome, premenstrual dysphoric disorder, interstitial cystitis, and uterine fibroids affect the lives of 1 in 10 womxn; and

1 WHEREAS, Womxn's health diseases are chronic and cyclical, can be debilitating and  
2 flares of these diseases can cause spontaneous disability; and

3 WHEREAS, Many youth have overlapping womxn's health diseases; and

4 WHEREAS, Womxn's health diseases are widely dismissed and misunderstood to be  
5 "just a bad period" or "hysteria;" and

6 WHEREAS, If youth who experience painful and debilitating symptoms from this  
7 trauma are not believed, it can lead to future fertility complications, as well as social isolation,  
8 negative mental health outcomes such as depression, anxiety, and suicidal ideation, and  
9 school disruptions, including poor test performance and truancy; and

10 WHEREAS, Not believing youth sets the stage for an inner dialogue of self-doubt and  
11 low self-esteem, and can lead to permanent disability and future socioeconomic hardship;  
12 how and when youth learn about menstrual health, body literacy, and common womxn's  
13 health diseases impacts future health outcomes and can limit accurate diagnosis and  
14 connection to quality care; and

15 WHEREAS, FemTruth Youth is a movement to provide intentional space, education,  
16 self-identity, artistic expression, and wellness empowerment due to the ableism and gender  
17 bias in common womxn's health diseases, including, but not limited to, endometriosis,  
18 adenomyosis, polycystic ovary syndrome, premenstrual dysphoric disorder, interstitial cystitis,  
19 and uterine fibroids, and the stigmatized and gaslighted symptoms related to chronic or  
20 cyclical pain and the associated negative mental outcomes of not being believed; and

21 WHEREAS, Early intervention is key to quality of life, family planning, and financial  
22 independence; and

23 WHEREAS, An adult who believes a youth experiencing distress caused by a womxn's  
24 health disease can change the course of that youth's life; now, therefore, be it  
25

1           RESOLVED, That the City and County of San Francisco hereby recognizes the month  
2 of September 2021 as FemTruth Youth Womxn's Health Awareness Month, and encourages  
3 all school officials, leadership, faculty, administration, volunteers, and all other adults  
4 interacting with students to listen to and believe the stories of marginalized youth living with  
5 stigmatized health trauma, including diseases primarily and more severely affecting girls and  
6 people assigned female at birth (AFAB), and to recognize that these diseases contribute to  
7 negative mental health outcomes for these youth and have intersectional implications in areas  
8 such as education and economic status.

## Introduction Form

By a Member of the Board of Supervisors or Mayor

Time stamp  
or meeting date

I hereby submit the following item for introduction (select only one):

- ☐ 1. For reference to Committee. (An Ordinance, Resolution, Motion or Charter Amendment).
- ☒ 2. Request for next printed agenda Without Reference to Committee.
- ☐ 3. Request for hearing on a subject matter at Committee.
- ☐ 4. Request for letter beginning : "Supervisor  inquiries"
- ☐ 5. City Attorney Request.
- ☐ 6. Call File No.  from Committee.
- ☐ 7. Budget Analyst request (attached written motion).
- ☐ 8. Substitute Legislation File No.
- ☐ 9. Reactivate File No.
- ☐ 10. Topic submitted for Mayoral Appearance before the BOS on

Please check the appropriate boxes. The proposed legislation should be forwarded to the following:

- ☐ Small Business Commission      ☐ Youth Commission      ☐ Ethics Commission
- ☐ Planning Commission      ☐ Building Inspection Commission

**Note: For the Imperative Agenda (a resolution not on the printed agenda), use the Imperative Form.**

Sponsor(s):

Walton, Ronen, Stefani, Melgar, Chan

Subject:

FemTruth Young Womxn's Health Awareness Month – September 2021

The text is listed:

Resolution recognizing September 2021 as FemTruth Young Womxn's Health Awareness Month.

Signature of Sponsoring Supervisor:  /s/ Shamann Walton

For Clerk's Use Only